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Volume 37, No. 40 January 09, 2023 (715) 478-3640 or 1-800-234-2152 Fax: (715) 478-3540 email: pionexp@newnorth.net

Crandon Lions provide gifts to elementary students



Crandon Lions and Friends of Lionism met at Lion Larry Sommer's house to prepare over 400 gift bags for Crandon 4K and elementary students. Oranges, apples and snacks were purchased at Schaefer's IGA. Schaefer's donated the bags and ties and the *Pioneer Express* provided the gift tags.

Gift bags were presented to the students at their Christmas program by Mr. and Mrs. Santa. The students sang Christmas songs and had a great time.

The Crandon Lions wish is that all students, teachers and community residents had a great Christmas and the Lions wish all a healthy New Year.

Wabeno Area Players celebrates 40th Season!



The Wabeno Area Players, Northern Wisconsin's theatrical gem, celebrated their 40th Anniversary with a successful 2022 season of plays and concerts. What a year it was, starting up again after the pandemic and pushing forward with slight Covid disruptions.

The Players are now anxious to launch their 2023 season. They promise it will be another line-up of fantastically fun and amazing shows. There will be a concert of talented young musicians from Wisconsin, a beloved dramatic comedy, a mystery comedy, an historical tribute, and an hilarious musical comedy.

The titles and dates of the 2023 shows will be released at the Wabeno Area Players 2023 Season Launch Party. Our fans, patrons, members and sponsors are invited to join in the celebration on Sunday, January 15, 2023 at 6:30 8:30pm. The party will be at Madonna Hall in Wabeno, WI, 4265 N. Branch, behind St. Ambrose Catholic Church. There will be information about WAP's 2023 Season, a dessert table, beverages and door prizes. Please RSVP by January 12 by using the form at www.wabenoareaplayers.com or call 715-473-5466.

SPREAD THE WORD... Come help us celebrate the beginning of our 41st season!

Conservation Corner

Conservation Corner is a weekly article produced by the Forest County Land & Water Conservation Department. For more information contact Steve Kircher, County Conservationist-Land Information/GIS Director, at 715-478-1387 or by e-mail at lcc@co.forest.wi.us.

Recently, a Red Fox skipped through my yard looking for one of the squirrels that frequent our feeders. That visit made me think of how many different foxes we have here in Wisconsin.

After some research, I learned that we have two members of the fox family: the Red Fox and the Gray Fox. Both are furbearer species in Wisconsin. Furbearer means their fur has commercial value.

Red fox (*Vulpes vulpes*) characteristics:

- reddish fur and a bushy tail that often has a white tip
- there are different color phases a red fox goes through, including black, silver, and a cross between red and silver. lower part of the legs is usually black
- about 3-3 1/2 feet in length, slinky and long-legged, they only weigh 9-12 pounds full grown
- eats small mammals, rabbits, squirrels, and birds
- tend to be solitary and do not form packs like wolves
- individuals and family groups have main earthen dens and often other emergency burrows in the home range.
- The same den is often used over a number of generations adaptable and can be found in rural, suburban, and urban areas.
- live throughout Wisconsin
- in Wisconsin there is a restricted trapping season on red foxes and a license is required
- the red fox lifespan is on average 3 years in the wild
- eats between 1-2 pounds of food each day

Gray fox (*Urocyon cinereoargenteus*) characteristics:

- smallest canine found in Wisconsin
- gray fur with white on the chin and throat with a brown underside
- black stripe down the top of their tail and do not have the white tip on the tail like red foxes
- unique in that they have semi-retractable claws that allow them to climb trees. They are one of the only two canine species in the world that possess this characteristic. tend to prefer wooded areas since they can climb trees to escape predators
- more common in southern Wisconsin
- in Wisconsin there is a limited trapping season on gray foxes that require the appropriate license.
- the gray fox is primarily nocturnal or crepuscular, but is occasionally observed during broad daylight
- considered to be more social than the red fox (and the arctic fox) because only the gray fox exhibits allogrooming (social grooming)



Open Sky Photography in Crandon



By Mike Monte

Amber Gee is following her interest in photography by opening a new photography business in Crandon. It is named Open Sky Photography.

Amber said she will be available for photographing engagements, weddings, graduations, Senior photos, newborns and maternity photos, baby showers, family portraits and boudoir shots, as well as any event where a photographer is needed.

She is trained for this profession. Amber attended college and earned a digital associate degree, so she knows what she is doing!

Her new business is located on the upper floor of the Human Restoration building on Crandon's west side, just to the west of City Hall.

