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PAGE 08**

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**Nicole Babich
Co-Valedictorian
Laona High School
2013**

Earning a 4.0 GPA, Co-Valedictorian for the Laona High School Class of 2013 is Nicole Babich, daughter of Tanya and Shane Babick. Nikki has been an active member of the Laona School community. She is a member of National Honor Society and served as vice-president. She enjoyed being a member of the golf team during all four years. Nikki was a very active member of the drama department, having major roles in numerous plays and musicals. In fact, her most memorable experiences were the van rides to Wabeno for practice when they would "...laugh until they cried or sing until their faces turned blue."

She has served her church community as an alter server, mass lector, and youth representative on the Parish Council. If you stopped in at the Double Buck in the last four years, you may have seen her working there.

Nikki would like to offer a few words of wisdom to younger students. They are: "Get involved. Volunteer. Find a summer job. Play a sport. Don't just float by. You'll never get these four years back and all the opportunities you will have in high school are important stepping stones to the real world."

Nikki wants to thank her mom and dad, family and friends and her bosses Mick and Deb for helping to guide her through these crazy years.

This fall, Nicole will be attending college and continuing her hard work ethic by pursuing a dual major in English and Spanish, with a minor in Education.



**Alanna Benaszkeski
Co-Valedictorian
Laona High School
2013**

My name is Alanna Benaszkeski, and I am graduating from Laona High School. I live in Monico, but have gone to Laona since first grade. My dad is the music and band teacher in Laona, and my mom is a registered nurse in Rhinelander. I have a brother named Alex, whom I hope to see succeed in his high school career the next three years.

I have enjoyed going to state the past four years with the girls Rebel cross-country team, singing and acting in drama productions, and playing in the high school band. I plan to study at the University of Wisconsin Madison in the fall, and will go into the medical field.

I would like to thank my teachers and parents for preparing me for my future, and my friends for making the past twelve years fun and memorable.

CDBG Housing Rehabilitation Program

The Northwoods Housing Region has been granted over \$1.5 million from the state to provide you, our residents, with no interest loans for housing rehabilitation projects and assistance with down payments and closing cost on home purchases. If you reside in Forest County and your household does not exceed the maximum income limits-you may be eligible. Landlords are also eligible for rehabilitation loans used to improve housing for low and moderate income tenants.

For more information contact Crispell-Snyder, Inc. at 1-800-762-0665 or email at gabrielsonb@crispell-snyder.com



**Hali Ann Marie Nygard
Wabeno High School
Valedictorian
2013**

Hali Ann Marie Nygard is graduating from Wabeno High School with a 4.0 grade point average as Valedictorian. She will be attending the University of Wisconsin Madison, majoring in Biological Sciences that will lead to graduate studies in a medical field.

After she has completed her education, Hali is interested in pursuing a career as a pediatrician, physician's assistant, or physical therapist. She plans to explore these options through discussions with faculty, health care professionals, and by participating in job shadow experiences in order to make a final decision. During school, she played basketball and volleyball for four years, and golf for two years. Hali was involved in National Honor Society, student council, Positive Action Committee, and served as her senior class vice president.

Her interests are reading, shopping, movies, being active, and spending time with friends and family. Hali is daughter of Chuck and Bonnie Nygard of Townsend.



**Brielle Jeneal Bodoh
Wabeno High School
Salutatorian
2013**

Brielle Jeneal Bodoh is graduating from Wabeno High School with a 3.994 grade point average as Salutatorian. She will be attending the University of Wisconsin Milwaukee, with an undecided major (possibly architecture or business).

After college, Brielle hopes to do something she loves and live a happy life. During school, she played volleyball for four years, softball and track for two years, and was involved in student council and band. She was also a member of the National Honor Society. Brielle served as class vice president during her sophomore and junior years and class president her senior year.

Her interests are swimming, reading, spending time with friends and family, and sports. Brielle is the daughter of Chris and Bart Bodoh of Lakewood.

Wabeno Family Carnival Night re-scheduled for Monday June 10th due to weather

Due to inclement weather on the scheduled date and rain date, the Wabeno Family Carnival Night has been re-scheduled for Monday, June 10th. The times will still be from 5-8:00 p.m. at the Wabeno Elementary School grounds. It will be a great First Day of Summer Vacation Celebration for our kids and families!

Attractions this year will include a 24-foot high rock climbing wall, a 42-foot long Circus Train obstacle course, and new this year, a Super Slide! There will also be dunk tanks, Bell-Ringer game, face painting/tattoos, duck pond, photo stand, a 50/50 Raffle, and more games. Food options will include a hot dog Plate, nachos and cheese, Indian tacos, fry bread, ice cream, kettle corn, cotton candy, slushies and more.

Wabeno Home & School Association wants to make this evening "affordable family fun," so ticket prices are very reasonable at 50 cents each or \$20 for 50 tickets! Varying numbers of tickets are required for each activity and food item.

Plan to join us Monday, June 10th for affordable family fun! This event is made possible through generous support and donations made by community businesses and organizations.

**We are Online at:
pioneerexpresscrandon.com**

Brush Run-June 29-30



CRANDON, Wis. (May 21, 2013) Much like a rock concert, the world's top short course off-road stars that jam the loudest on the Traxxas TORC Series, presented by AMSOIL, tour the 900-horsepower PRO 4x4 and PRO 2WD trucks return each year for an encore performance to cap off a day full of action for the 15,000-plus fans in attendance at the Forest County Potawatomi Brush Run Races at Crandon International Off-Road Raceway.

This year's 20th annual Forest County Potawatomi Community Cup, a 12.5-second handicap start race favoring the blistering fast PRO 2WD trucks versus the corner-hugging and equally fast PRO 4x4 trucks fields a stacked gate of trucks on the famous Land Rush starting line at Crandon. Ten laps with no competition caution, it's an all-out blitz for a BIG bag of cash at the finish line!

Continued on page 17

Mursau, Swearingen Secure Federal Funding for Northern Schools

Madison ... The Wisconsin Joint Finance Committee voted Tuesday to approve a school funding proposal by Representative Jeff Mursau (R - Crivitz) and Representative Rob Swearingen (R - Rhinelander) to provide increased funding for school districts in the Chequamegon-Nicolet national forest. The proposal

Continued on page 23

Free trap shooting for teens at the Padus Range Saturday

Young people between the ages of 12 to 17 will be treated to a free trap shoot at the Padus Nicolet Gun Club. The club, with the help of the Laona Lions, Wabeno Lions, and the Crandon Raceway, will furnish the targets and the shells for kids to shoot from 25 to 50 birds, depending on age. Twelve to thirteen year olds will shoot 25 targets and the older kids will shoot 50. The shooting starts at 9:00 a.m., and the range is located on Padus Road, about halfway between Laona and Wabeno off Hwy 32. Watch for Round Lake on the west side of the road and the range will be on your left.

Any donations from parents will be gladly accepted. This is a great chance to introduce youngsters to the shooting sports at a minimal cost, so your participation is very welcome.

Old Lincoln Town Hall is removed Grand Opening planned



The old Lincoln Town Hall was reduced to rubble this past week and hauled off to Flannery's crusher. The crushed material will be returned to the site and used for fill.

Continued on page 23

Blood Drive

Forest County Potawatomi is holding a Community Blood Drive on Thursday, June 20, from 12:00 p.m. to 4:00 p.m., at the Rec Center, by the Health and Wellness Center, 5904 Everybody's Road in Crandon,

To schedule a donation appointment, please call Yvonne at 715-478-4319, or call toll free 800-280-4102 or go to www.save3lives.org.

Walk-in donors are welcome!

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- 2005 CHEVY MALIBU MAXX - V6, 4 dr, auto.....\$6,995
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- 2007 DODGE GRAND CARAVAN SXT - 91K, loaded.....\$8,995
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- 2006 CHEVY UPLANDER LS - V6, rear heat, loaded.....\$7,995
- 2006 CHRYSLER TOWN & COUNTRY LX - V6, stow & go...\$7,495
- 2005 CHRYSLER TOWN & COUNTRY - V6, full power...\$5,995
- 2001 DODGE CARAVAN - 113k, V6, 4 door, loaded.....\$4,495
- 1999 PLYMOUTH GRAND VOYAGER - V6, 4 doors.....\$3,995

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- 2002 CHEVY TRAILBLAZER LT - 4X4, leather, loaded.....\$7,495
- 2002 GMC ENVOY SLT - Heated leather, loaded.....\$6,995
- 2001 CHEVY SILVERADO Z71 - 4x4, ext. cab, loaded.....\$7,995
- 2000 GMC JIMMY SLE - V-6,4X4,4 dr.,loaded.....\$4,995

Wabeno American Legion presents scholarships



On Thursday, May 30, 2013, at the Wabeno High School Senior Class Awards Night, the Wabeno American Legion, Sylvan Post 44 awarded three \$500.00 scholarships and a Sons of the American Legion Scholarship for \$500.00. Pictured L-R with Jim Pleva, Post 44 Chairman of the Education Committee is Haley Christianson, Kacy Piontek and Ty Saunders, Post scholarships, and Hali Nygard, SAL scholarship. Preference was given to students having a Veteran relative, achieving academic excellence, demonstration leadership and being active in the service of their community and school.

The Lions/Legion Fish-o-Ree scholarship of \$500.00 was awarded to Robert Charles Rocole.

Congratulations and Good Luck, Haley, Kacy, Ty, Hali and Robert in furthering your education.

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FOR SALE: Oak dresser w/beveled glass mirror. 1930's-1940's. Dove tailed drawers. Veneer drawers and front legs. 40" wide x 20" deep x 34" high (65" high with mirror). Lakewood area. \$135.00. Call 414-331-3771. P8

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N11939 Pratt Rd - Well cared for 1,344 sq ft, 2 BR plus extra sleeping, 2 BA Home w/garage on Upper Post. 100' sand frtg., Boathouse. Walkout LL. Deep lot. **Reduced \$40k to \$270,000**
W8724 Point Ln - 3 BR, 2 BA Home/Cottage. Lake level, 100' sand beach, Great view of Upper Post, boathouse. **\$244,900**
N10860 Circle Dr - 3BR, 1BA Cottage/Home. Wood Fireplace. New kitchen, bath, flooring, furnace. Full basement. **\$239,000**
N117920 Post Lake Dr - 125' sand frontage Upper Post Cottage 2 BR, 1 BA, fully furnished, 2002 Fisher 16' boat. **only \$229,900**
N10567 W Isle of Pines Dr - 2 BR, 1 BA, Secluded Cottage. Own peninsula, 419' frtg, 3 sides water view, privacy. **\$227,500**
N11869 Pratt Rd - 2BR, 1BA Cottage/Home on Upper Post Lk huge lot, 128' sand frtg., good condition. **Must see! \$199,900**
W8732 Hwy K - Two places for the price of one!! 2BR House & 1BR Cottage. Garage. 80' Sand frontage. **Must sell! \$185,000**
N11230 Woodland Ln - Cottage on 1 acre w/104' Sand frontage, 3 season 2BR, 1BA, furnished. Extra cabin & storage. **\$159,900**
142 Klima Rd - 3BR, 1.5BA, Cottage on quiet bay. Fireplace. Swimming & Fishing 285' frtg. Priced to sell at only **\$149,900**
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W8727 S. Pioneer Ln 1248 sq. ft. 1999 Ranch Home 2BR, 1BA Office/BR room, Very nice, Walkout basement, 3 ac, **\$119,900**
N11474 Cth Z - 1987 Manfrd. Home 1,280 sq.ft. 3BR, 2BA many updates, Central air, 32'x36' garage w/shop, 3 ac **\$79,900**
Bay Highlands Dr - 2 acres vacant rolling hardwoods. Camp or build cabin. ATV or bike to fishing. Priced to sell! **\$25,000**
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Post Lake (Upper & Lower) is located in Langlade County, WI in the township of Elcho on Hwy K between State Hwy's 45 & 55. Total water surface is 1,136 acres plus the famous Wolf River. Call now to live the 'UP NORTH' dream. ATV & Snowmobile trails. See Listing Details on website: www.postlakerealestate.com

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Silver Lake - 3 BR 2 BA 63' of sand frontage-detached garage. **\$355,000**
Roxy Lake - 3 BR 1 BA- 190' frontage detached garage adjoining Nicolet. **\$229,900**
Wabeno - 3 BR-2 BA- 17 wooded acres-attached garage-quality packed. **\$199,900**
Wabeno - 4 BR- 2 BA-2 story 3 car detached garage-great location! **\$194,900**
Wabeno - Roberts Lake area- 3 BR 1 1/2 BA Mobile on 14 + acres. Garage. **\$119,900**
Wabeno - 3 BR 1 BA mobile home-detached garage- N. Branch Oconto River. **\$63,900**
Wabeno - 2+ BR 1 BA year round home- detached garage-Range Line Creek. **\$89,900**
Wabeno - 3 BR 2 BA 1 acre of land attached detached garage w/workshop. **\$144,900**

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FOR SALE: Lake Lucerne Charming cottage on Hwy. W for sale by owner. Completely furnished and boat included. PortaDock & pier on 100' frontage. 2 bedroom, 3 season on wooded lot is a must see. \$265,000. Call 715-478-5958 or 715-369-3384. P11

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LOOKING TO RENT: Looking for IMMEDIATE home to rent in town of Crandon, town of Nashville or near Pickerel or Pearson area. 3-4 bedroom, price range \$600-\$1,000. Have great references, children, non-smoking and no pets. Also looking for any properties for sale that would consider rent-to-own/land contract. Please call 715-610-2703. P9

FOR SALE: Good building site - Large hardwoods, good access, electric, private. Call 715-478-3566. Betc5

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White Potato Lake 5 BR, 3 BA, custom wood stove, sunroom, wall of windows, deck, dock, 104' sandy frontage. **\$349,000**

White Potato Lake 5 BRs, 2 BAs, 2 Cottages, 2 Fireplaces, 2 garages, 2 piers, 90' sandy kid friendly frontage. **\$319,000**

Grindle Lake Large 4 BR, 3 BA, mother-in-law suite, extra large rooms, fireplace, 3 season room, deck, dock, attached garage, huge pines, 130' sandy frontage. **\$249,900**

Little Perch Lake 5 BR, 2 BA, private road, 2.92 Acres, 131 Sandy Frontage, fireplace, 2800 sq. ft. pole building. **\$259,000**

Boundary Lake - 16.44 wooded Acres, 400' frontage, 3 BR, 2 BA, fireplace, Sunroom, garages & outbuildings. **\$225,000**

Wolf River Home 3 BR, 2 BA, 3 season room, custom cabinetry, 180' frontage, red steel roofs, 2 garages **\$199,900**

Sawyer Lake - 2 BR, 2.5 BA, fireplace, 2342 sq. ft., deck, 145' frontage, walk-out lower level, appliances. **\$199,900**

Star Lake - 2 BR, 1 BA, totally remodeled, detached garage, 173' frontage, .97 acres. **Reduced \$189,000**

Waubee Lake - 2 BR, 1 BA, fireplace, 100' of frontage, .37 acres, boathouse, garage, shed. **\$169,900**

Star Lake 3 BR, 1 BA, 1.3 acres, 83' frontage, includes furnishings, appliances and pontoon. **\$139,900**

Sawyer Lake 2 BR, 1 BA, .6 acres, 116' frontage, garage, dock, tall pines, deck enclosed porch. **\$124,900**

Bog Brook Lake - 3 BR, 1 BA, fireplace, sunroom, 4+ car garage, 200' frontage. **\$159,000**

Benson Lake 292' Frontage, Wooded 2.6 Acres, Great room with loft bdrm. (2) **\$109,900**

Star Lake - Lot #9, 1.52 acres, 94' frontage, includes older mobile, well and septic. **\$75,000**

Moody Lake - 2 BR, 1 BA, mobile w/screened porch, .42 acs, 101 ft. frontage, inc, canoe, boat & camper. **\$55,500**

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Real Estate

FOR SALE BY OWNER:



3 bedroom one bath home in City of Crandon. Four season porch overlooking Surprise Lake. Open concept living and dining room. Many updates including, electrical, furnace, windows, custom window treatments, new roof, aluminum soffits and gutters, landscaping, washer and dryer, and partially finished basement. One car detached garage with loft for storage, storage shed, blacktop drive, all sitting on 4 city lots and 1 wooded full city block within walking distance to shopping, city parks, and beach, located across from the Courthouse square. **\$98,000.00** Call 715-889-1519 to set up a showing or for more information. P7

HOUSE FOR SALE: 3 bedroom, 1 bath home on multiple wooded city lots in Crandon. Detached garage, new roof, soffits, and gutters. Includes new appliances, new windows, and custom window treatments. Partially finished basement. Walking distance to Main Street and across from Courthouse Square. **\$98,000.** Call 715-889-1519 for more information or to set up appointment. P10

FOR RENT: 1 bdrm. efficiency apartment in downtown Crandon. For more information please call 715-889-3207. Betc4

CRANDON -

Come and enjoy the comfort of worry free living at the Glenview Senior Apartments. Specifically built for persons 62 years of age or older handicapped/ disabled individuals regardless of age. Rent is based on 30% of annual gross income and includes water, sewer, garbage pickup, HEAT, major appliances, off street parking and laundry facilities. Call 800-938-3229 for an application or more information.

