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Conservation Corner

Conservation Corner is a weekly article produced by the Forest County Land & Water Conservation Department. For more information, contact Steve Kircher, County Conservationist-Land Information/GIS Director, at 715-478-1387 or by e-mail at lcc@co.forest.wi.us.

Last week, I noticed that Lake Metonga had finally froze up. Well, this past week, there was a fishing boat out on the lake. They must have been catching fish because they were there most of the afternoon into the early evening. This event made me think of how climate change is impacting us here in Northern Wisconsin. Climate change is an undeniable reality that is reshaping ecosystems and weather patterns across the globe. While its impacts are felt globally, the effects on specific regions can vary significantly. Northern Wisconsin is witnessing a range of environmental transformations that demand attention and action.

One of the most noticeable effects of climate change in Northern Wisconsin is the alteration of temperature patterns. Winters are becoming milder, with a decrease in the duration and intensity of cold spells. I can't remember another Christmas without snow. Conversely, summers are experiencing more frequent and prolonged heatwaves. These shifts in temperature patterns have profound implications for local ecosystems, wildlife, and the residents who have adapted to the region's traditional climate.

The unique flora and fauna of Northern Wisconsin face challenges as the climate warms. Many plant and animal species are sensitive to changes in temperature and precipitation. Warmer winters may disrupt the hibernation patterns of certain mammals, while changes in precipitation can affect the availability of food for various species. Last winter, I swear I saw a dead possum on the highway outside of Laona. Forest County usually isn't where they hang out. These alterations can lead to shifts in the distribution of species, potentially threatening the delicate balance of Northern Wisconsin's ecosystems.

The region's abundant water resources, including its lakes and rivers, are also under the influence of climate change. Rising temperatures contribute to changes in precipitation patterns, leading to more intense and frequent storms. This increased precipitation, coupled with thawing ice and snow, poses challenges such as flooding and soil erosion. Additionally, warmer temperatures impact water quality and can contribute to the proliferation of harmful algal blooms in lakes, threatening aquatic ecosystems and water supplies.

Northern Wisconsin's agricultural and forestry sectors are integral to the region's economy. However, climate change poses risks to these industries. Changes in temperature and precipitation patterns can affect crop yields, and an increase in extreme weather events may lead to more frequent disruptions in farming and logging activities. Adaptive measures, such as the development of climate-resilient crops and sustainable forestry practices, are crucial for the long-term viability of these sectors.

Beyond the environmental and economic consequences, climate change in Northern Wisconsin has social implications. Communities that have thrived for generations based on traditional weather patterns are now faced with the need to adapt to a changing climate. Infrastructure, such as roads and buildings, may need modifications to withstand more extreme weather events. Additionally, public health may be affected as the changing climate contributes to the spread of certain diseases and the exacerbation of existing health issues.

Addressing the impacts of climate change in Northern Wisconsin requires collective and proactive efforts. Local governments, businesses, and residents can collaborate to implement sustainable practices, invest in renewable energy sources, and develop strategies for adapting to the changing climate. Moreover, raising awareness about the specific challenges faced by the region is crucial for garnering support and mobilizing resources to protect Northern Wisconsin's environment and communities.

Northern Wisconsin is at the forefront of experiencing the impacts of climate change, affecting its ecosystems, economy, and communities. Urgent action is needed to mitigate these effects, adapt to the changing climate, and preserve the region's unique natural heritage. By fostering a sense of environmental stewardship and implementing sustainable practices, Northern Wisconsin can navigate the challenges posed by climate change and build a resilient and sustainable future.

See us online at: pioneerexpresscrandon.com



Goodman Armstrong Creek Lions Club 2024 Predator Hunt, Meat Raffle and 10 Gun Raffle

The Goodman Armstrong Creek (GAC) Lions Club will host their 2024 Predator Hunt January 19 - February 4. The Predator Hunt starts January 19 after the Rules and Registration Meeting (6 p.m. at the 8-HI, Goodman, WI). The Predator Hunt ends on February 4 at 2 p.m. Check-in for count/weight will be Noon-2 p.m. sharp (8-HI, Goodman, WI). There are three divisions: Hound, Trapping and Calling.

The Meat Raffle will be held from Noon to 2 p.m. and the winners of the 10 Gun Raffle and Predator Hunt will be announced at 2 p.m. February 4th.