If you would like to use Open Sky's services, you can contact Amber at 715-612-2885. She also has a website at openskyphotography.wixsite.com. She can easily be found on Google as well.

The *Pioneer* wishes Amber luck and a thriving business venture.



Laona Lions Predator Hunt

This Saturday, January 7th, the Laona Lions will be having their Predator Hunt, which is headquartered at Senolih's Bar, in Laona.

Register and pick up mouthpiece between 5 and 9 p.m. on Friday. Hound hunters and callers are both welcome. The entry fee is \$10 per hunter. Weigh in is from 5-7 p.m. Saturday. Prizes for largest, smallest and the most coyotes and the largest bobcat and fox.

The meat and gun raffles begin at 2 p.m. Even if you don't hunt, you will enjoy the raffles and the B.S.!

Positive cases of covid-19 in Forest County

Forest County Public Health officials have confirmed 26 individuals have been diagnosed with novel coronavirus infection (COVID-19) since December 1, 2022 with either a PCR, antigen, or home test. County health officials and local partners are contacting individuals who test positive as able. There have been 7 deaths this year related to COVID-19. This is a snapshot of the numbers as they are continuously changing throughout the day.

The Forest County Health Department encourages community members to get vaccinated, practice good hand hygiene, wear a mask or cloth face covering when necessary, and stay alert for symptoms of COVID-19. If you are experiencing any symptoms or have been exposed to someone with COVID-19, please contact your health care provider and ask to be tested. If positive, please isolate yourself away from others for 5 days since symptom onset and wear a mask for the 5 days following your release from isolation.

A limited supply of free at home COVID-19 test kits are now available at the Forest County Health Department. To pick up yours today, please call 715-478-3371. For your convenience, free at home COVID-19 tests are also available to be shipped to your home monthly by visiting www.sayyescovidhometest.org. You may call the Forest County Health Department to assist you in this process.

In an effort to keep our community members up-to-date on COVID-19, the Forest County Health Department will continue to update our Facebook page and local newspapers every 15th and 30th of each month with current COVID-19 case counts as capacity allows. Please call our office at 715-478-3371 with any questions or concerns.

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Habanero Pepper Bacon Angus Burger-8 oz Hand Patty Angus Burger with a Habanero Pepper Bacon JAM with Crispy Bacon & Swiss Cheese & Red Onions, served with pickles on a Grilled Brioche Bun

Tenderloin Steak Quesadilla-Tenderloin Steak, Sauteed Onions, Green Peppers, Cheddar Cheese and a Homemade Sriracha Mayo on a Black Bean Tortilla

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Avoid a heart attack while shoveling snow

The first day of winter is has arrived. Driveways and walkways will soon be coated in a thick blanket of snow as people reach for their shovels to do what some consider a dreaded chore.

As big winter storms leave a number of Midwesterners with several inches of snow to clear, many will find themselves removing pounds of snow this year. However, this annual task can put some at risk of a heart attack.

Shoveling snow is a big snow removal task and takes a large amount of energy. Snow removal can turn into a high-intensity exercises that uses all major muscle groups incorporating strength, cardio, and endurance.

Sudden exertion, such as shoveling hundreds of pounds of snow or even pushing a heavy snow blower after being sedentary for several months, can put a big strain on the heart.

"Many don't realize that shoveling snow can be an extremely physically demanding task that some people's bodies just aren't ready to handle. Instead of daily trying to walk or run a mile, many people are suddenly jumping into a marathon. They go beyond what they are capable of doing and because of that they develop a lack of blood flow to the heart and have a heart attack," says Daniel Krause, DO, Aspirus Cardiologist.

Those most at risk of experiencing a heart attack while shoveling are people over

the age of 60; people with a history of heart disease or underlying heart conditions; those with high blood pressure or diabetes; and those who have experienced a previous heart attack.

"If you develop shortness of breath or extreme exhaustion, you need to take a break and come back to the tasks later," says Dr. Krause. "If you continue to have symptoms like shortness of breath or chest pain after three to five minutes, call 911 or visit the nearest Emergency Room."

For those who find shoveling snow to be too strenuous for the body, don't be afraid to reach out to a friend or relative for help.