This institution is an Equal Opportunity Provider and Employer.

Equal Housing Opportunity. Betc40

Home For Sale-Crandon



3 or 4 Bedroom home located on just over 1.5 lots with walking distance to the City Beach. Hardwood floors, formal dining room with built-in cabinets. Fireplace. Stove and refrigerator available. Full basement with cement floor. Garden/KOI pond adjacent to brick patio. Cement slab for parking or basketball. Blacktop driveway & small garage/outbuilding.

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FOR SALE: 1.5 acres with 80 ft. sand frontage on full recreational lake. 5 miles west of Crandon. Electric and perk test. 27' trailer and outbuildings included. **\$77,900.** Call 920-766-7503 or 920-810-5764. P11

FOR SALE: 2 bdrm 1 bath cottage located between Mountain & Lakewood. Natural gas furnace, drilled well & septic & steel roof. Has an ATV trail & near boat landing. **\$77,000.** Call 920-323-1309. P9

WABENO - Immediate openings for the two and three bedroom apartments. Rent is based on 30% of income and includes water, sewer, garbage and HEAT!! Major appliances, off street parking and laundry facilities. To receive an application, please call 1-800-938-5648

This institution is an Equal Opportunity Provider and Employer.

Equal Housing Opportunity. Betc1

FOR SALE: 3 bdrm. 14 x 70 trailer with 10 x 16 shed on Rolling Stone East Shore Resort. Trailer #28. Call 920-387-3725. P9

FOR RENT: 2 BR, 1 BA A-Frame with large loft. Gas fireplace. 1.5 miles east of Lakewood. \$575.00 per month with 1 month security deposit. No pets. 715-850-1616 Betc42

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<p>Family Pack Ground Round  \$2.99/Lb.</p>	<p>Oscar Mayer - 8.9-10.7 Oz. Lunchables  2/\$5.00</p>
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<p>Sugardale - 16 Oz. Bologna or Cotto Salami  2/\$3.00</p>	<p>Cher Make - 12-14 Oz. Summer Sausage or Ring Bologna  \$2.99</p>

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<p>Fresh Sweet - 5.6-6 Oz. Raspberries or Blackberries  2/\$5.00</p>	<p>Fresh Express - 12 Oz. Garden Salad  98¢</p>	<p>Fresh Sweet - 1 Pt. Grape Tomatoes  \$2.68</p>
<p>Fresh Crisp Broccoli  \$1.48/Lb.</p>	<p>Jumbo Select Cucumbers  2/\$1.00</p>	<p>Fresh - 16 Oz. Red Radishes  2/\$3.00</p>

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<p>Scott 1000 - 4 Roll White Bath Tissue  \$3.49</p>	<p>Kraft - 7.25 Oz. Mac & Cheese  4/\$5.00</p>	<p>Skippy - 15-16.3 Oz. Peanut Butter  \$2.79</p>
<p>Crystal - 2 Lb. Brown or Powder Sugar  \$1.69</p>	<p>Liberty Gold - 20 Oz. Sel. Var. Pineapple  4/\$4.00</p>	<p>Betty Crocker - 15.25 Oz. Cake Mix  \$1.29</p>
<p>Crystal - 4 Lb. Granulated Sugar  \$2.69</p>	<p>Shur Fine - 15.25-15.35 Oz. Dunksters Cookies  \$1.89</p>	<p>Betty Crocker - 12-16 Oz. Ready to use Frosting  \$1.59</p>
<p>Tradewinds - 128 Oz. Sel. Var. Tea  \$2.49</p>	<p>Shur Fine - 28 Oz. Baked Beans  4/\$5.00</p>	<p>Lays - 9.5-10 Oz. Reg. or Wavy Potato Chips  2/\$6.00</p>
<p>Chicken of the Sea - 2.5-2.6 Oz. Salmon or Tuna Pouch  \$1.19</p>	<p>Shur Fine - 8 Qt. Lemonade or Punch Drink Mix  2/\$4.00</p>	<p>2 Liter Wildwood Soda  98¢</p>
<p>Coffeemate - 16 Oz. Creamer  \$2.79</p>	<p>Shur Fine - 14.25-15.25 Oz. Vegetables  4/\$3.00</p>	<p>Hunts - 24 Oz. Pasta Sauce  4/\$5.00</p>

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<p>Bakery Fresh - 12 Ct. Seasoned Bread Sticks w/Marinara Sauce  \$1.99</p>	<p>Ronson Utility Lighters  \$2.69</p>	<p>Mrs. Gerry's Steakhouse Cole Slaw  \$2.89/Lb.</p>

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<p>Snapps - 5.5 Oz. Snacks  99¢</p>	<p>Shur Fresh - 12.3 Oz. Waffles  \$1.69</p>	<p>Shur Fresh - 12 Oz. Cheese Food Slices  \$1.99</p>
<p>Stouffers - 15.5-20 Oz. Mac & Cheese or Stuffed Green Peppers  \$2.69</p>	<p>Dutch Farms - 3 Lb. Tub Margarine  \$2.49</p>	<p>Tropicana - 59 Oz. Orange Juice  \$3.39</p>
<p>Blue Bunny - 6 Ct. Ice Cream Cones  \$4.29</p>	<p>Dutch Farms - 16 Oz. Sour Cream  \$1.79</p>	<p>Morning Glory or Deans - 64 Oz. TruMoo Chocolate or Strawberry  \$1.89</p>

- AA Meetings - Back Door Group - Open meetings Monday & Thurs. nights @ 7 p.m., Lakewood Lakes Country Library. Call Mary 715-276-2318 or Bill 715-889-3512.
- Forest County Big Book Closed AA Meeting: Thurs. 7 p.m., Crandon Library. 478-2598 or 715-889-1829.
- Al-Anon Meetings - Courage to Change Group. Every Friday, 7-8 p.m., lower level Crandon Library.
- Forest Cty. Humane Society; Open to public every Sat. from 1-4. Call for more info 715-478-2098.
- FREE Road Construction Class: Starts in January, Mon - Thurs. Space limited. For info call 715-478-7633.
- AA Meeting - Every Saturday at 9 a.m., Wabeno Fire Station, side door entrance.
- Crandon VFW Post - Meets every first Tuesday of the month. 6 p.m. at the VFW building, 104 N. Forest
- Support Group for Parents of Children with Disabilities - Call Chris at 715-784-0058
- Crandon Lions Board Meetings - 1st Monday of month at Crandon Library at 7:00 p.m. (downstairs). Member Meeting - 3rd Monday of the Month at 5 p.m. May Member Meeting- Beachide at 5:30
- Bridge Community Dental Health Clinic - This project serves people of all ages in Forest County for people who have Badger Care, Medical Assistance & UNINSURED. To schedule an appointment call (715)848-4884. Call the Health Dept. for more information at 715-478-3371
- Good Shepherd Lutheran Church - Hwy. 55N, Crandon. Sunday service 9:30 a.m. No Saturday services.
- Christian Motorcyclist Association - Spirit Ryders Chapter of Langlade & Forest Co. Invites you to attend our monthly meetings on the 1st Saturday of each month at Goodwill, Antigo at 10 a.m. Ride or activities at Noon. Call George (715) 350-1679.
- Highway 55 Flea & Craft Market - Every Wednesday, Nashville Town Hall, Hwys 55 & B, Crandon. Vendors or more info call 715-484-7271
- Crandon PTO - 1st Monday of month, 6-7 p.m., Elementary Cafeteria.
- Wellbriety 12 Step Meeting (AA/NA) - Monday nights, 6 p.m. - ? Lower level of the FCP Museum, Mish•Ko•Swin Lane, Crandon. Call Brooks Boyd for more info at 715-889-4902
- Mole Lake Flea Market & Craft Sale - Every Thursday, Mole Lake Casino Bingo Hall. 9-4. Free coffee & soda. \$5 tables. Everyone welcome. Call 715-478-7557 for more information.
- Town of Lincoln Board Meetings - 2nd Monday of each month, 6 p.m., Town of Lincoln Hall.
- AA Meeting - Antigo Hospital, Saturdays at 7:00 p.m.
- Forest County Humane Society Meeting - Every third Monday of the month, 6:30 p.m., Crandon Library.
- Pickerel Area 50 Plus - June 13th, Antigo Raptor Tour \$8. Meet at St Johns 1 pm. Dinner to follow at Northwoods Inn at 4:30 pm. We must have a count. Register at 715-889-3441 or 715-484-2205.



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**Laona National Honor
Society inducts new member**



Front Row (L-R): Nicole Babich, Morgan Krawze, Kimberly Mentz, and Alanna Benaszkeski. Back Row: Samantha Trebtoske, Zach Reeves, New Inductee Heidi Radey, Logan Chrisman, Megan Milan, and Danielle Flannery.

On May 15, the Laona Chapter of the National Honor Society conducted its induction of one new member for the 2012-2013 school-year. During a candle lit, traditional ceremony, junior Heidi Radey, daughter of Jennifer Lemerande and granddaughter of Mike and Barb Belland, joined the nine standing members of the society. Radey was honored and recognized for her scholarship, character, service, and leadership, which are the four pillars of the National Honor Society.

Heidi Radey excels in academics and is also active in drama and forensics. She has been her class president for three years. To be invited for membership in the National Honor Society a student must have a 3.5 cumulative grade point average. Once invited, the student must complete an application proving their merit in the areas of character, leadership, and community service.

The guest speaker of the special event was high school principal, Jim Bradley. He spoke about the dedication and sacrifices Heidi Radey made to become an excellent student. He especially spoke of the importance that scholarship, character, leadership, and service have in building valuable individuals who contribute to a school and to the community. The speech also recognized the nine current members, who are all seniors. He thanked them for the positive leadership they offered throughout their years at LHS. Mr. Bradley's words were inspirational to the new inductee, current members, teachers, parents, grandparents, and younger siblings who attended the induction. After the formal ceremony, inspirational speech, and solemn oath, the evening concluded with a celebration recognizing academic excellence.

With the addition of Heidi Radey, the Laona Chapter has ten members. Nicole Babich, Alanna Benaszkeski, Logan Chrisman, Danielle Flannery, Kimberly Mentz, Megan Milan, Zach Reeves, Samantha Trebtoske, and Morgan Krawze graduate in June. They will be greatly missed because of their active membership. Samantha Trebtoske, Danielle Flannery, Nicole Babich, and Morgan Krawze were the recipients of the Red Cross Scholarship, a result of the number of pints of blood collected at the club's blood drives. Zach Reeves was the recipient of the Laona Lions/National Honor Society Scholarship. Alanna Benaszkeski and Samantha Trebtoske received the Laona NHS Chapter scholarships, which were the outcome of the chapter's annual Holiday Raffle.

The Laona Chapter of the National Honor Society is an active service organization. In 2012-2013 the members hosted three Red Cross blood drives. They

raised money for scholarships and this year they donated over \$1600 dollars to the Juvenile Diabetes Foundation, Cystic Fibrosis Foundation, and Leukemia and Lymphoma Society. The advisor of the Laona Chapter is Carol Bartlein.



**Message from Mark Charlton, President of
Wisconsin Dual Sport Riders Club**

I am President of the Wisconsin Dual Sport Riders Club. We are having our 7th annual the Ride for Research benefitting the UW Carbone Cancer Center. Our ride is to raise money for Breast Cancer research. We will have it June 8th and 9th. John Newton, the heart and soul of our club, started doing this as a way to give back to a part of the state that is economically lagging behind the rest of the state. Many members of the club have family or grew up in the area. The bonus of an event like this is that 200 people get to enjoy over 250 miles of trails and roads over a weekend. The club is sanctioned by the AMA (American Motorcyclist Association). A 100 year old organization dedicated to promoting motorcycling. This is a National event where by people come from all parts of the country to ride our trails dirt roads, old logging roads and roadways in a 100 mile radius of Wabeno, on street legal motorcycles (Dual Sport Bikes). We will ride about 250 miles over the weekend. All entrants are required to submit to a sound check to ride, (89 DB or less). The research doctors from UW Madison will be talking about breast cancer on Friday night at the Wabeno fairgrounds at 6:30 this is open to the public. I think we can all safely say we will topple the \$100K mark with the UW Carbone Cancer Center this year. That's an awesome accomplishment given that our ride is relatively small compared to other cancer fundraisers. Below are some of the things we have done outside of the Ride for Research, not to mention the businesses we have supported. There has been studies as to the economic impact of rides like this, and we estimate 200 riders and another 200 friends or guests that come will spend about \$60,000.00 to \$80,000.00 on amenities, gas stations, lodging, groceries, restaurants and bars, etc.. Coming into the area in ONE weekend. In addition to the Carbone Cancer Center, Here is some of what we have donated over the last 10 years: Wabeno band shell: \$750, Wabeno K9 unit: \$750, Wabeno Logging Museum: \$1000, Wabeno Public Library: \$1000, United area Rescue Squad \$1000 Firefighters grounds: \$550, Wabeno food pantry (toys) \$300, American Legion: \$6920, Wabeno Lions Club: \$11,870, Juvenile Diabetes Research/Beth Calhoun: \$1240, Christian Food Pantry-Townsend- \$6350 Lakeshore Human Society: \$200, Lisa Kelsey Educational fund, \$3650 and P.L.A.Y. \$300 The next part is only tricky because its food related for our rides and we give them a check and they get whatever is over and above their expenses and we don't know what their expenses are. We have given The St Ambrose youth group of Wabeno a total of \$18,550 over the years and I know they do great things with that money for those kids.

McCaslin Lioness highway cleanup



The McCaslin Lioness roared through Townsend Monday, June 3rd and picked up garbage on a mile strip of Hwy 32. It was a beautiful day and hope that all that enjoy our area will keep it that way!



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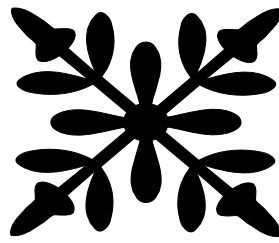
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A new book by Crandon writer Nga Walker tells the true story of the wars in Vietnam, her struggles to raise her children and her eventual move to Crandon and the success of her marriage and family.

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Crandon Lions Present Scholarships



(L to R) Taylor Hauser, Kaleen Dennee and Crandon Lion's past President Larry Sommer. Lion Larry presented a Gerald Jacobson \$1,000.00 Scholarship to each of these 2013 graduates.

The recipients of the 2013 Gerald Jacobson Memorial Scholarships are Taylor Hauser and Kaleen Dennee.

The scholarships were presented by Crandon past president Larry Sommer at the Senior awards program held at the Crandon City Hall.

The scholarships are made possible by the great support the Lions receive at their annual Winterfest and Summerfest.

This years Summerfest includes a boat sinking contest and will be held at the Metonga City Beach on Sat., July 13, 2013.