Contact Pete Osterberg (715) 336-2685 or Todd K o w a l k o w s k i (7 1 5) 3 3 6 - 2 2 3 9 todd.imacoustic@gmail.com for more information.

Be a local weather reporter!

CoCoRaHS - Community Collaborative Rain Hail and Snow Network is a non-for-profit organization that crowdsources precipitation measurements from volunteer observers across the country, and is organized through the Colorado Climate Center at Colorado State University in Fort Collins, CO.

It is sponsored by the National Oceanic and Atmospheric Administration (NOAA) and the National Science Foundation, both of which use the data from volunteer observers.

Please see this link for further information and be sure to take a look at the interactive maps as well: cocorahs.org - Community Collaborative Rain, Hail & Snow Network

All of the data is publicly available, which a number of local weekly publications leverage in their local reporting statistics.

CoCoRaHS is seeking volunteers to report daily precipitation measurements in Forest County (and elsewhere as well!), with a link to <https://cocorahs.org> to learn more.

Not So Long Ago!



This old photo isn't as old as most of the photos we run. The guy on the left is Ray Miller, and the other fellow is Gary "Egghead" Bradley. According to the sign on what we think is an ice shack is Bradley's name and above that is the name Egg Hilton. It is probably 30 plus years ago.

Bradley and Miller were best friends. Unfortunately, they have both passed on, but they kept the laughter going in Crandon when they were here.

Valentines for Veterans

The Wabeno Area Elementary School is working on a special project to send Valentines to Veterans. If you are a veteran or know of any veterans, please contact the Wabeno Area Elementary School 715-473-3633, ext.1205 to leave the veteran's name and address. Or, if you prefer, write it down and send it in with a student or mail it to us at PO Box 460, Wabeno, WI 54566. We would like the names and addresses of all veterans that would like to receive valentines by Friday, January 26, 2024.

Still time to use your fishing boat!



People launch their boats from the landing near the beach on Metonga a lot. But, not on December 27th! We are experiencing some weird weather when there is no ice to speak of on many of the local lakes, including Metonga. Actually, there was a rim of ice on this shoreline a week ago, but the balmy weather got rid of it.

The boat was launched and Jason Gee and Tanner Guinther took off to fish. We don't know if they caught anything, but for sure they were one of the last boats, if not the last boat, to launch from the Metonga landing. Beats chiseling holes in the ice!



The north end of Lake Lucerne was also open water.



Ice Shack

Pine Lake was frozen end to end. In fact, that dot on the photo is a fisherman and an ice shack. This was also on December 27th.

Editor's Note

This is certainly an unusual year for snow and lakes freezing. The lakes above did freeze over again before this paper went to print, but the ice shouldn't be trusted for quite some time on most of our lakes. Vehicles shouldn't be taken on the ice for quite some time.

Fishermen should be careful this winter so they can be sure to be around when the ice leaves and that fishing boat needs to be on the water!

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Aspirus offering free seminar on Atrial Fibrillation

Atrial fibrillation (AFib) the most common heart condition, estimated to affect over 2.5 million Americans. AFib is a heart rhythm disorder that causes the heart to beat irregularly, greatly increasing the risk of stroke and congestive heart failure.

Aspirus Heart Care is offering a free seminar on January 18 where people can learn more about atrial fibrillation, its risks and innovative treatment options offered at Aspirus Heart Care.

The seminar is at The Hilton Garden Inn in Wausau, WI, and will run from 6:30 to 8:00 p.m. It is free to attend, but registration is required.

Aspirus Heart Care Cardiothoracic Surgeon, John Johnkoski, M.D. and Electrophysiologist, Kevin Rist, MD PhD will provide information about traditional management, minimally invasive surgical procedures, catheter-based ablation, as well as combined catheter and surgical approaches, like the new Convergent procedure, that treat atrial fibrillation and allow people to reduce symptoms prevent strokes and live more active lives.

"The major issues with atrial fibrillation aren't the symptoms, which are certainly troubling; rather, patients with the condition risk heart failure and stroke," said Dr. John Johnkoski. "The risk of stroke increases about five-fold in individuals with AFib compared to those in normal sinus rhythm."

"AFib is an electrical disorder of the heart, so prompt diagnosis is crucial," says Dr. Kevin Rist. "It is important that you seek medical attention when you experience symptoms such as heart palpitations, lack of energy, racing irregular heartbeat, shortness of breath, dizziness or fainting, or "butterflies" in the chest."