National Safety Council recommends the following tips to shovel safely this winter:

- Do not shovel after eating or while smoking
- Take it slow and stretch out before you begin
- Shovel only fresh, powdery snow; it's lighter
- Push the snow rather than lifting it
- If you do lift it, use a small shovel or only partially fill the shovel
- Lift with your legs, not your back
- Do not work to the point of exhaustion
- Know the signs of a heart attack, if symptoms occur stop immediately and call 911

Continued in next column ➔

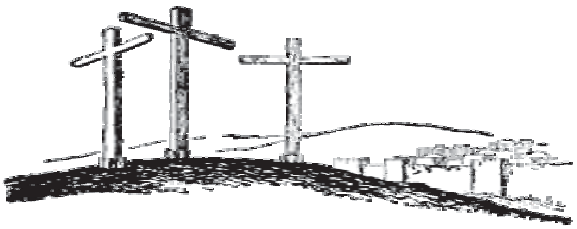
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AREA EVENTS

**Crandon Public Library
Storytime**

The Crandon Public Library Storytime. Storytime is for ages 0 to pre-school, and is held on Tuesdays at 10:30 a.m. in the lower level of the library.

SAVE THE DATE!

**Crandon Cardinal Trap
Team Fundraiser
February 11, 2023**

**PREDATOR HUNT!
All Are Welcome!**

**Food, Raffles & Drawings
All proceeds go to the
TRAP TEAM**

HELP WANTED

**Job Posting
Town of Laona**

The Town of Laona has a part-time position opening for a cemetery attendant. The position will be estimated at 40 hours per week during the spring/summer and on call during winter, and may include weekends.

The attendant is responsible for the overall presentation and appearance of the cemetery, which includes: mowing of grass using riding and hand mowing equipment, trimming vegetation and trees, planting of new grass, and plotting of cemetery plots. Additional responsibilities may occur. Any questions please call the town office at 715-674-4701.

Applications can be picked up at the Laona Town Hall and must be received by January 31st.

Jessica Thornton-Town Clerk



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Terms: \$10,000 down payment non-refundable, cash/cashier's check. Closing 45 days or upon paper completion. (10% buyer's fee added to winning bid). Bidders must request bid form by calling St. Louis Auctions LLC. 715-367-1668, (6728 Whitefish Lk. Rd., Three Lakes, WI 54562). R.W.A.s: Col. Rene' Brass #424, Col. Robert St. Louis #450.

NOTICE

Help Wanted

**Seasonal Plow Driver
TOWN of LAKEWOOD**

The Town of Lakewood is looking to fill Seasonal Plow Position within our Highway Department. This opening would be an on call position December thru April.

The applicants for the positions should have the following qualifications:

1. Minimum Class B CDL License
2. Willing to work on call basis during winter months
3. Minimum 50 pound weight restriction
4. Good Mechanical Aptitude, ability to fix and maintain equipment
5. Experience with machinery, equipment and chainsaw
6. Good Public Relations
7. Submit to a pre hire Department of Transportation drug test

Starting salary will be dependent on the applicant's qualifications. Work hours are varied; generally be between 7:00 a.m. to 4:00 p.m. Applicant must be able to work weekends with variance of hours due to in climate weather and emergency situations. For further information, please send e-mail request to djackett@townoflakewood.com

Interested parties may submit their resume and application including references in person during normal clerk hours or by mail to:

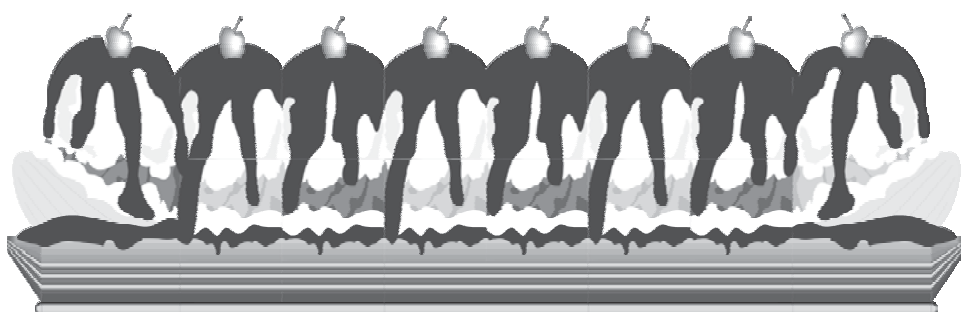
Town of Lakewood, P.O. Box 40,
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The application period will be open until positions are filled.

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Town of Lakewood

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NOW IS THE TIME TO LIST WITH US

CRANDON: No snow to shovel! 1 bedroom apartment available at the Glenview Senior Apartments. Specifically built for persons 62 years of age or older, handicapped/disabled individuals regardless of age. Rent starts at \$620.00 per month until rental assistance is available and includes water, sewer, garbage pickup, HEAT, major appliances, off street parking and laundry facilities. We accept vouchers. Call 1-800-938-3229 for an application or more information. This institution is an equal opportunity provider and employer.