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100 S. Lake Ave., Crandon, WI

Rummage

LAONA

RUMMAGE SALE: 4991 Klasna Lane, Laona, WI. Women and young boy clothes, toys, misc. knick-knacks and more! Friday June 7 from 8:00-4:00 p.m., Saturday & Sunday, June 8 & 9 from 8:00 a.m. - ???
WS8

CRANDON

GARAGE SALE: June 8th, 9 to 3. 4280 Resch Lane, Crandon. Off of Airport Rd. Furniture, Clothes of all sizes and much more! P8

CRANDON

4 FAMILY RUMMAGE SALE: Crandon - Fri. & Sat., June 7 & 8 from 8:30-3 p.m. Women's clothes - small to XL, mens clothes, season decor, dishes, household, wagner fry pans, barbie dolls and accessories and more. 303 E. Madison Street, Crandon. Garage in alley. P8

5 PARTY GARAGE SALE: Crandon, Fri. & Sat., May 31 and June 1 from 9-4 p.m. 919 E. Pioneer St. Rick & Peg Weber home. Clothing men's and women's and children's. Household items, jewelry, crafts and misc. items and much more! Rain or shine! P7

GARAGE SALE: Crandon - Rain or shine! May 31, June 1 & June 2 from 8-5 p.m. Melvin Donek Residence. 3 miles South of Crandon on Hwy. 55. Fire #4574. P7

ARGONNE

MULTI-RUMMAGE SALE: Argonne - Fri. & Sat., June 7 & 8th from 8-5 p.m. Lots of household items, infant girls, boys and adult clothes, some furniture, riding lawn mower, books, misc. items. Come to Argonne town hall to see more! P8

ELCHO

ESTATE SALE: Indoor/Outdoor: May 25-June 2 from 9 a.m. - ??? W9379 Cty. Rd. K, Elcho. 715-275-4480. Lots of western decor, tools, tupperware, household & furniture, something for everyone! P7

PICKEREL

MOVING SALE: Pickerel - Sat. & Sun., June 8 & 9 from 9:30 - ?? N9052 Big Twin Lake Ln. (Off Cty. A) Dining room table, computer desk, glassware, 2 leather chairs w/stool, household, tools, ceramics, lots of odds and ends! P8

AUCTIONS

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MRS. PITTS passed away & elderly husband David is moving. MOST ITEMS EXCELLENT! SUN. JUNE 9, Starts 10:30AM, View, 9:30am, Lunch. Approx. 1 mile East of TRIPOLI, WI on Hwy. 8 to East End Rd. (#1955).
 '97 Ford 4x4 pickup, 21 guns - (see website for list & details), Win. (94) & other commemoratives, plus other guns, 2 Bolens lawn tractors, tools, home furnishings, & more! Terms: Cash or good check. Credit cards w/ 4% convenience fee. Sales tax on some items. Auction conducted by St. Louis Auctions LLC., 6728 Whitefish Lk. Rd., Three Lakes, WI 54562. PH: 715-367-1668. R.W.A. Col. Rene' Brass #424, Col. Robert St. Louis #450.

ST. LOUIS AUCTIONS, LLC 715-367-1668

ANOTHER AUCTION WITH COL. RENE' BRASS

www.colrene.net

MR. REED LATER passed away. Most items like brand new! SUN. JUNE 16, Starts 10:30 AM, View, 9:30, Lunch. 1 mile North of PHELPS, WI on Hwy. 17 to Cty. Hwy. A, then 3 1/2 miles to Winding Trail Ln., then 1 mile to Fernwood Dr. #1606.
 Auto 2004 Ford F150 ext cab FXR 4x4 excellent condition. 8 sections (60') of like new Dock Rite roll in alum. pier, Dock Rite boat lift, new kayak, nice paddleboat, 30 guns-Winchester, Browning, Ruger, Marlin, S&W, Beretta, Remington, & more! Rifles, pistols, black powder, (o/u & dbl. brl. shotguns), & more! Tools, thousand of dollars of gorgeous home furniture, & furnishings, antiques, expensive guitars, plus much more! Terms: Cash or good check. Credit cards w/ 4% convenience fee. Sales tax on some items. Auction conducted by St. Louis Auctions LLC., 6728 Whitefish Lk. Rd., Three Lakes, WI 54562. PH: 715-367-1668. R.W.A. Col. Rene' Brass #424, Col. Robert St. Louis #450.

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ANOTHER AUCTION WITH COL. RENE' BRASS


www.colrene.net

MR. RAYMOND N. THOMAS passed away. MOST ITEMS LIKE BRAND NEW! Lovely home for sale. FRI. JUNE 14, Starts 10:30AM, View, 9:30, Lunch. From BOULDER JUNCTION, WI take Hwy. K West 1 1/2 block to Shamrock Rd. & Boulder Marine, then 1 block to Highland Dr. Follow to Wildwood Ln. #10641.
 J.D. (870) (4x4) tractor w/ 440 loader- (appears excellent!), like new J.D. (X748) (4x4) tractor w/snowblower & deck- (pd. \$14,500.00). 3 pt. disk, rake, & post hole digger. 16' tandem trailer, 29 beautiful guns, Crestliner Fishhawk boat w/ Evinrude motor & trailer- (loaded!), like new Shorestation boat lift- (pd. \$7,000.00), Nu-Step exerciser- (pd. \$4,400.00), Large amount of Sports Memorabilia: Autographed baseballs, autographed prints & much more! Parker lawn vac- (pd. over \$2,500.00), Acorn Super Glide chair lift- (pd. \$4,000.00), lovely home furnishings, & so much more! Terms: Cash or good check. Credit cards w/ 4% convenience fee. Sales tax on some items. Auction conducted by St. Louis Auctions LLC., 6728 Whitefish Lk. Rd., Three Lakes, WI 54562. PH: 715-367-1668. R.W.A. Col. Rene' Brass #424, Col. Robert St. Louis #450.

ST. LOUIS AUCTIONS, LLC 715-367-1668

ANOTHER AUCTION WITH COL. RENE' BRASS

www.colrene.net

UNIQUE RUSTIC HOMESTEAD TO BE SOLD REGARDLESS OF PRICE!!! Elderly owner is moving. SUN. JUNE 30, 10:30 a.m., Rhinelander, WI, Oneida Co. 4 miles North of RHINELANDER, WI on Hwy. 47 to Harmony Hill Dr. #6185.

 This well kept 3 bedroom, 2 bath home includes a loft. There are mature trees throughout the property & a quiet meadow behind the home. Don't allow the home's exterior to fool you! The inside is as neat as can be. **PROPERTY IS BEING SOLD ABSOLUTE/REGARDLESS OF PRICE! (Must see!) Terms:** \$5,000 down payment (non refundable) cashier's check. Closing upon paper completion. (10% buyer's fee.) Bidders must request bid form by calling St. Louis Auctions LLC. PH: 715-367-1668. (6728 Whitefish Lk. Rd., Three Lakes, WI 54562). R.W.A.: Col. Rene' Brass #424, Col. Robert St. Louis #450.

ST. LOUIS AUCTIONS, LLC 715-367-1668

ANOTHER AUCTION WITH COL. RENE' BRASS

www.colrene.net

BEAUTIFUL LAKE GOGEBIC HOME WITH 420' FRONTAGE +/- OPENING BID ONLY \$125,000! Sun. July 7., 10:30a.m., Marenisco, MI., Gogebic Co.

 8 miles North of US 2 on M-64 OR 10 miles South of Bergland, MI on M-64 to #9516 M-64. Showings by appt. This beautiful 4 bedroom lake home sits on approx. 6 acres & has 420' of level frontage. Home offers spectacular views! Property also has a boat house & 2 out buildings. Located on the west side. **OPENING BID IS ONLY \$125,000!** Terms: \$10,000 down payment (non-refundable) cashier's check. Closing upon paper completion. (10% buyer's fee.) Bidders must request bid form by calling St. Louis Auctions LLC. 715-367-1668. (6728 Whitefish Lk. Rd., Three Lakes, WI 54562). R.W.A.: Col. Rene' Brass #424, Col. Robert St. Louis #450.

ST. LOUIS AUCTIONS, LLC 715-367-1668

AUCTION LIVING ESTATE OF JERRY & NORENE JACOBUS

SUNDAY JUNE 16TH AT 11:00 am. 2013, N9102 Gulf Road, Deerbrook, WI. 50424
Directions: North of Antigo WI. On Hwy 45 approx.15 miles to Koepenick Road west to stop sign, turn right go for about 1 1/2 mile to Bass Lake Country Club sign – on left, turn left. At Y veer right to auction site. Watch for signs. **Auctioneer Note:** Mr. & Mrs. Jacobus have sold their home and are dispersing of the contents. Up for auction is a nice selection of antiques, collectibles & fine furnishings. All well-kept and clean.
RIFLES, SPORTING GOODS, ANTIQUES, COLLECTIBLES, HOUSEHOLD:

Go to -www.northcentralsales.com
Auction Terms and Conditions: Cash or good check, Visa, MasterCard, Discover & Debit Cards. Sales tax & gun laws apply. Announcements the day of the sale take precedence over printed material. Auctioneers and staff are not responsible for accidents or loss.
North Central Sales Auction LLC
 Col's Duke & Kathy Packard, RWA #1364 #2203
Office: 715-623-5753 Cell:715-610-7999, 625 Superior St. Antigo WI 54409
www.NorthCentralSales.com

Local Students Recognized for Outstanding Skills in State Competition



Wisconsin Dells, WI. - Alissa Gill, Abigail Ashbeck, Kaitlyn Ashbeck, and Samantha Lake of Wabeno, Wisconsin recently participated in STAR Events (Students Taking Action with Recognition) at Family, Career and Community leaders of America's (FCCLA) 2013 State Leadership Conference.



S a m a n t h a Lake, a tenth grader at Wabeno Jr. Sr. High School, received a Silver medal in Food Innovations - Senior Category. Abigail and kaitlyn Ashbeck, ninth graders at Wabeno Jr. Sr. high School, received a Silver medal in Interpersonal Communications -

Junior Category. Alissa Gill, a ninth grader at Wabeno Jr. Sr. High School, received a Gold medal in Career Investigation - Junior category.

Abigail, Kaitlyn, and Alissa will be representing Wabeno Jr. Sr. High School, and the entire state of Wisconsin this summer at the National FCCLA Leadership Conference in Nashville, TN. The national conference will be held from July 7-11, 2013.

FCCLA's STAR Events are based on the belief that every student is a winner. Competition, evaluation, and recognition all stress cooperation as the basis of success. Both youth and adults work together to manage the events and serve as evaluators of the participants.

Also at this years State FCCLA Leadership Conference, Alissa Gill was elected as the 2013-2014 Wisconsin FCCLA State Vice-President of Competitive Events. This tremendous honor will include traveling and

GOING... GOING... GONE!

speaking around Wisconsin as well as to Washington, DC this coming fall for leadership training at our Nations Capitol.

Throughout the year, FCCLA members tackle issues such as teen violence prevention, traffic safety, family issues, career exploration, and much more. FCCLA programs and competitions enrich student learning, improve self-esteem, ans serve students with a range of ability levels, economic situations, and cultural influences.

Family, Career and Community leaders of America (FCCLA), is a dynamic and effective national student organization that helps young men and women become leaders and address important personal, family, work and societal issues through Family and Consumer Sciences education. FCCLA has over 190,000 members and over 6,500 chapters from 50 state associations, Puerto Rico, and the Virgin islands. The organization has involved more than ten million youth since its founding in 1945.

FCCLA: The Ultimate Leadership Experience is unique among youth organizations because its programs are planned and run by members. It is the only career and technical in-school student organization with the family as its central focus. Participation in national programs and chapter activities helps members become strong leaders in their families, careers, and communities. Out of 87,994 students from across the country, 55% of students believe that FCCLA has a positive impact on their academic performance.

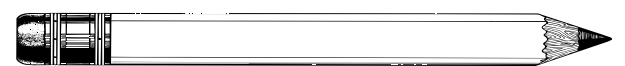
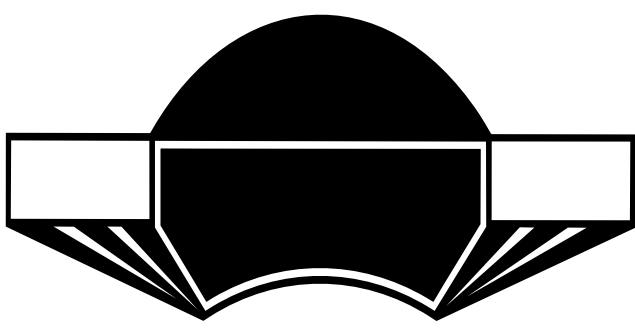
Crandon Lion Sande Guinther Honored



Earl Sande Guinther of Crandon Lions has been awarded a Birch-Strum Fellowship, in recognition of his commitment to serving the people in his community and beyond.

The Fellowship is named in honor of the only two Presidents of the Lions Clubs International from Wisconsin, Frank Birch and Clarence Sturm. This Fellowship honors those who exeplyfy undying dedication and commitment to humanitarian works.

Earl Sande Guinther is a member of the Crandon Lions Club. He recently received a Fellowship plaque and lapel pin acknowledging his dedication to the humanitarian service. As a Birch-Strum Fellow, Earl becomes a part of a growing network of individuals who are committed to improving the quality of life for those in Wisconsin and around the world.



Bids & Notices

NOTICE

TOWN OF CRANDON RESIDENT

SPECIAL TOWN MEETING

Monday, June 10th, 2013

7:00 p.m. at the Town Hall

The purpose of this meeting is to allow the town to place on the levy the cost of the Crandon Rescue Squad and Crandon Fire Dept.

This cost is about \$34,000 a year and the town now has to use monies that could go toward road work to cover these costs. The change would not cause the towns levy to increase.

Part two is to have the people decide what they wish to do about money to help the Humane Society.

Regular meeting to follow.

Ron Cole - Clerk, Town of Crandon

School District of Wabeno Area

Special Meeting

Wednesday, May 29, 2013 - 6:00 P.M.

The meeting was called to order at 6:00 P.M. by School Board President Janet Opiela.

There were approximately 115 people in attendance. Janet Opiela reviewed qualifications for voting.

Janet Opiela asked for nominations for a chairperson for the meeting. There was a motion by Cheryl Ehlinger seconded by Sara Denny to nominate Rob Seeber as chairperson for the meeting. The motion carried.

Rob Seeber asked for four volunteers from the audience to be designated as tellers for counting the vote. Arlene Dammer, Earl Blankenheim, Cheryl Ehlinger, and Barb Tallier volunteered and were designated as tellers.

Pursuant to Sections 120.08(2) of the Wisconsin Statutes, the School Board of the Wabeno Area School District held this Special Meeting to propose changing the meal service program so that families would be required to pay for breakfast and lunch according to their eligibility for paid, reduced or free meals.

Chairperson Rob Seeber and Superintendent Kim Odekirk explained the proposed change in the meal service.

A hearing was then held in regard to the proposed change. Several members of the audience asked questions and gave input.

A paper ballot vote was then taken on the proposed change in the school meal service. The tellers counted the votes.

35 voted "YES" to require families to pay for breakfast and lunch according to their eligibility for paid, reduced, or free meals.

70 voted "NO" to require families to pay for breakfast and lunch according to their eligibility for paid, reduced, or free meals.

Therefore, the school meal service will remain as is, with the district providing free meals to all students.

Barb Tallier made a motion to adjourn. Arlene Dammer seconded. Meeting adjourned at 6:45 P.M..

/s/ Patricia A. Manthey, District Clerk

NOTICE

TOWN OF LAONA

CHANGE IN RECYCLING

CENTER HOURS

EFFECTIVE JUNE 20TH, 2013

Thursday - Noon to 6 p.m.

Saturday - 7 a.m. to 3 p.m.

Sunday - 9 a.m. to 3 p.m.