To register for this event, call 800.847.4707, Monday through Friday, 8AM-4:30 P.M. Or visit aspirus.org/classes-events.

AREA EVENTS

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Baldwin Supports Bipartisan Bill to Cut Insulin Costs for Millions More Americans

Baldwin helped pass legislation to cap the cost of insulin for seniors at \$35 per month, now working to address the cost for others

WASHINGTON, D.C. – U.S. Senator Tammy Baldwin (D-WI) joined a bipartisan group of colleagues in supporting legislation to comprehensively address the skyrocketing costs of insulin and lower prices for Wisconsinites. The Improving Needed Safeguards for Users of Lifesaving Insulin Now (INSULIN) Act of 2023 would remove barriers to care, limit out of pocket costs for patients, and make insulin more accessible for millions of Americans.

"Americans should not have to choose between putting food on the table and the lifesaving medications they need to stay healthy. This bill builds on the historic gains we've made in capping the cost of insulin for seniors by lowering the out-of-pocket costs for all Wisconsinites living with diabetes," said Senator Baldwin. "I'm proud to work with Republicans and Democrats to lower the price of insulin and give families some much needed relief."

A new report from the American Diabetes Association that shows the cost of diabetes in America, including the cost of insulin, continues to skyrocket for patients and the federal government. More than 37 million Americans live with diabetes, including over 400,000 Wisconsinites. The disease is one of the leading causes of death in the United States, claiming over 100,000 lives in 2021. It is also the most expensive chronic condition in the nation, costing Americans a combined total of \$412.9 billion per year. The rising cost of insulin presents a barrier to care for a growing number of Americans living with diabetes; 1 in 4 individuals report reducing insulin use due to cost.

The INSULIN Act would directly address the root problems in the insulin market causing high list prices, while simultaneously extending vital patient protections, fostering competition, and broadening access to needed insulin products. Specifically, the INSULIN Act of 2023 would:

- Limit out-of-pocket costs for patients with diabetes by ensuring that group and individual market health plans must waive any deductible and limit cost-sharing to no more than \$35 or 25% of list price per month for at least one insulin of each type and dosage form.
- Pharmacy benefit managers (PBMs) would be prohibited from placing utilization management tools – prior authorization, step therapy, etc. – on products with capped out-of-pocket costs.
- Mandate PBMs pass through 100% of insulin rebates and other discounts received from manufacturers to plan sponsors, reducing perverse incentives in the insulin market that encourage high list prices and helping patients in the form of reduced premiums. Promote generic and biosimilar competition to lower costs to patients by:
- Creating a new expedited FDA approval pathway for biologic drugs lacking biosimilar competition, similar to FDA's current Competitive Generic Therapies pathway; This will improve the timeliness of resolving regulatory barriers slowing down market entry of lower cost products;
- Ensuring adequate oversight of the Food and Drug Administration's (FDA) citizen petition process, easing approval of generic and biosimilar drugs;
- Allowing Medicare Part D plans to place biosimilar drugs on formulary immediately after entering the market, identical to other generic drugs; and,
- Requiring the Department of Health and Human Services, in consultation with the Centers for Medicare and Medicaid Services and FDA, to issue a report to Congress on issues and market dynamics delaying or restricting biosimilar insulin competition.

Senator Baldwin has long advocated for holding big drug companies accountable and expanding access to affordable health care for Wisconsinites. Last year, she helped pass the Inflation Reduction Act, which for the first time allows Medicare to negotiate lower drug prices and caps the cost of insulin at \$35-a-month for Medicare recipients. Earlier this year, Senator Baldwin's bipartisan legislation requiring pharmaceutical companies to be transparent with their customers and explain to the public why they are raising drug prices on working families passed out of the Senate Health, Education, Labor and Pensions committee.



Simplify Your Resolutions to Start the New Year off on the Right Foot

UPPER MICHIGAN, Mich. – The beginning of a new year is a time to start fresh and think about the year ahead.

A recent study published by Public Health Nutrition (PHN) found that 40-45 percent of Americans will make one or more New Years resolutions around lifestyle, including health behaviors such as eating healthy, weight loss, exercise or quitting smoking.