Wabeno- Orchard Ridge Apartments. 2 & 3 bedroom apartments available. Rent is based on 30% of your gross adjusted income. If rental assistance is not available, rent for a two bedroom starts at \$620.00 per month and a three bedroom starts at \$650.00 per month. Rent includes water, sewer, garbage and heat. Major appliances, off street parking and laundry facilities. If you would like an application, please call 1-800-938-5648. This institution is an equal opportunity provider and employer.

Three Large 2nd level office spaces with reception area available for lease in a newly built, multi-use professional building at 505 W. Glen Street in Crandon, WI. Lease prices include heat, electricity, internet and CAM.

- 1) 315 SF, sink, closet
- 2) 195 sf desk, closet
- 3) 225 sf, cabinets salon sink, closet.

Call 715-889-0738

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Recreational

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FOR SALE: Viper Eskimo Mako M43 Ice Auger, 8' new blades. Like new \$200 OBO. CALL 715-487-4181 P40

FOR SALE: NEW: Single shot 12 gauge shotgun with 3 chokes \$150.00 Stabilizing hitch for camper \$150.00 32" Circle Saw \$100.00 Call 715-478-3500. If no answer, leave message. P40

FOR SALE

Aspirus Health shares tips to making those resolutions stick

It happens every year. You're jazzed in January to get in shape, stop smoking, eat better--to achieve your goal. But by February, your New Year's resolution has gone out the window. Does that pattern sound familiar?

"Don't throw in the towel just yet," advises Leigha Moll, Psychotherapist, Aspirus Koller Behavioral Health. "You've got to stack the odds in your favor by starting with what intrinsically motivates and excites you. Start with small, easily repeatable actions that positively contribute to your 2023 outcome goal, and then gradually scale your way up as the small actions become routine habits."

Here are 5 tips from the American Psychological Association (APA) to help you do it:

1. Start small. Make resolutions that you will be able to keep. If you're starting a new fitness routine, find a cadence that is realistic for your schedule. Do you want to exercise more frequently? Put it on the calendar for three or four days a week instead of seven.
2. Change one behavior at a time. Making health and fitness your resolution can be overwhelming. There are a lot of factors to tackle, from physical fitness to diet to sleep hygiene, so take it slow. It's important to remember that we build unhealthy behaviors over time, so changing them takes time as well.
3. Talk about it. Find like-minded people to share your experiences with. Consider taking a workout class at your gym or pairing up with a resolution buddy-somebody with the same or a similar goal. Change is easier if you don't attempt it alone. And spread the news about your resolution. The more friends and family you tell, the more accountable you will feel.
4. Don't beat yourself up. So you skipped the gym a couple of times or overate on salty snacks one weekend. You slipped up, but so what? Missteps are normal. And one key to successful behavior change is resiliency. Tomorrow really is another day--it's your chance to get back on track.
5. Ask for support. You don't have to do it on your own. If you're feeling overwhelmed or are unsure of how to achieve your wellness goals, consider seeking professional help. Your Aspirus provider will be able to offer strategies to help you make adjustments or connect you with additional resources.

Recreational



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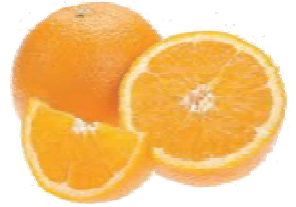
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BIDS AND NOTICES

TOWN OF LINCOLN TRANSIENT RENTAL OWNERS

Are you renting your home or cabin? Are you considering renting your home or cabin? Please contact the Clerk/Treasurer to obtain your 2023 Renter's packet.

As a reminder, those who are renting on a transient basis are required by law to apply for an accommodation rental permit and are required to collect a 4.5% room tax per Town of Lincoln ordinance. Please request your packets by emailing townoflincolnwi@gmail.com or call (715)889-2000 for more information.