Public Library Hours

Lakes Country Public Library - Lakewood - Monday, Tuesday & Thursday 9:00 a.m. - 5:00 p.m.; Wednesday and Friday 2:00 p.m. - 8:00 p.m.; Saturday 9:00 a.m. - 2:00 p.m. • 715-276-9020.

Wabeno Public Library - Tues & Fri. 10 a.m. - 5 p.m.; Wed. & Thurs. Noon - 5; Sat. 9 - Noon. Closed MONDAYS & SUNDAYS. Wifi signal: 8 a.m.-9 p.m., 7 days/week. 715-473-4131

Crandon Public Library - Monday, Tuesday & Friday 9:00 a.m. - 5:00 p.m.; Wednesday 9:00 a.m. - 7:00 p.m.; Thursday 9:00 a.m. - 7:00 p.m.; Saturday 9:00 a.m. - Noon • 715-478-3784.

Laona Edith Evans Community Library - SUMMER HOURS: Monday - Friday 8:00 a.m. - 2:00 p.m. & extended hours on Tuesday 5:00 - 7:00 p.m. CLOSED Saturday & Sunday • 715-674-4751

Museum Hours

Forest County Museum- Closed for winter. Re-opening in May 2013.

Forest County Potawatomi Cultural Center & Museum - Monday-Thursday 7 a.m. - 5 p.m. If you have special research needs or want to inquire about collection, please call 715-478-4841.

Wabeno Museum - Memorial Day - Through Labor Day - Monday-Thursday: 11:00 a.m.- 4:00 p.m.; Friday-Saturday: 10:00 a.m.- 5:00 p.m.; Sunday: 10:00 a.m. - 4:00 p.m.

WABENO SANITARY DISTRICT NO. 1

1735 N. Third St. P. O., Box 4, Wabeno, WI 54566
715-473-2905 • WSD328@centurytel.net
2012 CONSUMERS CONFIDENCE REPORT - JUNE 2013

WATER SYSTEM INFORMATION

The Wabeno Sanitary Board of Commissioners meet the 1st Monday each month, at 5:30pm, in the Wabeno Sanitary District Meeting Room, located at 1735 Third St. Office in Wabeno. *Interested citizens are invited to attend.*

Copies of the Consumers Confidence Report are available at the Sanitary District Office. Office hours are 7:00am to 12:00 noon Monday through Friday. For any questions or additional information on this report, please call us at (715) 473-2905. The operator is Scott Harris and office is Donna Hogan.

HEALTH INFORMATION

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's safe drinking water hotline (1-800-426-4791).

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons, such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune systems disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbial contaminants are available from the Environmental Protection Agency's safe drinking water hotline (1-800-426-4791).

WABENO SOURCES OF WATER

Source id	Source	Depth in Feet	Status
Well #1	Groundwater	95 feet	Active
Well #2	Groundwater	157 feet	Active

To obtain a summary of the source water assessment, please contact us at the Wabeno Sanitary District 715-473-2905.

EDUCATIONAL INFORMATION

The sources of drinking water, both tap water and bottled water includes rivers, lakes, streams, ponds, reservoirs, springs and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include:

- Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations and wildlife.
- Inorganic contaminants, such as salts and metals, which can be naturally occurring or result from urban storm water runoff, industrial or domestic wastewater discharges, oil and gas production, mining or farming.
- Pesticides and herbicides, which may come from a variety of sources such as agriculture, urban storm water runoff and residential uses.
- Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can, also, come from gas stations, urban storm water runoff and septic systems.
- Radioactive contaminants, which can be naturally occurring or be the result of oil and gas production and mining activities.

In order to ensure that tap water is safe to drink, EPA prescribes regulations that limit the amount of certain contaminants in water provided by public water systems. FDA regulations establish limits for contaminants in bottled water, which shall provide the same protection for public health.

NUMBER OF CONTAMINANTS REQUIRED TO BE TESTED

This table displays the number of contaminants, which were required to be tested in the last five years. The CCR (Consumers Confidence Report) may contain up to five years worth of water quality results. If a water system tests annually, or more frequently, the results from the most recent year are shown on the CCR. If testing is done less frequently, the results shown on the CCR are from the past five years.

Contaminant Group	No. of Contaminants
Inorganic Contaminants	16
Microbiological Contaminants	1
Radioactive Contaminants	3
Volatile Organic Contaminants	20
Synthetic Organic Contaminants including Pesticides and Herbicides	23
Total Contaminants Tested For	63

Definition of Terms

Following is a list of terms that you will need to understand this report. Through testing we have learned that some contaminants have been detected in our water. You will note, that the EPA has determined, that our water IS SAFE at the levels of contaminants detected.

Term	Definition
AL	Action Level: The concentration of a contaminant, which, if exceeded, triggers treatment, or other requirements, which a water system must follow.
MCL	Maximum Contaminant Level: The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
MCLG	Maximum Contaminant Level Goal: The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
MFL	million fibers per liter
MRDL	Maximum residual disinfectant level: The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.
MRDLG	Maximum residual disinfectant level goal: The level of drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectant to control microbial contaminants.
mrem/year	millirem per year (a measure of radiation absorbed by the body)
NTU	Nephelometric Turbidity Units
pCi/l	picoCuries per liter (a measure of radioactivity)
ppm	parts per million, or milligrams per liter (mg/l)
ppb	parts per billion, or microgram per liter (ug/l)
ppt	parts per trillion, or nanogram per liter
ppq	parts per quadrillion, or picograms per liter
TCR	Total Coliform Rule
TT	Treatment Technique: A required process intended to reduce the level of a contaminant in drinking water.

Contaminant (Units)	MCL	MCLG	Level Found	Range	Sample Date (if prior to 2010)	Violation	Typical Source of Contaminant
ARSENIC (ppb)	10	N/A	2	1-2	7/29/2011	NO	Erosion of natural deposits; Runoff from orchards; Runoff from glass & electronics production wastes
BARIUM (ppm)	2	2	.011	.011	7/29/2011	NO	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits
CHROMIUM (ppb)	100	100	2	nd-2	7/29/2011	NO	Discharge from steel and pulp mills; Erosion of natural deposits
COPPER (ppm)	AL=1.3	1.3	.4200	0 of 10 results were above the action level	9/14/2011	NO	Corrosion of household plumbing systems; Erosion of natural deposits; Leaching from wood preservatives
FLUORIDE (ppm)	4	4	.3	.2-.3	7/29/2011	NO	Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories
LEAD (ppb)	AL=15	0	2.60	0 of 10 results were above the action level	9/14/2011	NO	Corrosion of household plumbing systems; Erosion of natural deposits
NICKEL (ppb)	100		2.9000	.6600-2.9000	7/29/2011	NO	Nickel occurs naturally in soils, ground water and surface waters and is often used in electroplating, stainless steel & alloy products
NITRATE (NO3-N)(ppm)	10	10	.43	.07-.43		NO	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
SODIUM (ppm)	N/A	N/A	5.90	4.30-5.90	7/29/2011	NO	N/A

RADIOACTIVE CONTAMINANTS

Contaminant (Units)	MCL	MCLG	Level Found	Range	Sample Date (if prior to 2011)	Violation	Typical Source of Contaminant
RADIUM (226 + 228) (pCi/l)	5	0	1.3	1.1-1.3	2/4/2009	NO	Erosion of natural deposits



Bids & Notices

NOTICE
School District of Wabeno Area
June 5 Board Meeting Rescheduled
 The regular board meeting for Wednesday, June 5, 2013, has been rescheduled for Wednesday, June 12, 2013, at 6:30 P.M. The meeting will be held in the Community Room at Wabeno Elementary School.

Crandon Elementary and Middle School Summer Enrichment Program

The Crandon Elementary Summer Enrichment Program will begin Monday, June 17th and run to July 3rd for grades 4K-4.

- Breakfast will be served from 8:00 to 8:30 and classes will run from 8:30 to 1:00 with lunch served daily.
- Two field trip days to the Brush Run and a movie will require 4K-4 students to dismiss at 3:00 p.m.

This year the students in grades 4K-4 will be in the summer enrichment class at the grade level they just finished. Students in 5th grade will attend the **Middle School Summer Program** which includes sessions running from June 17th-July 3rd and July 8th-26th from 8:00-11:30.

- Breakfast and lunch will be provided daily for these students as well.

If you are interested in sending your child to Summer Enrichment you will find up to date information and registration forms in the Elementary and Middle School offices and on the school district website.

To view the Summer Enrichment Calendar, lunch schedule, registration forms, and the Enrichment staff click on one of the icons at <http://www.crandon.k12.wi.us/>.

TOWN OF NASHVILLE NOTICE OF PROPOSAL



The Town of Nashville has the following real estate for sale located at 360 County Road DD, Pickerel, WI 54465. The town will accept sealed "Proposals to Purchase" which must be submitted to the Town Clerk's Office located at the Nashville Community Center & Town Offices Building at 1038 County Road Q, Pickerel or mailed to the Town Clerk at P.O. Box 106, Pickerel, WI 54465. All proposals must be in by 10:00 o'clock a.m. on June 26th 2013. The sealed "Proposals to Purchase" must be delivered in a sealed envelope with "360 County Road DD Proposal" printed on the outside of the envelope. The sealed "Proposals to Purchase" will be opened at a Town Meeting held at the Nashville Community Center & Town Offices Building located at 1038 County Road Q, Pickerel, WI 54465 on June 26th 2013 at 10:00 o'clock a. m. The property will be sold "AS IS, WHERE IS." Ten percent (10%) down in certified funds must accompany the proposal. The balance of the purchase price is to be paid within thirty (30) days upon approval of the sale by the Nashville Town Board. A full legal description, easement agreement, quit claim deed, survey and conditions of sale are available at the Nashville Community Center & Town Offices Building. A title policy for the full purchase price will be provided. In the event that there are two (2) identical proposals, the Town Board will hold a private auction between the two (2) proposals at the time of the proposal opening. The town reserves the right to reject any and all proposals and to accept the proposal most advantageous to the Town of Nashville. Description: 2.5 acres, 20-50 parking spaces, 3252 square foot metal storage/shop, 876 square foot wood frame building and a 160 square foot attached office trailer.

Regular Meeting
Laona Board of Education
Monday, June 10, 2013 - 5:00 p.m.
Library, Laona High School

1. Call to order
2. Pledge of Allegiance - Jim Ashinger
3. Approval of the Agenda
4. Appearances: Presentation of Grant - UWGB Institute of Learning Partnership
5. Public Forum (10 minutes)
6. **Additional Open Action Items:**
 - A. Consent Agenda:
 - Review and Possible Approval of the Minutes of the Open and Closed Regular Meeting Dated Monday, May 13, 2013
 - Review and Possible Approval of the Minutes of the Open and Closed Special Meeting Dated May 13, 2013
 - Review and Possible Approval of the Minutes of the Work Session Dated Monday, May 22, 2013
 - Approval of School Disbursements from Previous Weeks
 - Approval of Cash Receipts
 - Approval of School Purchase Orders from Previous Weeks
 - B. Discussion and Possible Approval of 66.03 Shared Agreements with School District of Crandon for School Psychologist and Director of Pupil Service services for the 2013-14 school year
 - C. Discussion and Possible Approval of Joint Athletic Director with School District of Wabeno starting in the 2013-14 school year
 - D. Approval of Final Co-op Agreement between School District of Laona and School District of Wabeno
 - E. Discussion and Possible Approval of Volleyball Inserts for Gym Floor
 - F. Discussion and Possible Approval of Virtual School/Distance Education Parent/Student Contract
 - G. Discussion of Weight Room
 - H. Discussion and Possible Approval of Phone System
 - I. Discussion of Future Workshop Sessions
 - J. State Budget Update
7. **Informational Items:**
 - A. Maintenance Report/Dashir Update
 - B. Business Manager's Report
 - C. High School Principal's Report
 - D. Administrator's Report
 - E. Board Member Reports
8. **Enter closed session** pursuant to Wisconsin statutes for the following reasons: Pursuant to **Wisconsin Statute 19.85 (1) (c)** for Personnel Matters and 19.85 (1) (f) for considering personal histories or disciplinary data of a specific persons.
 - A. Denial of Continued Open Enrollment for current student
 - B. Administrative, Certified Staff and Support Staff Compensation
 - C. District Administrator Evaluation
9. **Return to open session** to possibly take action on items discussed in closed session.
10. **Adjourn:**
 Note: THE AGENDA COULD BE SUBJECT TO LAST MINUTE CHANGE(S)

Now at the courthouse recycling bins available for events

Forest County has a new tool for event recycling. Fifty corrugated plastic recycling bins have just been delivered to the courthouse. These bins are intended to make event recycling cleaner and easier. They are 38 inches tall and can accommodate a 50-gallon bag securely.

Any town or organization can borrow these bins for their events by calling Pam LaBine at the zoning office or by calling 715-478-1387.

CRANDON INT'L OFF-ROAD RACEWAY WORKERS MEETING
FIRE & RESCUE PERSONNEL AND KEY PERSONNEL FROM THE VOLUNTEER ORGANIZATIONS
 =PLEASE=
ATTEND THE THURSDAY NIGHT MEETING
JUNE 27, AT 7PM IN THE BRUSH RUN BARN
***THIS MEETING IS MANDATORY**
FOR ALL SPOTTERS, CORNER & TRACK WORKERS,

Liquor Licenses

The following liquor licenses have been applied for with the Town of Wabeno for the July 2013 to June 30th, 2014, with the Town Clerk. The licenses will be approved at a June 2013 meeting.

CLASS B	CLASS C
Russell A. Harter Rusty's Wabeno Bowl 4489 N. Branch St.	Darlene M. Edlebeck Darlene's Country Cottage 4511 N. Branch St.

/s/ Brenda St. Peter, Town Clerk

Snoop Shop meeting

Snoop Shop Meeting for interested consignees and board members. Thursday, June 13 at 9:00 AM in the lower level of the Crandon Public Library.
 For information contact: Roxanne Sprehe 715-478-5702

Healing With Humor
Part of the Working through Grief Series

A free presentation on "Healing With Humor" will be offered by Ministry Home Care as part of their ongoing Working through Grief series, open to everyone in the community free of charge. The session will be held on Tuesday, June 18th at Ministry Saint Mary's Hospital, Conference Room 3, from 1-3pm.

Ministry Home Care provides grief support to anyone in the community, regardless of their involvement with hospice prior to the death of their loved one. For more information on this and other grief support opportunities, please contact Connie DeBels, bereavement coordinator at Ministry Home Care, 715-361-2230.

Arrests made in Laona Pharmacy burglarly

On May 28th at 12:45 a.m., the Forest County Sheriff's Office responded to a burglar alarm at the Laona Pharmacy in Laona, WI. Upon Deputies arrival they discovered forced entry was made to the building and discovered prescription drugs were taken. On 05/30/2013 the Forest County Sheriff's Office received information from the City of Oconto Police Department which resulted in a search warrant being executed at a residence in the City of Oconto.

On May 30th the Forest County Sheriff's Office Investigators, with the assistance from Eagle River Police Department, Oconto County Sheriff's Office, Oneida County Sheriff's Office and City of Oconto Police Department executed the search warrant. As a result of the search warrant Samantha L. Smith age 17, Jason A. Delebreaux age 22 and Jamie L. Delebreaux age 19, were taken into custody on charges related to the burglary. There is also one more arrest pending in this case. Sheriff Dennee expressed key factors to the timely arrest were due to concerted efforts from other area Law Enforcement agencies. No further information will be released at this time.

Crandon Book Club

The Crandon Book Club will meet on Thursday June 13 at 7:00 p.m. in the fireside room of the Library. Pat Schultz will lead the discussion of the British classic *Mrs Dalloway* by Virginia Woolf. This book is the portrait of a single day in a woman's life. She is planning a party and is preoccupied with buying flowers, a new dress and preparing the house for her guests. All are welcome to join us in the discussion.

NU-ROC COMMUNITY HEALTHCARE, INC.