According to the National Institutes of Health (NIH), 75 percent of people who make a resolution stick to it within the first week. After six months, the number drops to 46 percent of people who are still following their resolution.

What is the best way to find a New Years resolution and stick with it? Instead of picking a broad goal like losing weight, pick an easily obtainable goal.

"If you want to lose weight, think about what habits you can change to make it happen," says Jaime Oswald, MD, Aspirus Family Medicine Physician. "For example, a good goal may be eating five servings of fruits and vegetables each day for two weeks. After the two weeks are up, you can reflect and reevaluate your goals."

Normally people procrastinate with their resolutions because they have the entire year, so it is much easier to obtain your goal in a brief period of time.

"Another good example of a simple New Years resolution would be to exercise five days a week for two weeks," says Dr. Oswald. "After two weeks, you may realize you were unable to make it to the gym five days a week. This would be a great time to change your goal to something more attainable like starting with just three days of exercise per week."

Dr. Oswald adds that being able to accomplish your goal will make you feel good about yourself and more likely to continue with your good habits.

"Remember that the first step to change is identifying a goal and without setting a New Year's resolution there would be nothing to resolve," says Dr. Oswald.

Embrace a healthy start to the new year by following this goal-setting advice from Dr. Oswald and the American Medical Association (AMA):

Record and visualize your goals to maintain focus. Write them down and display them in visible places, like your mirror, refrigerator, or desk. Consider creating a "vision board" with images that represent your goals.

Set SMART goals with specific actions:

Specific: Clearly define your goal as a particular action item (e.g., "Exercise three days a week").

Measurable: Attach a quantifiable metric and a realistic timeframe to your goal (e.g., "Go to the gym three days a week for a month").

Attainable: Ensure your goal is realistic, adjusting if necessary for smaller, achievable wins.

Relevant: Align your goals with your genuine aspirations and interests.

Time-based: Set deadlines for your goals to assess progress regularly and make adjustments as needed.

Identify potential obstacles and plan to overcome them. Alongside your goals, outline specific challenges you may face, enabling you to create backup plans and strategies to address them.

Establish a support system for accountability and encouragement. Having a network that follows up, encourages, and keeps you on track can significantly contribute to goal achievement. Consider partnering with a friend for gym sessions or races.

Reflect and reevaluate monthly. Set reminders to review and adjust your goals regularly. Use this time to track your progress, make necessary changes, and ensure ongoing success throughout the year.

The New Year also provides a new opportunity to connect with your primary care clinician as they can provide valuable goal setting advice and help determine your SMART goals for the year.

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- BBQ Chicken Flat Bread**-Rays BBQ base with Seasoned Chicken with Onions, Mozzarella & Cheddar Cheese, Green Peppers with light Garlic Aioli Drizzle on top.
- Beef Stew in Warm Bread Bowl**-Hearty Slow Cooked Beef Prime Rib Roast, Vegetables, Potatoes Stewed, Served in a Homemade Bread Bowl
- Sliced Roast Beef Cheddar Croissant**-Thin Sliced Roast Beef with Melted Cheddar Cheese with Italian Au Jus Dipping, on warm Garlic Butter Square Croissant, with Chips & Pickle
- Southwest Chicken Wrap**- Pico de Gallo Seasoned Chicken with Taco Spread, Lettuce, Cheddar Cheese and a Corn Jalapeno Blend with a Lime Sour Cream on a Tomato Basil Wrap
- Cake Lemon Berry Cream Mascarpone**-Lemon Berry Cream Mascarpone Vanilla Crumb Cake with Cream Filling to bring a Gourmet Touch!

Laona Board of Education Regular Meeting

Wednesday, January 10, 2024 • 5:30 p.m.
Room 24, C.L. Robinson Elementary School

1. Call to Order
2. Pledge of Allegiance - Samantha Hoffman
3. Approval of the Agenda
4. Public Forum (10 Minutes)
5. Consent Agenda
 - A. Bills and Claims
 - B. Meeting Minutes
6. Items for Discussion and/or Action
 - A. Senior Class Trip
 - B. Handbook Language Change 2024-2025
 - C. Open Enrollment Seats
 - D. Active Threat Training
 - E. Health Insurance Discussion
7. Informational Items:
 - A. Business Manager's Report
 - B. Middle/High School Principal's Report
 - C. District Administrator/Elementary Principal's Report
 - D. Committee's Reports
 - E. Board Member Reports
8. Enter Closed Session pursuant to Wisconsin Statutes 19.85(1)(c) for considering employment, promotion, compensation or performance evaluation data of any public employee.
 - A. Personnel
9. Return to Open Session to possibly take action on items discussed in closed session.
10. Adjourn:

Notes: "This meeting is a meeting of the Board of Education in public for the purpose of conducting the School District's business and is not to be considered a public community meeting.
The agenda could be subject to last minute change(s).