Wabeno School Breakfast Menu Jan. 9-13

Monday - Pancakes, sausage links, banana, fruit juice, milk
Tuesday - Breakfast bites, hashbrown patty, tropical fruit, fruit juice, milk
Wednesday - Late start
Thursday - Assorted cereal, yogurt, banana, fruit juice, milk
Friday - Breakfast pizza, pears, fruit juice, milk

Wabeno School Lunch Menu Jan. 9-13

Monday - Crispito, Spanish rice, mixed vegetables, peaches, garden bar, milk
Tuesday - Assorted pizza, garlic breadstick, carrots, applesauce, garden bar, milk
Wednesday - Smoked pork loin, mac and cheese, baked beans, mandarin oranges, garden bar, milk
Thursday - Cheeseburgers, potato wedges, coleslaw, pears, garden bar, milk
Friday - Meatloaf, mashed potato/gravy, green beans, grapes, garden bar, milk

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BIDS AND NOTICES

NOTICE: TOWN OF HILES

Town of Hiles Winter Reminder:
Please do not plow snow from private driveways into or across the roads. This is very dangerous as it can cause accidents and damage snow plowing equipment. This is also prohibited by Wisconsin statute 86.01, 86.07 and 346.94.
Thank you for your help in keeping the roadways safe for everyone including our road-crew this winter.
-The Hiles Town Board

Laona Board of Education Regular Meeting

**Wednesday, January 11, 2023 • 5:30 p.m.
Room 24, C.L. Robinson Elementary School**

1. Call to Order
2. Pledge of Allegiance - Hope Gilligan
3. Approval of the Agenda
4. Public Forum (10 Minutes)
5. Consent Agenda
 - A. Bills and Claims
 - B. Meeting Minutes
6. Items for Discussion and/or Action
 - A. Senior Class Trip Update
 - B. Open Enrollment Recommendations 2023-2024
 - C. Referendum Discussion
 - D. Discussion and possible resolution to exceed revenue cap commencing with the 2022-2023 school year
 - E. Discussion and possible approval of resolution providing for a referendum election on the question of the approval of a resolution to exceed the district's revenue cap commencing with the 2022-2023 school year
 - F. School Psychologist Discussion
 - G. School Nurse Discussion
 - H. MS/HS Testing Discussion
 - I. Virtual Fridays Discussion
7. Informational Items:
 - A. Business Manager's Report
 - B. Middle/High School Principal's Report
 - C. District Administrator/Elementary Principal's Report
 - D. Board Member Reports
8. Enter Closed Session Pursuant to Wisconsin Statutes 19.85(1)(c) for considering employment, promotion, compensation or performance evaluation data of any public employee.
 - A. Personnel
9. Return to Open Session to possibly take action on items discussed in closed session.
10. Adjourn:

Notes: This meeting is a meeting of the Board of Education in public for the purpose of conducting the School District's business and is not to be considered a public community meeting.
The agenda could be subject to last minute change(s).



Ryan Lehman graduates from UWSP

Ryan Lehman didn't plan on following in his parents' and grandmother's footsteps. The Crandon native knew their occupation had its challenges and long hours.

Yet on Saturday, December 17, the University of Wisconsin-Stevens Point senior crossed the stage to earn his bachelor's degree in family and consumer sciences (FCS) education, and soon he will begin teaching middle and high school FCS classes for the New Glarus School District.

His parents have been nothing but supportive of his decision to join the "family business," he said. His mother, now retired, taught FCS in Crandon, his dad teaches middle school in Crandon and his grandmother was a kindergarten teacher in White Lake. His parents and grandparents attended UW-Stevens Point, and his mom completed her student teaching at Lincoln High School in Wisconsin Rapids, where Ryan just completed his own student teaching.

"It feels very full circle for me," he said. "I chose to major in education because of my personal values as a lifelong learner. My parents instilled it into me. There isn't a day as a teacher that you aren't learning. You learn from your students."

When Lehman first arrived at UW-Stevens Point he planned to study data analytics. Finding that it wasn't a good fit for him, he looked inward. As the youngest of four siblings, he recalls spending many hours in the kitchen with his mom and finding a love of cooking. Now when he visits home, he cooks for everyone. He also served as a cook at a golf course for four summers.

"I looked at my interests - cooking, human development and the way that people grow throughout their lives. I also knew that FCS was an option from my mom's teaching."

He attended a meeting of the Stevens Point Association of Family and Consumer Sciences student organization and within a week declared an FCS major. His professor, Susan Turgeson, coordinator of the FCS program, encouraged him to take leadership roles in the group. He has since served multiple roles, including president and vice president.

Lehman's proudest accomplishment was reestablishing the UW-Stevens Point chapter of Phi Upsilon Omicron. This national FCS honor society includes members in a range of majors, including health, dietetics and early childhood education. His efforts at UW-Stevens Point earned him the Chancellor's Leadership Award.

"Ryan's leadership with SPAFCS and Phi Upsilon Omicron helped open even more doors for students to participate in leadership and service experiences and have access to scholarship dollars," said Turgeson. "Ryan was able to think beyond the benefits to himself and create a lasting legacy. His work paved the way for the multitude of future students at UWSP."