Equal Opportunity in Service Delivery
 POLICY STATEMENT:

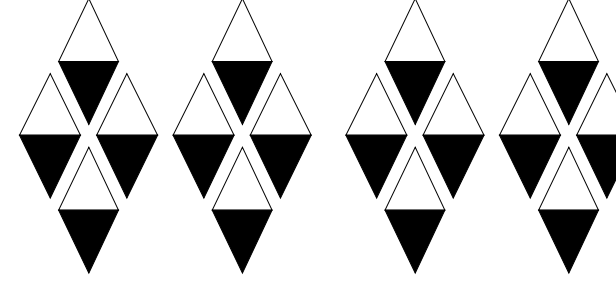
It is the policy of Nu-Roc Community Healthcare to admit and to treat all residents without regard to race, color, religion, national origin, sex, age or handicap. There is no distinction in eligibility for, or in the manner of providing, any resident services provided by or through the nursing home.

All facilities of nursing home are available without distinction to all residents and visitors regardless of race, color, religion, national origin, sex, age or handicap. All persons and organizations that have occasion either to refer residents for admission or recommend Nu-Roc Community Healthcare are advised to do so without regard to race, color, religion, national origin, sex, age or handicap.

Equal Opportunity in Employment
 POLICY STATEMENT:

It is the policy of Nu-Roc Community Healthcare to employ without regard to race, color, religion, national origin, sex, age or handicap. There is no distinction in eligibility for employment based upon race, color, religion, national origin, sex, age or handicap.

All positions in the facility are available without distinction to all qualified applicants regardless of race, color, religion, national origin, sex, age or handicap. All persons and organizations having occasion either to refer persons for employment or to recommend Nu-Roc Community Healthcare are advised to do so without regard to race, color, religion, national origin, sex, age or handicap.



HELP WANTED
COOK
 Able to work
 Fridays & Saturdays
 Apply in person at
POST LAKE INN
 Over looking the beautiful Wolf River
 W8750 HWY K Elcho, WI
 715-275-3611



Town of Laona
JOB POSTING

The Town of Laona has a part-time position opening for a recycling center attendant. The position will be 20 hours per week, Thursdays Noon - 6 p.m., Saturdays 7 a.m. - 3 p.m. and Sundays 9 a.m. - 3 p.m. The attendant is responsible for helping residents unload their garbage and monitor the bins for correct placement of items. Any questions please call the town office at 715-674-4071. Applications can be picked up at the Laona Town Hall and must be received by June 13th, 2013.
 Erin Lane, Clerk

CNA - FULL TIME/PART TIME

Nu-Roc Community Healthcare has an opening for a **Certified Nursing Assistant**
FIRST SHIFT
 HR@Nu-Roc.com or 715-674-4477.

Nu-Roc is located 6 miles SE of Laona in Blackwell. Nu-Roc Community Healthcare is an equal opportunity employer. Visit our website at: www.nu-roc.com **B8**

HELP WANTED
CRANDON SCHOOL DISTRICT VACANCY

Physics/Chemistry/Science Teacher
 Physics/Chemistry/Science Teacher, Grades 9-12. Applicant must have DPI teaching licenses: 601, 610 and 625. Position to begin for the 2013-14 school year. Please send letter of application, resume, copy of license, and credentials to:
Jim Asher, District Administrator,
 9750 US Highway 8 W,
 Crandon, WI 54520-8499
Deadline for applications: Friday, June 14, 2013
The School District of Crandon does not discriminate on the basis of sex, race, religion, national origin, ancestry, creed, color, sexual orientation, pregnancy, marital or parental status, or physical, mental, emotional or learning disability.

Summertime is Home Food Preservation Time

There is nothing quite like home-canned tomatoes or crisp family-favorite dill pickles. "Preserving food from your garden or farmer's market during the summer can make for quick and delicious family meals later on," says Barbara Ingham, University of Wisconsin Extension food safety specialist, "but be sure to follow research-tested recipes for safe, high quality food that your family will enjoy."

Forest County UW-Extension is offering a series of FREE lunchtime learning opportunities so your summertime canning and food preservation activities will be based on up-to-date research-tested information. Each of these one-hour programs will be a chance to listen, learn, and ask questions of experts in the field. The following programs will be held in the Forest County Courthouse Board Room - 200 East Madison, Crandon, WI from 12 noon - 1 p.m. in the board room.

June 17 Making Jams & Jellies - Preserve the taste of perfectly ripe fruit in homemade jams and jellies and consider new gift ideas in jellied fruit and vegetable products.

July 1 Canning Vegetables Safely - Safely preserve your garden's bounty of vegetables with canning.

July 15 Canning Tomatoes and Tomato Products - Whether pressure canning whole tomatoes, canning salsa in a boiling water canner, or even making tomato jam - options abound for safely preserving tomatoes.

Aug 5 Time to Make Pickles - Your family will enjoy the taste of summer with safe, high quality quick-pack pickles (and we'll discuss genuine dills & sauerkraut too!).

Aug 19 Drying Foods at Home - Wondering what to do with those few onions, tomatoes, carrots or tomatoes sitting in the crisper? Try dehydrating them to make a flavorful soup base. And consider dried fruit as your go-to snack for hungry kids home from school.

Aug 26 Successful Storage of Garden Produce - Extend the season as long as possible by properly storing your

Help Wanted

GOODMAN-ARMSTRONG CREEK SCHOOL DISTRICT

POSITIONS OPEN:
 7-12 SPECIAL EDUCATION TEACHER (.5 FTE)
 5TH/6TH GRADE CLASSROOM TEACHER (ONE YEAR POSITION)

Applicants must have, or be eligible to obtain necessary licensure from the Department of Public Instruction. In addition to licensure, it is desired that prospective candidates have knowledge and experience in Common Core Standards, Rtl, differentiated instruction among other best practices.

Please submit letter of interest, resume and credentials to:
Ben Niehaus, District Administrator
 Goodman-Armstrong Creek School District
 PO Box 160
 Goodman, WI 54125
Deadline for submitting application is 4:00 PM Thursday, June 20, 2013.

HELP WANTED
CRANDON SCHOOL DISTRICT VACANCY

Kindergarten Teacher
 Applicant must have appropriate DPI teaching certification. Position to begin for the 2013-14 school year. Please send letter of application, resume, copy of license, and credentials to:
Jim Asher, District Administrator,
 9750 US Highway 8 W,
 Crandon, WI 54520-8499
Deadline for applications: Friday, June 14, 2013
The School District of Crandon does not discriminate on the basis of sex, race, religion, national origin, ancestry, creed, color, sexual orientation, pregnancy, marital or parental status, or physical, mental, emotional or learning disability.

Immediate opening for
PART-TIME JANITORIAL POSITION

Please mail resume' or work history A.S.A.P. to:
Forest Tool, Inc.
 600 Industrial Park Way
 P.O. Box 215
 Crandon, WI 54520
 or call 715-478-5870



garden's produce.

"Food safety is, and should be, a primary concern when preserving food at home, from freezing peas to drying of apples. The extension service sets itself apart in providing research-based information," said Gail Spaniol, Forest County Nutrition Educator.

For information on these programs please call 715-478-7799 or email FFV.WNEP@ces.uwex.edu. Information is also available online at www.foodsafety.wisc.edu.

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 COMMUNITY HEALTHCARE
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MUST BE ABLE TO WORK A.M AND P.M. SHIFTS, WEEKENDS & HOLIDAYS

Betc 5

HELP WANTED
PART TIME BARTENDER
 Must be able to work nights and weekends Experience a plus but will train
 Must have a super great personality and social skills
!PLEASE COME SEE JIM IN PERSON, FOR MORE INFORMATION!
 PACK EM INN
 CRANDON, WI
 715-478-3580
 B8

HELP WANTED
CRANDON SCHOOL DISTRICT VACANCY

Special Education Cross Categorical Teacher
 Applicant must have DPI licenses: 810 Cognitive Disabilities; Level 72 and Level 73. Position to begin for the 2013-14 school year. Please send letter of application, resume, copy of license, and credentials to:
Jim Asher, District Administrator,
 9750 US Highway 8 W,
 Crandon, WI 54520-8499
Deadline for applications: Friday, June 21, 2013
The School District of Crandon does not discriminate on the basis of sex, race, religion, national origin, ancestry, creed, color, sexual orientation, pregnancy, marital or parental status, or physical, mental, emotional or learning disability.

Work Wanted

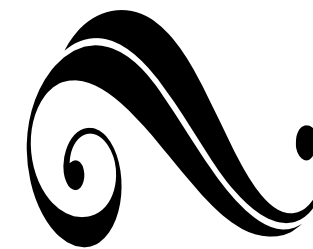
KT'S LAWN CARE
 Reliable lawn mowing, trimming and cleanup Serving a 25 mile radius of Wabeno
 FREE ESTIMATES
 715-850-0238
 Katie and Tim Clark **P8**

WORK WANTED:
 Lawn mowing and trimming in the Argonne, Hiles, Crandon and Mole Lake areas.
 Free estimates!
 Call 715-889-0926.
P11

WORK WANTED: Willing to clean your home, cabin, cottage, business. Crandon, Argonne & Hiles area. Call 715-649-3236. **WS8**

SEEKING EMPLOYMENT

Looking to do cleaning services for commercial or private businesses or home. Looking for opportunity within City of Crandon. I am interested in full or part time.
Call 715-367-3298.
 Can offer references
P9



Trump Lake Association donates to Wabeno Band Shell



Rich Wickershiem (L), Trump Lake Protective Association President, hands Larry Rummel (R), Wabeno Parks Dept Chair, a \$500 donation toward the reconstruction of the Wabeno Band Shell on May 25th during Larry the Logroller's Homecoming party in downtown Wabeno.

SCHAEFER'S MEAT DEPT. SELLS USDA ANGUS CHOICE BEEF & USDA INSPECTED PORK

MEAT

Premium Angus Choice
T-BONE STEAKS



\$9.99 Lb.

Premium Angus Choice
Boneless Beef
RUMP ROAST



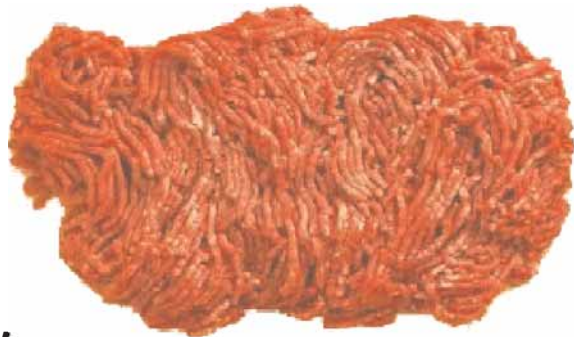
\$2.99 Lb.

Premium Angus Choice
Boneless Beef
BOTTOM ROUND STEAKS



\$3.59 Lb.

Premium Angus Choice
GROUND ROUND



\$3.59 Lb.

Pork
BABY BACK RIBS



\$3.59 Lb.

Gold 'n Plump
WHOLE FRYERS
56 Oz.



\$4.49

Farmland
SLICED BACON
16 Oz. Assorted



\$3.99

Johnsonville
BRAT, BEER BRAT OR ITALIAN SAUSAGE
2.85 Lb. Box



\$8.99

John Morrell
PORK SAUSAGE ROLLS
12 Oz.



\$1.09

Hormel Bone-In
SMOKED PORK CHOPS
15 Oz.



\$3.99

Jimmy Dean
BREAKFAST BOWLS
7 Oz.



\$2.29

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2/\$5.00

Sweet, 6 Oz.
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2/\$5.00

Whole, Seedless
WATERMELONS
12 Lb. Average



\$4.89 Ea.

Super Select
CUCUMBERS



69¢ Ea.

California, New Crop
BLACK PLUMS



\$1.99 Lb.

Fresh Bi-Color
SWEET CORN



\$3.99 1 Dozen

Sweet
GRAPE TOMATOES
10 Oz. Pkg



\$1.99

Fresh 1 Bunch
GREEN ONIONS



2/\$1.00

Crunchy
RADISHES
1 Lb. Bag



\$1.19 Ea.

Green Giant
IDAHO RUSSETS
5 Lb. Bag



\$1.59

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Prices Effective Mon. June 10, 2013

SUN	MON	TUE	WED	THU	FRI	SAT
	10	12	13	14	15	16
17						

We reserve the right to correct any printing errors in the ad
We reserve the right to limit quantities

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SCHAEFER'S FOOD IGA PULL- OUT SECTION

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SCHAEFER'S FOOD MART PULL - OUT SECTION

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SCHAEFER'S FOOD MART PULL - OUT SECTION

Select Kellogg's CEREALS

3 Kinds, 8.7 - 10.5 Oz.

\$1.99



Select Betty Crocker HAMBURGER HELPER

8 Kinds

99¢



Hormel CORNED BEEF HASH

15 Oz.

\$1.99



Mac's PORK RINDS

3 Kinds, 3 Oz.

79¢



ShurFine ICE CREAM CONES

12 Ct.

69¢



CHEX MIX

8.75 Oz. 5 Kinds

\$1.59



Fisher CHOCOLATE PEANUTS

3.5 Oz.

Sunmaid CHOCOLATE RAISINS

3.5 Oz.

79¢ Ea.

Welch's FRUIT SNACKS

3 Kinds, 9 Oz.

\$1.69



ShurFine BAKED BEANS

28 Oz.

\$1.19



Idahoan Flavored MASHED POTATOES

4 Oz. 3 Kinds

99¢



Select Nestle CRUNCH CANDY BARS

6 Pack, 3 Kinds

LIMIT 1 Pack 50¢



PRICE GOOD WITH MORE CARD

DORITOS

Reg. \$4.29



2/\$5.00

PLU 973 IN STORE COUPON RV0366

*Limit 1 Coupon Per Customer

Retailer for redemption send before 07/10/13 to:
Affiliated Foods Midwest
P.O. Box 1067, Norfolk, NE
68702-1067
Attn: Affiliated Coupon Redemption Dept.
GOOD ONLY AT PARTICIPATING AFFILIATED FOODS STORES
THRU 6/16/13



Lay's Potato Chips Selected 9.5-10 Oz.

3/\$6

(Without Coupon \$4.29 each)

*Must Purchase 3

AQUAFINA WATER

.5 Liter/24 Pk.



\$3.99

Sobe LIFE WATER & JUICE DRINKS

20 Oz. Bottle

3/\$3.00

COKE BRAND

12 Oz/12 Pack Cans



3/\$13.99

COKE BRAND

7.5 Oz./8 Pack OR .5 Liter/6 Pack

4/\$11.00

COKE BRAND

2 Liter

3/\$4.00

Glaceau VITAMIN WATER

20 Oz.

OR FUZE

16.9 Oz

10/\$10.00



LIPTON BRISK

24 Oz. Cans

99¢

PEPSI BRAND

24 Pk/12 Oz. Cans

2/\$15.00

PEPSI BRAND

6 Pk/24 Oz. Bottles

3/\$11.97



PEPSI BRAND

7.5 Oz./8 Pack Cans



\$2.99

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pioneerexpresscrandon.com

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Computerized
PICTURE CAKES
at Schaefer's
Bakery

Bring in any
photograph,
picture, or
drawing and we
will put it on
your next party cake



**BIRTHDAY
ANNIVERSARY
TEAM PARTY
HOLIDAYS
FAVORITE PETS
RETIREMENT
GRADUATION
DRAWING
PHOTOGRAPH**

All cake orders **MUST** be placed with a 24 hour notice!
All weekend orders must be placed by 10:00 am Thursday!

Gold N' Plump
CHICKEN
20 Piece Bucket



DELI

\$19.99 Ea.