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BREAKFAST
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LUNCH
Fish Fry

Thanks for letting us take a winter break! It was much appreciated

WHAT'S TO EAT

Wabeno School Breakfast Menu Jan. 8-12

- Monday** - Assorted cereal, yogurt, peaches, fruit juice, milk
- Tuesday** - Breakfast bites, hash brown patty, tropical fruit, fruit juice, milk
- Wednesday** - Cheese omelet, tator tots, mixed fruit, fruit juice, milk
- Thursday** - Pancakes, sausage links, banana, fruit juice, milk
- Friday** - W.G. rolls, yogurt, strawberries, fruit juice, milk

Wabeno School Lunch Menu Jan. 8-12

- Monday** - Spaghetti, meat sauce/marinara, California blend, garlic bread, grapes, garden bar, milk
- Tuesday** - Taco bar, Spanish rice, corn, pineapple tidbits, garden bar, milk
- Wednesday** - Sloppy joes, fries, mixed vegetables, oranges, garden bar, milk
- Thursday** - Popcorn chicken, buttered noodles, carrots, watermelon, garden bar, milk
- Friday** - Lasagna, garlic bread, California blend, apple slices, garden bar, milk

Working on the Wabeno Newspaper



While hard to read, the calendar appears to be from 1908, and the young man above is John Himley, editor of Wabeno's newspaper, the Northern Wisconsin Advertiser. Wabeno had a newspaper until about 1943. Those are the years that changed many small northern Wisconsin towns, as the big sawmills ran out of logs and shut down. There was a war on, WWII, and many of those who weren't in the service left for better paying jobs in the cities to help the war effort. This meant that many of the small businesses and advertisers for the local papers shut down, as did many of the small town papers.

Early Days in Blackwell



Blackwell hasn't had a barber set up shop lately, but back in 1905, Erny Adams, an apprentice barber to Matt Carroll at the Northwestern Hotel, set up shop in Blackwell. According to the note on top, he cut hair in Blackwell until 1908.

Classifieds Work!

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Healthy Living for Your Brain and Body:
Tips from the Latest Research

Workshop provides information and tips on healthy aging

With the new year come new resolutions to live a healthier lifestyle! These resolutions may also impact our brain health in addition to our physical health.

At any age, there are lifestyle habits we can adopt to help maintain or even potentially improve our health. These habits may also help to keep our brains healthy as we age and possibly delay the onset of cognitive decline associated with Alzheimer's disease.

To help people age well, the Alzheimer's Association® is offering the Healthy Living for Your Brain and Body: Tips from the Latest Research program. This workshop covers four areas of lifestyle habits that are associated with healthy aging:

- Cognitive activity.
- Physical health and exercise.
- Diet and nutrition.
- Social engagement.

In each area, we will discuss what we know, drawing on current research, as well as what we can do steps to take now to improve or maintain overall health in each area. This program is designed for individuals of any age who are looking for information on ways to age as well as possible.

The Healthy Living for Your Brain and Body workshop will be held on Tuesday, January 16, at the ADRC of Oneida County (100 Keenan Street) from 1:00 p.m. to 2:30 p.m.

To learn more about this program, or to register (registration is appreciated but not required), please contact Julie St. Pierre at (715) 352-4091 or stpierre@alz.org. Individuals can also register by reaching out to the Alzheimer's Association 24/7 Helpline at 1.800.272.3900 or by visiting: <https://bit.ly/HLYBBJAN16>.

The Deadline For ads in the Pioneer Express is 4:00 pm on Tuesday

Old Photo Mysteries!



This old photo was copied from Maury Hauser's old photo collection years ago. It is obviously one of the studio shots taken on an excursion to Eagle River and a visit to the Bogrand studio. But which is Lizzie and which is the future Mrs. A.E. Himley? And who was the wife to be of Mr. Himley. One thing we know for sure is that Himley built a nice brick building in Crandon across the street from the Hotel Crandon that has housed numerous businesses. His name is on the front of the building and the date 1904.