In addition to his FCS major, Lehman has minors in health education and business administration. He will be able to teach classes in health and financial literacy at the middle and high school level.

"What we really teach are life skills," he said, from cooking and child development to home and financial planning. "Classes in family and consumer sciences build skills for a career as a chef or interior designer, yet these are skills you can also use when you have your own home, giving students a dual outlook."

As a student teacher, Lehman loved knowing students in his cooking classes enjoyed the hands-on aspects and getting to eat the fruits of their labor. They learn technical skills, problem-solving, communication, kitchen mathematics, safety and sanitation, as well as how to bake, broil and sauté, he said.

"You can see the pride on their faces when they realize they made something that smells good and tastes good," he said. "You see that lightbulb click on and see their eyes light up, and they want to keep going and keep learning."

Lehman looks forward to teaching sixth through 12th graders at his new job, building relationships and seeing them develop skills as they grow from adolescents into adults.

FCS teaching has been a traditionally female field, and he hopes to break that stigma for his students.

"Everyone needs to learn to cook," Lehman said. While domestic science was once a stepping stone for women to have a career, there is room for everyone now. I hope to be a role model for young men, who can become the FCS educators of the future."



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DEATH NOTICES

Carol Sue Shampo, 62, of Argonne, WI passed away on Saturday, December 24, 2022 at SSM Health in Madison with her children by her side. Carol was born April 13, 1960 in Laona, the daughter of Ivan and Lillian (Dreger) Howard.



Carol always loved spending time with family whether it was at family cookouts, at the lake or swimming in the pond in the backyard at her parents' house. If given the opportunity she would spend as much time outdoors as possible. She enjoyed making wreaths in the winters and berry picking in the summers. At one point she owned a flower shop, where she put her creative energies to use. Carol was always one to keep busy, was constantly on the move at all times and that was the way she liked it. In her later years her grandkids became what she love and lived for the most. She attended as many sporting and school events as possible. When she wasn't spending time with the grandkids she was watching the Packers, Brewers, or crime documentaries.

Carol is survived by her mother, Lillian Howard; daughters, Tia Shampo (Bruce Okrasinski) of Argonne and Jamie Shampo of Argonne; son, Bradly Shampo of Crandon; grandchildren, Deion, Jenna, Brandi, Preston Okrasinski and Chloe, Payton, Rya Shampo; sisters, Sharon (Buzz) Quade of Antigo and Pattie (Bob) Kegley of Tony, WI; brothers, Eddie (Theresa) Howard of Crandon, Denny Howard of Missouri, Gary (Kim) Howard of Missouri, Ron Howard (Sharon Renolds) of Crandon, Jim (Sharon) Howard of Belgium, WI and Wayne (Chris) Howard of Iron River, MI; and many nieces and nephews.

She was preceded in death by her father, Ivan Howard; brother, Duwayne Howard; and nephew, Paul Howard.

Memorial service was held on Tuesday, January 3, 2023 at 12 p.m. at Praise Chapel Community Church in Crandon with Pastor Franz Gerber officiating. Visitation will be held from 10 a.m. to time of service.

Online condolences may be left at www.weberhillfuneralhome.com.

January is National Radon Action Month

Radon comes naturally from rocks and dirt in the ground, so you cannot see it or smell it. There's always some radon in the air around us. It can become a problem when radon gas from beneath your home leaks in through cracks or gaps in the foundation and builds up in your home. Breathing in high levels of radon can increase your risk of lung cancer. In the United States, radon is the #2 cause of lung cancer after smoking and it is estimated to cause over 20,000 deaths each year.

Smoking makes radon even more dangerous. Radon and tobacco smoke from cigarettes (and cigars and pipes) can damage your lungs. When they are combined, smoking and radon are more dangerous than either one on their own. Smokers who live in homes with high radon levels have a risk of lung cancer that is 10 times higher than nonsmokers who live in homes with high radon levels.

Testing your home for radon is easy. A simple test will tell you if your home has a high radon level. Most tests last between 2 and 7 days. It's as easy as opening a package and putting the test kit in the right place. After sending the kit back to the address in the package, the company will send you your test results in about 2 weeks.

If your house has a radon problem, it can be fixed. Fixing a radon problem reduces the risk of lung cancer for you and your family.

Radon test kits can be purchased at the Forest County Health Department for \$8.00.

Take action today. Encourage your friends and family members to do the same.

Please call the Forest County Health Department at 715-478-3371 or visit our website www.forestcountypublichealth.org with any questions.