Deli Fresh Made
**MARINATED
VEGETABLES**



\$5.29

MENU

- Monday:** Sesame Orange Chicken over Rice w/ Pork Egg Roll
 - Tuesday:** Salisbury Steak Dinner
 - Wednesday:** Hot Turkey Dinner
 - Thursday:** Chicken Fritter Basket
 - Friday:** Pollock or Beer Battered Cod Fish Dinner, Haddock Fish Sandwich or Cod Fish Sandwich, Chicken Filet, Shrimp Basket
- Soup & Salads Fresh Daily**

24 Hour Notice On Party/Deli Tray Orders Please

Red Velvet
**PICNIC
CAKES**



\$3.79

**COME SEE
US FOR
YOUR
FATHER'S
DAY
BAKERY
NEEDS**

Assorted
**DONUT
HOLES**



24 Ct.
\$2.48

Whole
**TEXAS COFFEE
CAKE**



\$3.79

**CHOCOLATE
CHIP
COOKIES**



12 Ct.
\$3.59

Wheat
**HAMBURGER
BUNS**



8 Ct.
\$2.39

Butter & Egg
**DINNER
ROLLS**



12 Ct.
\$2.49

Old Orchard
LEMONADE

2 Kinds
12 Oz. Can
Reg. \$1.39

89¢



FROZEN

Imperial
SPREAD

1 Lb. Quarters



79¢

DAIRY

Nostimo
**GREEK
YOGURT**

32 Oz. Plain or
Vanilla



\$3.99

T.J Farms
**HASH BROWN
POTATO PATTIES**

22 Oz. Box
Reg. \$2.13

\$1.69



ShurFresh
CHEESE

Shredded or
Block, Assorted
8 Oz.



2/\$3.50

IGA
**AMERICAN
CHEESE**

12 Oz./16 Slice



\$1.89

ShurFine
**PIZZA
TOAST**

3 Kinds, 11.5 Oz. Box
Reg. \$3.05

\$1.99



Yoplait
**GOGURT
YOGURT**

8 Ct. Assorted
SAVE \$1.00



\$2.13

IGA
**CINNAMON
ROLLS**

12 Oz./8 Ct



\$1.89

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Degree ANTI-PERSPIRANT & DEODORANT

Sheer Powder for Women
Cool Rush for Men
Extreme Blast for Men
Reg. \$2.43



Health & Beauty

\$1.49
With More Card

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Dial Gold BATH SOAP

3 Bars,
Round the
clock odor
protection
Reg. \$3.15



\$2.59
With More Card

TopCare Multi-Symptom ALLERGY CAPSULES

24 Count
Compare to
Benadryl
Reg. \$3.83



\$1.99
With More Card

LIPTON TEA

1 Gallon



Grocery

\$2.99
With More Card

For Cuts, Scraps & Burns NEOSPORIN

0.5 Oz., Cream,
Ointment
Reg. \$5.99



\$4.99
With More Card

TopCare EPSOM SALT

16 Oz.
Reg. \$2.67



\$1.89
With More Card

CHIPPEWA SPRING WATER

24 Pack



\$3.99 With More Card

BELLATORA PIZZA



2/\$10.00
With More Card

EasyClix 24 EXP CAMERA

Reg. \$7.53



\$4.99
With More Card

General Merchandise

Domestix LATEX GLOVES

Small, Medium
& Large
Reg. \$2.03



\$1.49
With More Card

SUNNY DELIGHT

64 Oz.
Smooth or
Tangy Style



\$1.59 Ea.
With More Card

Keebler CHIPS DELUXE

13.3 to 14.5 Oz.
Varieties



2/\$5.00
With More Card

COKE BRAND

12 Oz/20 Packs



\$5.99
With More Card

DASANI WATER

24 Packs



\$3.99 With More Card

ShurFine COFFEE FILTERS

200 Ct.
Reg. \$1.93



\$1.49
With More Card

Electrix SOFT WHITE BULBS

40 Wt. & 60 Wt.
Reg. \$1.75



99¢
With More Card

Maxwell House ORIGINAL ROAST COFFEE

30.6 Oz.



\$8.99 With More Card

Gedney BABY DILLS

3 Kinds
32 Oz.



\$2.99 With More Card

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SCHAEFER'S IGA PULL - OUT SECTION

Death Notices

CLIFFORD "CLIFF" ORVILLE BONACK, passed away on May 14, 2013 at AGI Health Care after a seven month cranky, True-to-Cliff, battle with pancreatic cancer. His entire family kept the final days vigil with him.

Born in Three Lakes in 1925 with his grandmother Emma as a mid-wife, Cliff grew up in Hiles with a love for the woods and waters that lasted a lifetime. His parents were William and Edith (Bell). Brothers and sisters were: Erma Tauer, Opal Anderson, William "Junior" Bonack, and Betty Houle-Hozan who is his only surviving sibling.

He left High School, maybe lied about his age, to join the U.S. Navy. He served in World War II, fighting in the Pacific for all of us. He was proud of his service as a sailor, and proud of his fellow veteran friends who he enjoyed lunching with often.

Cliff married Audrey King in 1946 and moved to Crandon to accept a job with the Forest County Highway Department as it was a requirement that he had to reside near the county shop. He retired from the Highway Department in 1987 after a 40 year career as a legendary grader operator. He then went to work for the Town of Lincoln caring for their roads for 15 years.

Soon after moving to Crandon, Cliff volunteered for the Fire Department, a job he loved and continued doing for 64 years. He liked to recount how many Highway Commissioners and Fire Chiefs he had outlasted.

Clifford and Audrey-his wife of 66 years who survives him- had four daughters: Connie who tragically died in a car accident at age 19. Connie's daughter Jeannie (Allen) Fannin was raised by her grandparents and became like a sister to Brenda (Peter) Davison, Sandra (Robert) Votis and Betty (Dennis) Abney.

Blessed with seven grandchildren, and 16 great-grandchildren, with two more on the way, Grandpa Cliff laughed and hugged them all.

Clifford was a hard worker who often spent nights and weekends cutting and hauling pulp and logs as an extra job. Besides weddings, family celebrations, and playing with his grand and great-grand children, his happiest times were hunting, fishing, and being in the woods with his son-in-laws. Advice and laughter were always plentiful-with Cliff always coming out ahead.

Pallbearers include all of his Grandchildren: Jody Kalkofen, Jessica Samz, Jennifer Drangstveit, Melissa Crum, Jaymi Waterstradt, Danielle Wagoner, Jeff Fannin, and Amanda Tokarczyk.

Memorials may be directed to the Crandon Fire Department or the American Legion organization. The family is grateful for your condolences. Interment was at the Lakeside Cemetery in Crandon on May 18, 2013. **TOM R. WILLIAMS**, 61, Lakewood, passed away at his home on Wednesday, June 5, 2013 after a courageous battle with cancer. Visitation will be held on Friday, June 7 from 5-8:00 p.m. and again on Saturday, June 8 from 10-11:00 a.m. at St. Mary of the Lakes Catholic Church, Lakewood. Funeral Mass will follow the visitation on Saturday at 11:00 a.m. with Father Jason Blahnik officiating. Interment will be in the church cemetery. Weber-Hill Funeral Home is assisting the family. Online condolences at www.weberhillfuneralhome.com

RUTH DUFOUR, age 84, of Hiles, passed away at Our House Hospice, Wausau on Wednesday, June 5, 2013. Graveside service will be at 10:00 a.m. Saturday, June 8 at the Hiles Cemetery. Gathering of family and friends will follow at the Argonne Town Hall. Online condolences www.weberhillfuneralhome.com

LARRY L. KERR, age 76, of Crandon, passed away at his unexpectedly at his home on Sunday, June 2, 2013. Visitation will be held on Friday, June 7 from 11:00 a.m. until 1:00 p.m. at the Weber-Hill Funeral Home, Crandon. Funeral services will follow at 1:00 p.m. with Pastor Bill Farr officiating. Interment will be at Crandon Lakeside Cemetery. Online condolences www.weberhillfuneralhome.com

VERNADINE G. LONG, age 81, of Mole Lake, passed away at her home on Sunday, June 2, 2013. Visitation was held at 4:00 p.m. on Tuesday, June 4, at the Boys & Girls Club, Mole Lake. Native American services followed. Interment was held at 2:00 p.m. Wednesday, June 5 with Lorenzo Funmaker officiating. Interment was at the Mole Lake Tribal Cemetery. Online condolences www.weberhillfuneralhome.com

ALOIS "SNUFFY" VANDE HEI, age 57, of Lakewood, passed away at his home Saturday, June 1, 2013 under the care of Unity Hospice. In honoring his wishes, no funeral services will be held. Online condolences www.weberhillfuneralhome.com

GEORGE NEITZER, age 70, of Arkansas formerly of Carter, passed away April 26, 2013. Visitation will be held on Saturday, June 15, 2013 from 11:00 a.m. - 1:00 p.m. at the Weber-Hill Funeral Home, Wabeno. Memorial services will follow at 1:00 p.m. with Pastor Dennis Larson officiating. Interment will be at Lakeview Cemetery, Carter. Online condolences www.weberhillfuneralhome.com

Brush Run Cont. from pg. 1

"The Forest County Potawatomi Tribe is honored to be involved with such a great event at Crandon," said Gus Frank, Forest County Potawatomi chairman. "We first got involved with off-road racing through Jeff Kincaid and Johnny Greaves. Those two supported us proudly across the nation and our relationship would grow with Crandon and, eventually, the F.C.P.C. Cup race. So it's a great honor to again be involved with such an exciting event as it enters its 20th year summer."

Akin to the steeped tradition of Indianapolis Motor Speedway, off-road racing's version of the "Brickyard" and "Indy 500" takes place at the nation's premier short course racing facility, Crandon International Off-Road Raceway. The first of two major short course off-road events at Crandon round four of the 2013 Traxxas TORC Series, presented by AMSOIL the annual Crandon Brush Run - takes place this weekend, June 29-30.

Some Crandon track info and quick facts:

--- Crandon's initial track, back in 1970, was a 25-mile long loop and racers would run it four times. Barely a quarter of the entrants would finish the entire race.

--- Since then the short track has gone from 1.75 miles to 1.5, and most recently to 1.25 miles to allow spectators an unimpeded view of the entire track.

--- Average attendance at the Brush Run is around 10,000 fans per day, whereas Crandon's Labor Day event draws 15,000 fans per day.

--- The last race of the day is the 20th Annual F.C.P.C. Cup, pitting the top PRO 4x4 trucks versus the top PRO 2WD trucks in a winner-take-all grand finale.

--- Mopar/Ram's Rob MacCachren has won the F.C.P.C. Cup three times (1995, '00 and '01) and is the defending F.C.P.C. Cup champion.

--- Crandon's "Land Rush" is off-road short course racing's version of an MX start!

With racers and trucks/buggies, crews and off-road fans converging from all points on the U.S. map, the small logging town of Crandon, (population: 1,961), is awash in activity. And since 1970 the off-road phenomenon has played out in Crandon, making it the nation's longest-running short course off-road competition.

Vet's Corner

By Diane Fenske Joyner, Forest CVSO

Forest County Veterans with in-process claims: If you receive this letter referenced below from VA, please complete the Certification Letter and if you have any question as to whether you are filling it out correctly please call the Forest CVSO at 715.478.3722 or email me at vetshelp@co.forest.wi.us with questions. If you come into the office without an appointment, I will not be able to see you immediately. I will make an appointment for you to return at a later date.

The Department of Veterans Affairs (VA) has identified approximately 190,000 subsequent claims pending initial development. In an effort to expedite the processing of these claims, VA will batch deliver an automated special 38 U.S.C §5103 notice to each identified claimant.

The notice will also provide the claimant the option to have his or her claim expeditiously processed based on the evidence of record.

If the claimant elects this option, he or she will complete and return to VA a specific certification attached to the notice, indicating the election, and, if the claim meets the other requirements, VA will expeditiously process the claim to achieve a timely decision.

The claimant may notify VA of their election by mail (which will be received by the scanning vendor), by logging onto ebenefits, or by calling the VA Benefit Information line.

In Phase 2 and beyond the subsequent notices will be sent approximately every two weeks until the backlog is eliminated.

If you do not have a pending Pension or Service Connected Disability claim submitted more than 180 days ago, you will not receive a letter.

Tricare Young Adult Program

When the Affordable Care Act was signed into law in 2010, one of the most talked about provisions was language that allowed parents to keep their children on their health insurance plans until they turned 26. Although many civilians enjoyed this benefit, the same could not be said when it came to children who were covered under Tricare, the military's plan for service members. However, that's about to change as the White House recently announced the Tricare Young Adult program will be permanently available until recipients turn 26, reports Military Times.

Here is the link to get the whole story: <http://www.pcs-lodging.com/news/White-House-makes-Tricare-Young-Adult-permanent.aspx>

VA Launches Hotline to Answer Questions on VA Health Care and Benefits for Women Veterans 1-855-VA-WOMEN (1-855-829-6636)

WASHINGTON - The Department of Veterans Affairs has launched a new hotline — 1-855-VA-WOMEN — to receive and respond to questions from Veterans, their families and caregivers about the many VA services and resources available to women Veterans. The service began accepting calls on April 23, 2013.

"Some women Veterans may not know about high-quality VA care and services available to them," said Secretary of Veterans Affairs Eric K. Shinseki. "The hotline will allow us to field their questions and provide critical information about the latest enhancements in VA services."

The hotline is staffed by knowledgeable VA employees who can provide information about benefits including health care services for women. Callers can be linked to information on claims, education or health care appointments as well as information about VA cemeteries and memorial benefits. Staff can answer urgent questions and provide referrals to homeless and mental health services as well as provide Vet Center information.

Women make up nearly 15 percent of today's active duty military and 18 percent of National Guard and Reserve forces. The population of women Veterans using VA benefits including health care is growing rapidly. Since 2000, the number of women using VA health care more than doubled, from nearly 160,000 in 2000 to more than 354,000 in 2012. Based on the upward trend of women in all branches of service, the number of women Veterans—and female VA users—will keep climbing.

VA is committed to making improvements for the growing population of women Veterans, including the way it communicates with them. In 2010, VA established an outbound call center to contact women Veterans and encourage them to enroll in VA health care.

"In VA health care alone, women constitute only 6 percent of VA patients, but those Veterans have a high perception of the quality care they are receiving," said Irene Trowell-Harris, director of VA's Center for Women Veterans.

"Many women who served don't self-identify as Veterans and therefore don't think they qualify for VA benefits. We need to correct existing misinformation and misperceptions so we can serve more women Veterans with the benefits they've earned."

Women Veterans are entitled to apply for the same benefits as their male counterparts, which include health care and pharmacy benefits as well as education benefits, disability compensation, home loans, employment assistance and more.

The hotline (1-855-VA-WOMEN) joins numerous other VA hotlines that provide critical information and assistance to Veterans, such as those for Veterans in crisis and in danger of becoming homeless.

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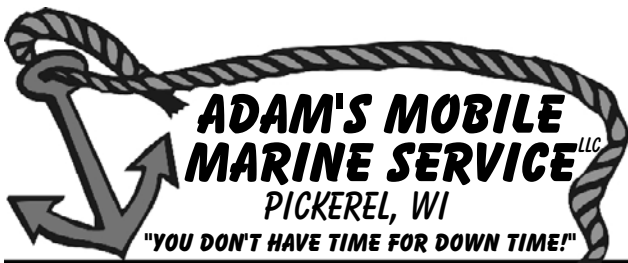
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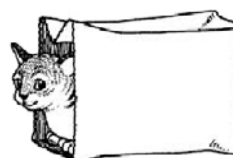
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HAPPY HOUR 4 - 7 P.M.

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KING \$20.95 • QUEEN \$18.95 • PRINCE \$17.95

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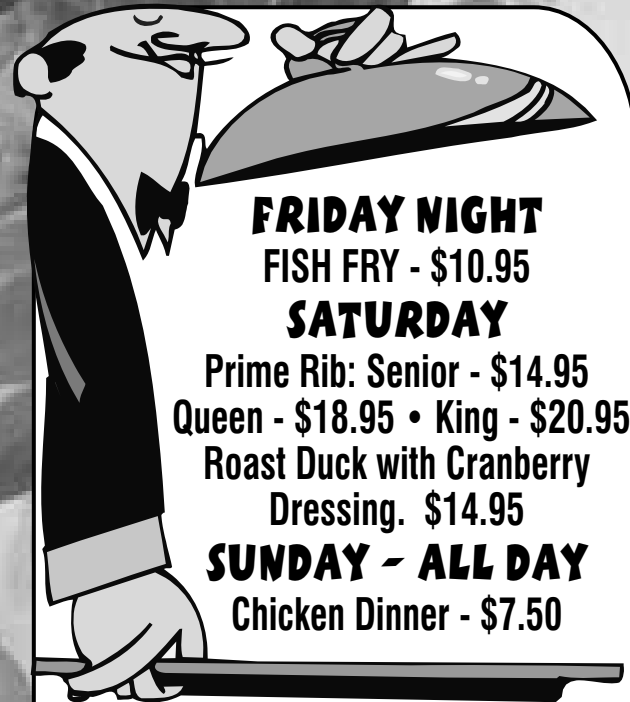
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 Roast Duck with Cranberry Dressing. \$14.95

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 Fri. - Sun. 12 - Close

2ND ANNUAL



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"The Annie Rose Band" 3-7 p.m.