Inland Trout Early Catch & Release season opens January 6, 2024

The Wisconsin Department of Natural Resources (DNR) reminds anglers that early catch and release season for inland trout starts Jan. 6, 2024.

On designated inland waters, anglers can target any of Wisconsin's four inland trout species from Jan. 6 through May 3, 2024, using artificial tackle only. Any trout caught need to be immediately released. Check the Guide to Wisconsin's Trout Fishing Regulations for more information.

Once the general hook and line season opens on May 4, 2024, anglers can keep the trout they catch, provided length requirements are met and bag limits are observed.

Anyone wishing to participate in the season will need a 2023-2024 fishing license and an inland trout stamp, which are good until March 31, 2024, and can be purchased through Go Wild, the DNR's license portal, or an

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authorized license agent. As of April 1, 2024, anglers will need a 2024-2025 fishing license and inland trout stamp.

All anglers are encouraged to continue to practice responsible catch and release and reduce their reel and fish handling time as much as possible. Tips on releasing your catch responsibly can be found on the DNR's responsible catch and release webpage.

You can also find more information on trout fishing on the DNR's trout fishing webpage.

Forest county—Peshtigo river downstream from U.S. highway 8, Pine river downstream from STH 55, and Rat river downstream from Scattered Rice lake.

Langlade county—Wolf River.

Florence county—Pine River.

Oconto county—North branch Oconto river downstream from STH 64 and south branch Oconto river downstream from CTH AA

Oneida county—All streams west of STH 51 and Bearskin creek

Marinette county—North branch Peme Bon Won river downstream from STH 141, Peshtigo river upstream from CTH C, Pike river between CTH V and CTH K, and Rat river

SCHAEFER'S FOOD MART PULL-OUT SECTION

SCHAEFER'S FOOD MART PULL-OUT SECTION

SCHAEFER'S MEAT DEPT. SELLS USDA ANGUS CHOICE BEEF & USDA INSPECTED PORK

MEAT

Premium Angus Choice Boneless Beef
NEW YORK STRIP STEAK
 While Supplies Last



\$9.99 Lb.

Premium Angus Choice Beef
RUMP ROAST



\$4.99 Lb.

Premium Angus Choice Beef
STEW MEAT



\$5.99 Lb.

Boneless Pork
SIRLOIN CHOPS



\$2.99 Lb.

Premium Angus Choice Beef
CUBE STEAKS



\$5.99 Lb.

Boneless Pork
SIRLOIN ROAST



\$1.99 Lb.

Oscar Mayer
BOLOGNA OR COTTO SALAMI
 16 Oz. Reg. \$3.49
 Excludes Beef
 Buy 5, Save \$5



\$2.49 Ea. (Must buy 5)

THESE AD PAGES NOW ON-LINE AT pioneerexpresscrandon.com

PRODUCE

Dole
SALADS
 5-10 Oz. Bags - 50/50 Blend, Very Veggie, Spring Mix Blend, Baby Spinach, Hearts of Romaine, Italian Blend



2/\$4.00

Sweet Halos
MANDARINS
 3 Lb. Bag



\$4.99

Best Choice
RUSSET POTATOES
 5 Lb. Bag



2/\$3.00

Medium
YELLOW ONIONS
 3 Lb. Bag



2/\$3.00

Fresh
WHOLE CARROTS
 2 Lb. Bag.



\$1.29

Sweet, Pink Flesh
CARA CARA ORANGES



99¢ Ea.

Washington
HONEYCRISP APPLES



99¢ Lb.

Oscar Mayer
HOT DOGS
 Original, Jumbo or Bun Length 16 Oz.
 (Excludes Beef or Cheese)
 Reg. \$3.49
 Buy 5, Save \$5



\$2.49 Ea. (Must buy 5)

Oscar Mayer
FUN PACK LUNCHABLES
 8.9-10.7 Oz.



\$2.99

Oscar Mayer
CHICKEN STRIPS
 6 Oz.



\$3.99

Fresh
CAULIFLOWER



\$3.99 Ea.

Fresh
GREEN CABBAGE



79¢ Lb.

Highline Whole
BABY BELLA MUSHROOMS
 8 Oz. Pkg.