Aspirus holding in-person hiring events in Rhinelander & Woodruff

For those hoping to find a new job, expand their career, or learn more about opportunities in healthcare, Aspirus Health is hosting two area hiring events in January.

The events will be held at Howard Young Medical Center at 240 Maple Street in Woodruff on Wednesday, Jan. 11 from 4 - 6 p.m. in the cafeteria, and at Aspirus Rhinelander Hospital on Tuesday, Jan. 17 from 4 - 6 p.m. in Conference Rooms 1 & 2. No appointment or resume is needed.

Those who attend the hiring events will have the unique opportunity for a same-day, in-person interview with the local recruitment team and, if qualified, obtain an immediate job offer. Same-day hires are even eligible for a \$500 bonus.

Attendees can learn about positions currently available for: food service, housekeeping, maintenance, medical reception, supply chain, revenue cycle, phlebotomy, pharmacy techs, accounting assistants, scheduling, security, nursing, nursing assistants, and health unit coordinators.

Many career opportunities with Aspirus do not require healthcare experience; and on-the-job training is often available. The most important qualification is the desire to bring your best every day and help provide outstanding care for the patients Aspirus serves.

Those unable to attend the hiring events may apply with Aspirus online at aspirus.org/our-careers.



Lillian Audrey Kulaf
July 3, 1939-December 22, 2022
Age 83

Lillian Audrey (White) Kulaf, age 83, of Monico, WI passed away on Thursday morning, December 22, 2022, at Friendly Village Nursing and Rehab, Rhinelander, Wisconsin.

Lillian was born on July 3, 1939, the youngest child of Martin and Margarette (Hoffman) White. Lillian was raised in Monico and attended schools in Three Lakes and was a graduate of Three Lakes High School. In June of 1958, Lillian married the love of her life, Andy Kulaf. Together they had two children, Cletus Kulaf of Monico, WI and Audrey Kulaf of Wausau, WI. In addition to her children, Lillian is survived by two grandsons, Joseph Novak, Wausau, WI and Douglas Novak, Arizona. Lillian is also survived by several nieces and nephews and her dear friend, Dale, as well as her beloved cat, Baby Bear.

Over the years, Lillian spent countless hours tending to her various vegetable gardens and canning the fruits of her labor. She and Andy enjoyed many camping excursions with their children and often, with their nieces and nephews. Lillian loved animals, but her most treasured times were those spent with her loving family. Lillian was a member of the Seventh-day Adventist Church in Rhinelander, WI.

In addition to her parents and husband, Andy, Lillian is preceded in death by two brothers, Martin White and Louis White, two sisters, Belva Houle and Vivian Littleton, several brothers-in-law, sisters-in-law, nephews, and a niece.

Per Lillian's wishes, there will be no formal services. A private burial will take place at the Monico Cemetery at a later date.

Arrangements have been entrusted to the Hildebrand Funeral Home & Cremation Specialists, 24 E. Davenport Street, Rhinelander, Wisconsin, 54501, 715-365-4343. Everyone is invited to sign the guestbook or leave an online condolence at www.hildebrandrussfh.com

Forest County Commission on Aging Nutrition Program SENIOR MEALS

CRANDON, WABENO, LAONA

Monday - January 9 - Chili with macaroni, crackers, cheddar cheese, mixed greens with dressing, apple slices

Monday - January 16 - Cabbage rolls with tomato sauce, country trio veggies, whole wheat bread, pineapple, spice cake

CRANDON, WABENO, LAONA, ARMSTRONG CREEK

Tuesday - January 10 - Oven baked rosemary chicken, baked sweet potato, cauliflower, corn bread, grapes

Tuesday - January 17 - Mac and cheese, broccoli, whole wheat dinner roll, mandarin oranges, bananas and vanilla pudding

CRANDON, LAONA, ARMSTRONG CREEK, WABENO

Wednesday - January 11 - Cheeseburger bacon casserole, green beans, sliced pickled beets, whole wheat bread, apple cake

Wednesday - January 18 - Brat on a bun, steamed onions, baked beans, potato salad, chocolate chip cookie bar (**CABIN FEVER PICNIC MEAL**)

CRANDON, LAONA, ARMSTRONG CREEK, WABENO CONGREGATE & HOME DELIVERED, ALVIN (Alvin now serving at 12:30 p.m.)

Thursday - January 12 - Baked chicken, mixed vegetables, grapes, mashed potatoes, biscuit, cookie

Thursday - January 19 - Kielbasa with sauerkraut, winter squash, potato salad, dinner roll, banana pudding
Please register with Commission on Aging - 478-3256.