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WEEKLY SPECIALS: May June 10 - 16

Mon: Turkey-Swiss & Fries \$5.75 • Tues: Philly & Fries \$5.95

Wed: Lasagna Dinner \$7.25 • Thu: BBQ Rib Basket \$7.25

Fri: Fabulous Fish Fry... & FREE BEER JUST \$8.75

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 Friday Dinner: 4-8 p.m., Sundays: 7 a.m. - 1 p.m.

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Father's Day Buffet

Turkey, Baked Ham, Sirloin Tips, Roast Pork, Roast Beef, Pressure Fried Chicken, BBQ Ribs, Italian Style Pork Chops, Polish Sausage & Sauerkraut, Lemon Pepper Fish, Crab Au Gratin, Rice, Mashed Potatoes, Sage Stuffing, Vegetables, Rolls & Butter, Full Salad Bar, Assorted Fresh Fruit & Dessert Table

Sun., June 16th from 10:00 a.m. - 7:30 p.m.

Full Menu After 4:00 p.m.



Adults \$12.95 Children 4-11 \$6.95
Seniors \$11.95 Under 3 FREE

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- Pot Roast, Mashed Pot. & Veggies
- Country Fried Steak, Mashed Potatoes, Gravy or Biscuit
- Baby Beef Liver, Onions & Bacon

Mon. & Wed. - A.Y.C.E. Walleye
Tues. & Wed. -

Mexican & German Menu

Friday - A.Y.C.E. FISH & CHICKEN

Sat. - Full menu 4:30 p.m. featuring

California Prime Rib

Sun. - Buffet 10 a.m./Full Menu 4 p.m.

ALL CHICKEN PRESSURE FRIED

Funding for schools

Cont. from pg. 1

would annually send 25% of US timber sales in the forest to area schools.

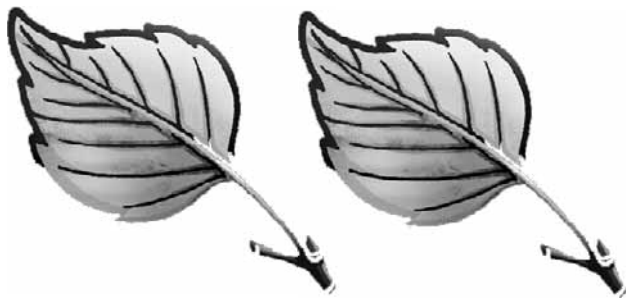
"Over 1.5 million acres of northern Wisconsin are federal forest and unavailable to fund our schools," Mursau said. "The least we can do is use timber sale income to educate our kids, keep schools open, and keep local employees close to both their workplace and their kid's schools."

Under current law, Wisconsin sends national forest income to local townships. Under Mursau and Swearingen's proposal, town governments will be held whole by a proportional increase in federal payments-in-lieu-of-taxes on a per acre basis.

"Our large northern schools have long bus routes, low population density, less property base and all the same education requirements as the rest of Wisconsin schools," Swearingen said. "National forest income will give our kids the resources they need to stay academically competitive with the rest of Wisconsin and the nation."

The Joint Finance Committee is expected to finalize its deliberations this week. The Wisconsin State Legislature expects to finalize all components of the state biennial budget, including national forest income for schools, before June 30th.

School District Name	Federal Forest Acreage	Estimated Annual Payment
Crandon	172,324	\$352,400
Florence County	85,175	\$137,700
Goodman-Armstrong Creek	8,558	\$17,500
Lac Du Flambeau #1	6,487	\$9,700
Laona	65,462	\$133,700
Northland Pines	10,128	\$16,000
Phelps	37,950	\$60,000
Suring Public	82,648	\$132,000
Three Lakes	17,277	\$27,100
Wabeno Area	147,073	\$276,400
White Lake	37,378	\$70,800



Lincoln Town Hall

Cont. from pg. 1

The new Lincoln Town Hall has been used for several weeks, and has proved to be extremely beneficial to the community. The hall can be rented to the public for events when the area is leveled and stabilized for parking.

Frank Ruebl, former town employee, brought in some history on the old building that served Lincoln, and he says that the building was constructed around 1970.

Before the old town hall was built, town meetings were held in a small building in Crandon. The town equipment at this time consisted of a 1965 Chev dump truck, a 1963 Oshkosh 4x4 truck with a V-plow and wing blade, a Caterpillar 12 grader and an old tractor with a loader bucket.

The equipment was kept at the Leo Zelechowski farm on Keith Siding Road. Leo worked for the town as well.

Watch for the Grand Opening on Saturday, June 22, from 10 till 1:00 p.m. Lunch and refreshments will be served, and the public is invited.

Senior Chatter

Submitted by Kate Schultz

Start Exercising this Spring

You've suffered through a long, hard winter, and on the first warm, sunny day of spring, it's tempting to get out there for a really long walk or run. But you shouldn't rush into exercising if you've spent the winter staying warm and cozy on the couch. Here are some tips to help you get into exercising again without injuring yourself.

Check Your Shoes: According to The Walking Site, shoes should be replaced after 300 to 500 miles of walking or running. If you're just starting out, this isn't an issue, but try on a new pair of shoes anyway. If they feel very different from your old ones, it's time to invest in a new pair.

Wear Proper Clothing: It may be tempting to just throw on a T-shirt and head outside, but the right gear can make your walks a lot more comfortable. Your shirt and socks should be in a sweat-wicking, synthetic fabric. If you wear a cotton shirt, it will get wet, and you could get chilled if the temperature drops. Speaking of which, bring along a breathable jacket as well. Spring weather can change quickly, and layering keeps you comfortable no matter what the temperature. And finally, protect your skin. Wear sunscreen, a hat and sunglasses. Every time. Period.

Take It Easy: If you run, start with just walking, and if you walk, start slowly. Even if you've been walking on a treadmill all winter, the first time out on the trails and sidewalks will feel very different to your muscles. And no matter how nice the weather, resist the temptation to walk or run for hours. Plan instead to go out every other day. You'll spread out your enjoyment of the season, and avoid having to spend the next few days inside with ice on your legs.

Stretch When You're Finished: Stretching after each walk or run not only feels good but also helps your muscles recover from their workout. Workouts for Women offers descriptions and videos to help you learn the proper way to stretch.

If You Overdo It... A warm bath with Epsom salts really does work; it infuses magnesium into your muscles, which reduces soreness. Applying ice to any sore spots also reduces inflammation, as do over-the-counter ibuprofen medications. Finally, a gentle massage will feel good and reduce the pain you're feeling.

Walking is great way to enjoy the spring season and kick-start your fitness routine as well. By wearing the proper gear, starting out slowly and taking time to stretch when you're done, you'll be ready to face the summer bikini season in no time.

<http://suite101.com/article/start-exercising-this-spring-a109523>

Forest County Commission on Aging DOT Bus Schedule

WEDNESDAY June 12 -

•City Route - to Schaefer's / Downtown / Clinic / Crandon Public Library (8:00-12:00p.m.)

•Wabeno, Laona, Blackwell to Laona and Crandon (1:00-4:30) **Bus Driver: Hal Weisnicht**

•Crandon, Argonne, Hiles, Three Lakes and Sugar Camp to Rhinelander **Bus Driver: Bob Shepherd**
For Reservations Please Call the Bus Driver For That Day:

Hal Weisnicht: 715-478-2961

Bob Shepherd: 715-478-2683



TOPIC OF THE MONTH

"Casserole"

MEAL SCHEDULE

CRANDON, WABENO, LAONA

MONDAY - June 10 - Beef pot roast, mashed potato, monte carlo vegetable, dinner roll, chocolate cake

MONDAY - June 17 - Baked chicken, 1/2 baked potato with sour cream, beets, dinner roll, dutch apple square

CRANDON, WABENO, LAONA

TUESDAY - June 11 - Chicken stroganoff, egg noodles, broccoli, fruit, sourdough bread, lemon mousse

TUESDAY - June 18 - Meatloaf, mashed potato, herbed carrots, dill bread, ice cream

CRANDON

WEDNESDAY - June 12 - Pork boiled dinner with potato, cabbage and carrots, corn muffins, O' Henry Bar

WEDNESDAY - June 19 - Pulled pork sandwich on a bun, 3 bean salad, fruit, lemon bars

LAONA

THURSDAY - June 13 - Pork boiled dinner with potato, cabbage and carrots, corn muffins O' Henry Bar

THURSDAY - June 20 - Pulled pork sandwich on a bun, 3 bean salad, fruit, lemon bars

ARMSTRONG CREEK

TUESDAY - June 11 - Baked chicken breasts, mashed potatoes, carrots & peas, pears, bread, cake

TUESDAY - June 18 - Beef & macaroni hot dish, corn, peaches, bread, bars

ALVIN

THURSDAY - June 13 - Meat loaf, baked potatoes, green beans, applesauce, cookies, rolls

THURSDAY - June 20 - Chicken pot pie, mixed vegetables, peaches, bars, rolls

WABENO HOME DELIVERED MENU

MONDAY, TUESDAY same as Crandon

THURSDAY same as Laona

Please register with Commission on Aging - 715-478-3256

Crandon site manager Pat Rami is at 715-478-0742 (home) or 715-478-3040 (site). Serving at 12:00 p.m. on Monday, Tuesday and Wednesday.

Alvin site manager Florence Kostka at 715-545-4063 (home) or 715-545-3323 (site). Meal served at 4:30 p.m. on Thursday.

Laona site manager Peggy Dann at 715-674-2191 (Home) or 715-889-3321 (Cell). Meal served at 12:00 p.m. Monday, Tuesday and Thursday.

Wabeno site manager Diana Reed at 715-850-0626 (home) or 715-473-4333 (site). Meal served at 11:30 a.m. on Monday and Tuesday. Home delivered on Monday, Tuesday and Thursday.

Armstrong Creek site manager Shirley Maruszczak at 715-336-2622 (home) or 715-336-2218 (site). Meal served at 11:15 a.m. on Tuesday.

478-3640



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OBO. Call 715-902-1368.
Betc8

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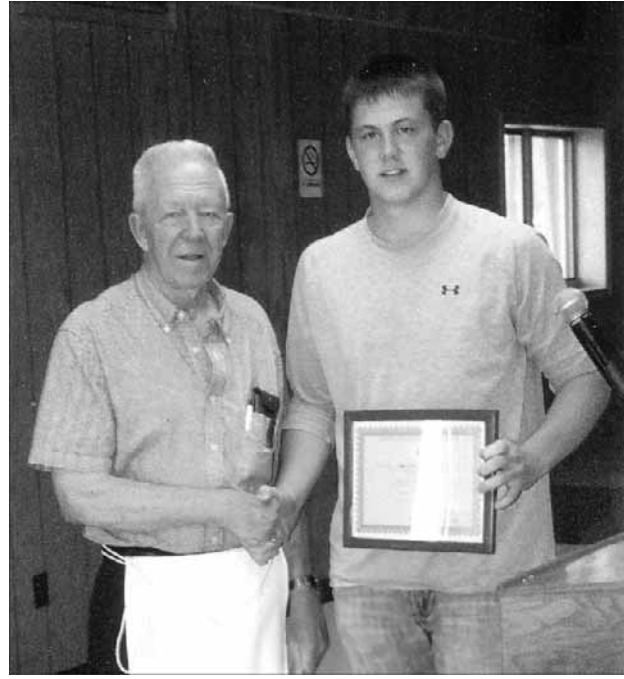
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D.J.'S RECYCLING

Hours: Mon. - Fri., 7:30 a.m.-3:00 p.m.; Sat. 8 - Noon
6516 Cty G, Cavour, WI, 715-649-3223

Ryan Schallock receives 2013 Crandon Masonic Lodge Scholarship



Ryan Schallock received the 2013 Crandon Masonic Lodge Scholarship of \$1,000.00. Brother Bill Schultz is presenting the award. Ryan plans on going to school in Green Bay to be a lineman.

Healthy Eating Habits

You can look at eating a healthy diet as way to help you live longer and be stronger, as well as a way to expand your horizons when it comes to food. There are a few basic guidelines to follow when you want to start eating a healthy diet.

Take it slow. Don't make it one big drastic change, just make it a series of small changes. If you make one big step and change everything at once you will be setting yourself up for failure.

Simplify your diet. Simplify your diet, don't go overboard with counting calories, and pay more attention to colors and freshness. You can start by adding more fruits and veggies while taking out sugary things like chocolates. Add a salad (full of different color vegetables) to your diet once a day or switch from butter to olive oil when cooking.

Moderation is key. It doesn't matter if you switch to eating healthier fruits and veggies if you still eat them in huge portions. Remember to reduce portion sizes and don't eat them as often. Don't look at certain things as off limits, when you ban certain foods, it is natural to want those foods more, and then feel like a failure if you give in to temptation.

Eat foods high in fiber. Eat foods high in fiber, things like fruits, vegetables, beans, and whole grains. These foods are considered good carbohydrates nutritious, filling, and relatively low in calories. Eat more fish and nuts, which contain healthy unsaturated fats. Substitute olive or canola oil for butter or stick margarine.

Eat your Protein. Protein gives the energy to get up and move and keep moving. A lack of protein in your diet can slow growth, reduce muscle mass, lower immunity, and weaken the heart and respiratory system. A few good sources of protein are red meats, beans, and nuts. Try not to make protein the center of your diet, but to eat a balanced meal with protein, whole grains, and fruits and veggies.

Add Calcium. Calcium builds strong bones and helps keep your body healthy. Recommended calcium levels are 1000 mg per day, 1200 mg if you are over 50 years old. The best source of calcium is going to come from dairy products such as milk and cheese. Other sources are leafy greens like mustard greens, romaine lettuce, celery, broccoli, fennel, cabbage, summer squash, green beans, and asparagus.

Drink water! Water is one of the best things for your body. It helps flush out toxins and also keeps you hydrated. Try to replace caffeinated drinks with water.
<http://suite101.com/article/healthy-eating-habits-a357603>

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(Located in the Old Church)

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Nicolet AARP



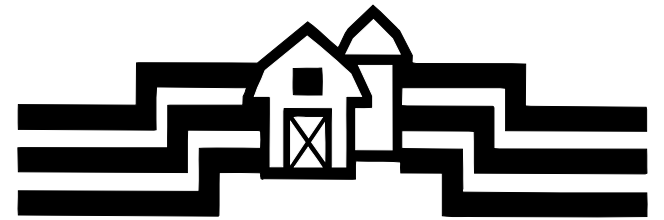
Bob Bennett, Gary Donaldson & Jim Kingsbury

The speaker for the May meeting of the Nicolet AARP Chapter 1191 was Gary Donaldson, the pharmacist from the Nicolet Pharmacy in Lakewood. Gary Donaldson spoke to the AARP group about Medicare and the benefits resulting from the Affordable Care Act commonly referred to as Obamacare. Medicare coverage has not changed much although there are a few provisions of the act which will significantly benefit recipients.