2/\$5.00

Hillshire Farm
LIT'L SMOKIES
 13-14 Oz.



2/\$6.00

Oscar Mayer
DELI FRESH SHAVED LUNCHMEATS
 9 Oz.



\$3.99

Louis Kemp
IMITATION CRAB FLAKES
 8 Oz.



2/\$5.00

Super Select
CUCUMBERS



79¢ Ea.

Little Potato Co.
Assorted BABY CREAMER POTATOES
 24 Oz. Bag



2/\$5.00

Marzetti's
Assorted DRESSINGS
 13 Oz. Jar



\$3.49

Family Pack Frozen Clear Film
CHICKEN WINGS



\$1.99 Lb.

Steak Umm
SANDWICHES
 9 Oz.



\$3.99

Raw
GULF SHRIMP
 2 Lb. Bag
 16/25 Ct.



\$18.99

Schaefer's Since 1935 **IGA** **HOMETOWN PROUD**

Come visit us on the web at Schaefer's.iga.com
 Pioneer Plaza
 Highway 8 E., Crandon

HOURS: Mon. - Sat. 7AM - 8PM
 Sun. 7AM - 7PM

478-2558 FAX 478-2545

Prices Effective Monday, January 8

SUN	MON	TUE	WED	THU	FRI	SAT
	8	9	10	11	12	13
14						

We reserve the right to correct any printing errors in the ad
 We reserve the right to limit quantities

SCHAEFER'S FOOD MART PULL-OUT SECTION

SCHAEFER'S FOOD MART PULL-OUT SECTION

SCHAEFER'S FOOD MART PULL-OUT SECTION

SCHAEFER'S FOOD MART PULL-OUT SECTION

Campbell's
CHUNKY SOUP
18.6-19 Oz.
28 Kinds
2/\$4.00



Knorr
SIDE DISHES
10 Kinds
Rice & Sauce or
Pasta & Sauce
2/\$3.00



Charmin Essentials
BATH TISSUE
12 Mega Rolls
Soft or Strong
\$8.99



Original
SPAM
12 Oz.
\$2.99



Kraft Original
MAC & CHEESE
7.25 Oz./5 Pack
\$6.49



Kraft Original
MIRACLE WHIP
30 Oz.
Use 50¢ IRC
\$5.99
-50¢ UPC
\$5.49 Final Cost



Starkist
TUNA
Water or Oil
5 Oz.
Limit 1
50¢



50¢ with a Separate \$10 Purchase

Jif
PEANUT BUTTER
16 Oz.
Creamy
or Crunchy
\$2.49



Best Choice
**SPAGHETTI
OR ELBOW MAC**
16 Oz.
99¢



Chef Boyardee
CAN DINNERS
14.5-15 Oz.
4 Kinds
\$1.29



CHEEZ-IT
GRAB-N-GO BAG
3 Oz.
99¢



Betty Crocker
BOX POTATOES
4.7-5 Oz.
3 Kinds
\$1.49



Maxwell House
ORIGINAL ROAST
30.6 Oz.
\$7.49



Kraft
VELVEETA & SHELLS DINNER
12 Oz.
\$3.99



Frito-Lay Party Size
**DORITOS, TOSTITOS
RUFFLES, CHEETOS
OR FRITOS**
Reg. \$6.99
2/\$9.00



COKE BRAND
12 Oz./24 Pack Cans
\$12.99



COKE BRAND
.5 Liter/6 Pack
2/\$9.00



PEPSI BRAND
12 Pack/12 Oz. Cans
or 12 Oz./8 Pack Bottles
or 7.5 Oz./10 Packs
2/\$11.98



PEPSI BRAND
.5 Liter/6 Pack Bottles
3/\$12.00



GATORADE
28 Oz. Bottle
2/\$4.00



MONSTER
16 Oz.
OR
MONSTER HYDROS
20 Oz.
OR
REIGN & BONS
16 Oz.
2/\$4.00



POWERADE
20 Oz./8 Pack
\$5.99



KLARBRUNN
BUBBL'R
12 Oz./6 Pack Cans
\$5.99



PEPSI BRAND
2 Liters
2/\$4.44



STARBUCKS
FRAPPUCCINO
OR 9.5 Oz./4 Pack Bottles
DOUBLE SHOT ENERGY
OR 6.5 Oz./4 Pack Cans
LIPTON ICED TEA
OR .5 Liter/12 Pack Bottles
PURE LEAF TEA
OR 16.9 Oz./6 Pack Bottles
DS PROTEIN
OR 11 Oz./4 Pack Cans
CELSIUS ENERGY
12 Oz./4 Pack
\$6.99