Crandon site is at 715-478-3040. Serving at 12:00 p.m. on Monday, Tuesday and Wednesday.

Alvin nutrition site manager Tammy Wolfe is at 715-545-3323.

Laona site manager Peggy Alderton at 715-889-3116 (cell). Meal served at 12:00 p.m. Monday, Tuesday and Wednesday.

Wabeno site manager Linda McEwen at 715-889-0123 (cell). Meal served at 11:30 a.m. on Monday, Tuesday and Wednesday.

Armstrong Creek site manager Sharon Giles at 715-674-3532 (home). Meal served at 11:30 a.m. on Tuesday and Wednesday.

This could be your classified or display ad!
Call 715-478-3640 or 1-800-234-2152
and let us help turn that stuff collecting dust into cash!

Dennis J. Sucharda, 76, of Laona, passed away Saturday, December, 31, 2022 at home while under the care of Compassus Hospice with his loving wife of nearly 54 years by his side after a courageous 6 month battle with cancer.



Dennis was born September, 25, 1946 to the late Lester and Helen (Zalubowski) Sucharda in Kenosha, Wisconsin. Following his graduation from Mary D. Bradford High School, he was drafted in the United States Marine Corp., proudly serving his country from 1966-1968.

Upon his honorable discharge from the military, he started his 46 year journey as an over the road truck driver. For 36 years, he was an owner operator. The last 10 years of his career, he drove for R&L Carriers of Milwaukee.

After his retirement, he and Janice purchased land and built their retirement home near Laona, Wisconsin. In his free time he could be found hunting, fishing, watching NASCAR and occasional trips to area casinos. Dennis was also a collector of old cars, thus leading him and Janice to car shows such as Lola and Jefferson, Wisconsin.

Survivors include his wife, Janice; nieces; nephews; and many great family friends.

He was preceded in death by his parents; son, Dennis Jr. "DJ"; and brothers, John and Patrick.

Visitation will be held on Friday, January 13, 2023 at Proko Funeral Home located at 5111-60th Street, Kenosha, WI 53144 from 10 a.m.-12 p.m. Services will be held at 12 p.m. with Pastor Charlie Hanson officiating. Burial will follow services at All Saints Cemetery in Pleasant Prairie where Military Honors will be conducted.

Online condolences can be made by visiting www.weberhillfuneralhome.com.



A message from Mark Gatton and the crew: Welcome to our NEW DRIVERS!

We have three new drivers: Christ, Bob and Mike and they are just dying to drive you around. We also have a new Transit bus (in picture above) that rides like a dream! Let us show you what a great time you can have. We average 4 to 6 passengers and would love to bump that up a bit.

To jump on board, just give me a call or send a text to 715-889-0859.

The bus service is for those ~~55 years and up~~ **OF ALL AGES!** Those over 55 have first dibs but anyone can ride in the unused seats (never full so far). We have a power wheelchair lift and walkers are welcome. The ride costs you \$4 and optional lunch can be had for \$10 to \$15 on average. We pick you up and drop you off at your home and help with your packages!

Thursday, Jan. 5: Rhinelander

Tuesday, Jan. 10: Iron Mountain

Thursday, Jan. 12: Rhinelander

Tuesday, Jan. 17: Antigo

Thursday, Jan. 19: Rhinelander

Tuesday, Jan. 24: Rhinelander

Thursday, Jan. 26: Iron Mountain

Tuesday, Jan. 31: Rhinelander

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We would like to take this time to remind you, if you missed the December Open Enrollment you can still secure health coverage for 2023 starting February 1st.

Contact Cheri and she can help you secure health coverage based on your needs at **NO CHARGE** to you!

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For Old Times Sake



It's Spring Fling in Townsend! This picture is from the early 1990's. It was always a great way to celebrate the end of winter and the beginning of summer to go to Spring Fling. For many, it was a chance to perform, and for the rest of us, it was great entertainment.



It was a big year for Spring Fling! Mickey Mouse was there and the Mickey Mouse Club!



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For Old Times Sake



Welcome to the Trump Lake Fishoree back in 1992! Some things don't change. Trump Lake and the Pavilion are still in the same spot. People, however do change.

If you look carefully, you will pick out younger versions of people you know in the top picture. The youngster with the northern pike, however, has certainly changed. Taking into account that this picture is over 30 years old, the young fisherman is now in his mid thirties, and likely has kids of his own. If anybody recognizes this kid/grown up give us a call!

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