One provision is the elimination of enhanced payments to Medicare Advantage Plans which strengthens the financial future of Medicare by eliminating a program which had very little benefit to recipients but added significant cost to the Medicare program. Another provision is to gradually eliminate the "donut hole" for drug coverage which will reduce cost to enrollees while improving access to care. Some members were skeptical, but it has been shown that too many Medicare recipients quit taking the drugs that they need when they reach the donut hole resulting in expensive care later. Obamacare is a politically sensitive subject and this generated much discussion, but members agreed that statistics show the United States in comparison with other industrialized nations has had the highest cost of care and is among the lowest in providing access to healthcare for its citizens. Mr. Donaldson closed the discussion with the announcement that he is now licensed to provide vaccinations at the pharmacy including shingles vaccines for people 50 years and older.

The Nicolet AARP Chapter members attended two special outings in May. The first was a trip to Oconto where several members car-pooled to watch the Machickanee Players perform. Members had a delicious chicken and tips dinner and watched the play "Tally Up," a thoughtful comedy. The second outing was the annual Spring Fling held at Lynda's Sky Harbor in Crivitz. Members enjoyed a delicious meal of chicken and ribs followed by entertainment.

Submitted by Dick Culver, Public Relations
Chairman



Laona Elementary study in the school forest



On May 29, Laona elementary students spent the morning in the school forest. They enjoyed many different activities including scavenger hunts, learning how to use a GPS, and tree identification. There were lessons on worms, bats, and forest productivity. Everyone had a great time!



Oconto County Residents Attend Republican Convention in Wausau



Republican Party of Oconto County Chairman Kevin Barthel of Lakewood receives the Wisconsin Award from Governor Scott Walker, US Congressman Paul Ryan and Chairman of the Republican Party of Wisconsin Brad Courtney at the Republican Party of Wisconsin Convention in Wausau on May 4th, 2013.

Wausau Ten Members of the Republican Party of Oconto County were on hand at the 2013 State Convention of the Republican Party of Wisconsin held at the Patriot Center in Wausau from May 3rd to 5th. Drawing 1000 Delegates and guests from throughout the State, the attendance was a record for a non-election year Convention. The Convention was the first ever held in Wausau and was chaired by 7th Congressional District US Congressman Sean Duffy from Weston. Highlights of the event were the informative and inspiring speeches delivered by Governor Scott Walker, Lt. Governor Rebecca Kleefisch, US Congressman and 2012 Republican Vice Presidential candidate Paul Ryan, State Senate Majority Leader Scott Fitzgerald, Speaker of the Wisconsin Assembly Robin Vos and Chairman of the National Republican Committee Reince Priebus. The Convention also featured a lively floor session leading to the adoption of the State Party Resolutions. A great addition to the Convention was a food drive that collected over 2,000 pounds of non-perishable items for the Hunger Coalition of the United Way of Marathon County.

The Oconto County GOP was again very active at the Convention with members serving on the Convention, Communications, Rules and Credentials Committees and Oconto County GOP Chairman, Kevin Barthel of Lakewood, delivered the Benediction Prayer closing the Convention. For the third straight year, the Oconto County Party's hard work was rewarded with a Wisconsin Award for excellence in party activities and volunteerism. Chairman Barthel received the award at the Annual Chairman's Banquet on behalf of all the Oconto County members from Governor Walker, Congressman Ryan and Chairman of the Republican Party of Wisconsin Brad Courtney. Anyone interested in joining the Republican Party of Oconto County is welcome to contact us at ocontorepublicans@gmail.com, join us at our annual summer picnic in Gillett on August 3rd or stop by our booth in the tent at the Oconto County Fair on August 22nd to 25th.

Benefits of Eating a Healthy Breakfast

While skipping breakfast may seem like a good idea when in a hurry, studies show the benefits of eating a healthy breakfast are worth taking a few minutes to eat. There are many benefits of breakfast, including:

- Boosts metabolism: Skipping meals causes the metabolism to become sluggish, but eating speeds the metabolism up because the body is burning calories when its digesting food. Breakfast is the first opportunity of the day to fuel the body and get the metabolism running.
 - Increases Energy: Studies indicate that those who eat breakfast have higher energy levels than those who skip breakfast.
 - Lowers cholesterol levels: Soluble fiber found in foods such as oatmeal, oat bran, citrus fruits and strawberries has been shown to lower cholesterol levels, thereby reducing the risk of heart disease.
 - Improves concentration: Research shows that those who eat breakfast have better concentration, memory, and problem-solving skills than those who skip breakfast.
 - Aids weight loss: Those who eat breakfast eat fewer calories throughout the day and lose more weight compared to those who do not eat breakfast. Also, those who opt out of eating breakfast are usually famished by lunchtime and tend to overeat.
- Keeps blood sugar levels stable. Eating a breakfast consisting of sugary cereal

or a doughnut causes blood sugar to spike, leading to hunger and carbohydrate cravings. A healthy breakfast keeps blood sugar levels stable, thereby decreasing cravings and hunger throughout the day.

Quick and Healthy Breakfast Ideas

A nutritional breakfast should always consist of complex carbohydrates, proteins, and fats. Some quick and healthy breakfast ideas include:

- Oatmeal with fresh fruit and whole-grain toast
- Scrambled eggs with a slice of whole-grain toast and a pat of butter
- Veggie omelet with a sprinkling of cheddar or mozzarella cheese on top
- High fiber muffins with fresh fruit and a glass of juice or low-fat milk
- Whole grain waffles or pancakes and turkey sausage or bacon
- Cold cereal that is high in fiber and low in sugar with low-fat milk, and fresh berries
- Whole-grain toast with peanut butter and a piece of fresh fruit

Sometimes eating actual food in the morning isn't always an enticing thought. Another option is to drink a fruit smoothie made up of fresh fruit, low-fat milk or juice, yogurt, and a scoop of protein powder. Another option may be drinking a meal replacement shake, but make sure to read the label and make sure that any meal replacement shakes has a well-balanced ratio of carbs, protein, and fat.

References: American Dietetic Association, American Heart Association

Thank You & Personals

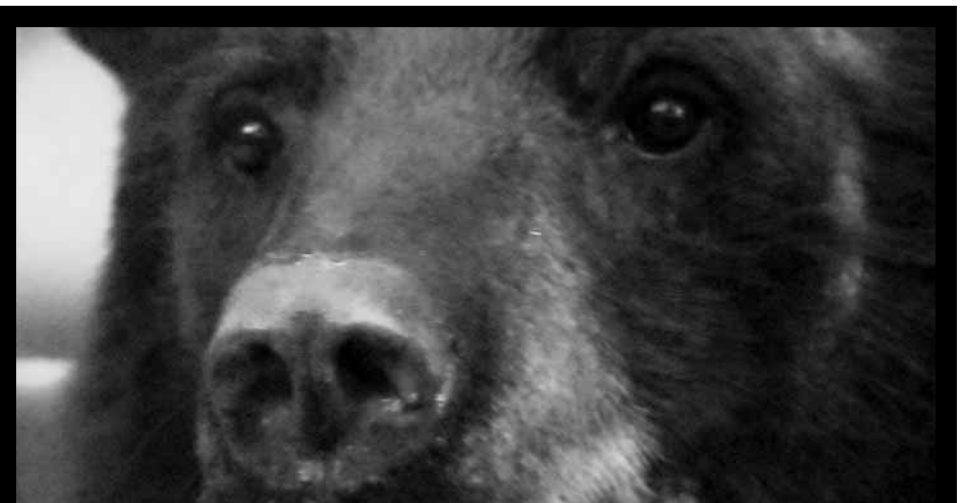
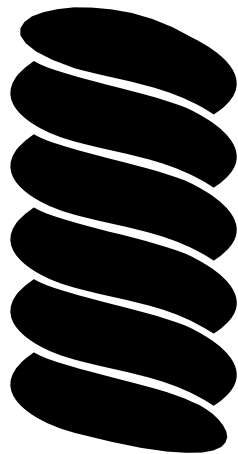


A BIG THANK YOU

to Steve Mertens, Jane Albrecht, Ted Ludeman and Pete Beairl for their help when I had the accident in church. Hope Gilligan, Rick Enders and Alex Sohrweide were wonderful on the Rescue Squad. Thank you, all of you, who sent flowers, cards and most of all, your prayers. Each day is a little bit better. God Bless all of you, Marilyn Collins



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Laona High School Class Of 2013

The graduating members of The LHS Class Of 2013 received numerous scholarships and/or awards at their senior banquet on Thursday, May 30th.

The members of the class who were recognized are as follows:

LAONA HIGH SCHOOL CLASS OF 2013

- Jake Ambrosius - Laona Education Association Vocational Scholarship(alternate), Laona Quarterback Club Scholarship (recipient), Laona Volunteer Fire Department "Arleigh Yaeger - Jack Carter Memorial Scholarship"(recipient), Nicolet College Foundation "Storm Carroll Memorial Scholarship"(recipient), St. Leonard's Catholic Parish Scholarship (recipient)
- Austin Babich - Cook-Elfors Veterans Of Foreign Wars Post, Number 6823, Scholarship(recipient)
- Nicole Babich- Erna Rousseau Scholarship(recipient), Evelyn Boyce Meinecke Scholarship (recipient), Forest County Highway Employees Local, Number 1057 (recipient), Laona Chapter Of The National Honor Society Scholarship From The American Red Cross (recipient), Laona Education Association Future-Teacher Scholarship (alternate), Laona Lions Club Scholarship (recipient), Laona Willing Workers Scholarship (recipient), Nicolet College Foundation "Community Scholar Award" Nicole Babich, Roberts Lake Association, Incorporated, "Ron Garrity, Sr., Memorial Scholarship"(alternate), St. Leonard's Catholic Parish Scholarship (recipient), University Of Wisconsin-Green Bay "Founders Association Scholarship" (recipient)
- Brea Bandt - Laona Quarterback Club Scholarship (recipient)
- Jessa Belland- Don Huettl Memorial Scholarship (recipient), Laona Education Association General Scholarship (alternate), Laona Quarterback Club Scholarship (recipient)
- Alanna Benaszkeski American Legion, Sylvan Post Number 44, Scholarship (recipient), Carol Sopkowicz Memorial Scholarship(alternate), Cook-Elfors Veterans Of Foreign Wars Post, Number 6823, "Good Citizenship Award"(recipient), David N. Connor Memorial Scholarship (recipient), Laona Chapter Of The National Honor Society(recipient), Laona Education Association General Scholarship(alternate),Laona Lions Club Scholarship(recipient), Northwoods Community Credit Union Scholarship(recipient), Roberts Lake Association, Incorporated, "Ron Garrity, Sr., Memorial Scholarship" (recipient), Wisconsin Academic Excellence Higher Education Scholarship(recipient)
- Charles Bey - Scholarship In Memory Of Brenda Jobelius (recipient)
- Thomas Cleereman III - Francis W. Cleereman Memorial Scholarship (recipient)Laona Quarterback Club Scholarship (recipient)
- Logan Chrisman - Laona Quarterback Club Scholarship(recipient)
- Tyler Enders - Forest County Highway Employees Local, Number 1057(recipient), Laona Education Association Vocational Scholarship(recipient), Laona Woman's Club "Edith Evans Memorial Scholarship"(recipient), Nicolet College Foundation "A Day For Nicolet Scholarship" (recipient)
- Danielle Flannery- Don Huettl Memorial Scholarship (recipient), Laona Chapter Of The National Honor Society Scholarship From The American Red Cross (recipient), Laona Quarterback Club Scholarship (recipient)
- Catherine Krawze - Don Huettl Memorial Scholarship (recipient), Laona Quarterback Club Scholarship (recipient), Ministry Medical Group-Northern Region Scholarship (recipient), St. Leonard's Catholic Parish Scholarship (recipient)
- Morgan Krawze - Don Huettl Memorial Scholarship (recipient), Laona Chapter Of The National Honor Society Scholarship From The American Red Cross (recipient), Laona Lions Club Scholarship (alternate), Laona Quarterback Club Scholarship (recipient), Ministry Medical Group-Northern Region Scholarship (recipient) St. Leonard's Catholic Parish Scholarship(recipient)



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Cardinal PRIDE Monthly Winners



If you see these students please congratulate them on their positive behavior!
 Back, Left to Right: Gizhgobneshikwe Daniels, Skyler Holm and Tamara Bocek.
 Front, Left to Right: Mavrik Mayer, Charlie House and Jayreed Frank. Not pictured: Nevada Peterson

Cardinal PRIDE Winners for the Month of May



If you see these students please congratulate them on their positive behavior!
 Back, Left to Right: Tehya VanZile, Evan Kincaid, Troy Soldier & Halle Reeder
 Front, Left to Right: Tyrell Westimayer, Brexden Kane and Tyrone Lakehouse

- Kimberly Mentz- Erna Rousseau Scholarship (alternate) Evelyn Boyce Meinecke Scholarship (recipient), Forest County Highway Employees Local, Number 1057 (alternate), Laona Education Association Future-Teacher Scholarship (recipient), Nicolet College Foundation "A Day For Nicolet Scholarship" (recipient), Nicolet College Foundation Employee Scholarship (recipient), Nicolet County Club Scholarship (recipient), Roberts Lake Association, Incorporated, "Ron Garrity, Sr., Memorial Scholarship"(recipient)
- Megan Milan - Laona Quarterback Club Scholarship (recipient), Laona Woman's Club "Edith Evans Memorial Scholarship"(alternate), St. Leonard's Catholic Parish Scholarship(recipient)
- Zachary Reeves - Cook-Elfors Veterans Of Foreign Wars Post,Number 6823, Scholarship(recipient), Forest County Chapter, Number 43, Of The Disabled American Veterans(recipient), Laona Chapter Of The National Honor Society Scholarship From The Laona Lions Club (recipient), Laona Education Association General Scholarship(recipient), Laona Quarterback Club Scholarship(recipient), St. Norbert College "Presidential Scholarship"(recipient)
- Azalia Shears - Laona Quarterback Club Scholarship (recipient),Laona Rescue Unit, Incorporated, "Richard Gilligan Memorial Scholarship" (second alternate), Laona Rescue Unit, Incorporated, Scholarship (second alternate)
- Shania Simonis- Laona Quarterback Club Scholarship (recipient)
- Stephanie Slimmer - Cook-Elfors Veterans Of Foreign Wars Post,Number 6823, "Norbert Stauber Memorial Scholarship"(recipient), Forest County Chapter, Number 43, Of The Disabled American Veterans (alternate), Laona Rescue Unit, Incorporated, "Richard Gilligan Memorial Scholarship"(first alternate),Laona Rescue Unit, Incorporated, Scholarship(recipient), Laona Volunteer Fire Department "Arleigh Yaeger-Jack Carter Memorial Scholarship"(recipient), Ministry Medical Group-Northern Region Scholarship(recipient)
- Emily Terry - Don Huettl Memorial Scholarship (recipient), Laona Quarterback Club Scholarship (recipient), Laona Veterans Of Foreign Wars Ladies' Auxiliary Scholarship(alternate)
- Molly Thornton- Alverno College Scholarship (recipient), Cook-Elfors Veterans Of Foreign Wars Post, Number 6823, Scholarship(recipient), Community Mental Health Foundation Scholarship(alternate), Don Huettl Memorial Scholarship(recipient), Evelyn Boyce Meinecke Scholarship(alternate), Laona Quarterback Club Scholarship(recipient), Laona Veterans Of Foreign Wars Ladies' Auxiliary Scholarship(recipient), St. Leonard's Catholic Parish Scholarship (recipient)
- Samantha Trebtsoske - Carol Sopkowicz Memorial Scholarship(recipient), Community Mental Health Foundation Scholarship(recipient), Forest County Highway Employees Local, Number 1057(alternate), Laona Chapter Of The National Honor Society(recipient), Laona Chapter Of The National Honor Society Scholarship From The American Red Cross(recipient), Laona Education Association General Scholarship (recipient), Laona Lions Club Scholarship(recipient), Laona Rescue Unit, Incorporated, "Richard Gilligan Memorial Scholarship"(recipient), Laona Rescue Unit, Incorporated, Scholarship(first alternate), St. Leonard's Catholic Parish Scholarship (recipient)

Congratulations, everyone; and best of luck in all of your future endeavors!