THESE AD PAGES NOW ON-LINE AT
pioneerexpresscrandon.com

**Computerized
PICTURE CAKES**
at Schaefer's
Bakery



Bring in any
photograph, picture, or drawing
and we will put it on your next party cake

All cake orders MUST be placed with a 24 hour notice!
All weekend orders must be placed by 10:00 a.m. Thursday!

BAKERY

BIRTHDAY
ANNIVERSARY
TEAM PARTY
HOLIDAYS
FAVORITE PETS
RETIREMENT
GRADUATION
DRAWING
PHOTOGRAPH

CINNAMON SWEETS
2 Ct.

\$1.99



**CRACKED WHEAT
BREAD**
1 Lb.

\$2.50



RYE BREAD
1 Lb.

\$2.99



**HONEY CRUMB
CAKES**

\$4.29



**OVEN ROASTED
CHICKEN**

Reg. \$7.99 Lb.

\$6.99 Lb.

MAC SALAD
Reg. \$4.09 Lb.



\$3.59 Lb.

MILD CHEDDAR
Reg. \$5.99 Lb.



\$5.29 Lb.

24 Hour Notice On Party/Deli Tray Orders Please

Red Baron
PIZZA
15.77-23.45 Oz.

\$2.99



FROZEN

SUNNY DELIGHT
64 Oz.

2/\$4.00



DAIRY

HOT POCKETS
2 Pack

2/\$4.00



Pillsbury
**TOASTER
STRUDEL**
OR **SCRAMBLES**
4-6 Ct.

2/\$6.00



Mr. Dell's
POTATOES
24-32 Oz.

\$3.29



Ore Ida
JUST CRACK AN EGG
2.25-3 Oz.

2/\$4.00



Devour
**FROZEN
ENTREES**
9-12 Oz.

\$3.99



Blue Ribbon
Classic
SCROUNDS
48 Oz.

\$2.99



Roma
**ORIGINALS
PIZZA**
10.54-11.05 Oz.

4/\$10.00



Bellatoria
PERSONALS
5.67-7.80 Oz.

4/\$10.00



Yoplait
YOGURT CUPS
4-6 Oz.

10/\$6.00



Kraft Philadelphia
CREAM CHEESE
8 Oz. Blocks

\$3.79



HEAD & SHOULDERS

12.5 Fl. Oz./3 Kinds - Dry
Scalp, Green Apple,
Classic Clean
Reg. \$6.79

\$5.99



**HEALTH &
BEAUTY**

Vick's
ZZZQUIL
24 Ct.
Reg. \$10.35

\$7.99



Best Choice
IBUPROFEN
200 Ct.
Reg. \$5.53

\$3.99



Irish Spring
BAR SOAP
8 Ct.
Reg. \$10.25

\$7.99



CRANDON CARDINAL APPAREL

**GENERAL
MERCHANDISE**



\$14.99 Adult Tee



\$29.99 Adult Hoodie

\$13.99 Youth Tee

\$25.99 Youth Hoodie

SCHAEFER'S FOOD MART PULL-OUT SECTION

SCHAEFER'S FOOD MART PULL-OUT SECTION

SCHAEFER'S IGA REWARDS PROGRAM

Earn \$1 off your gas or grocery purchase for every 1,000 points!

January 2-28, 2024

STARBUCKS FRAPP & COCONUT PARADISE BLEND BOTTLES

OR 13.7 Oz.

DOUBLE & TRIPLE SHOTS

OR 15 Oz. Cans

MUSCLE MILK

14 Oz. & Pro Series Bottles



2/\$7.00



700 Points

AQUAFINA WATER

.5 Liter/24 Pack



1,000 Points

KLARBRUNN SPARKLING WATER

12 Oz./12 Pack Cans



1,000 Points

DOC & DOC ZERO SODA

12 Oz./12 Pack Cans



1,000 Points

MONSTER

4 Pack



700 Points

2/\$10.00

BODY ARMOR

12 Oz./8 Pack



1,000 Points

AHA WATER

12 Oz./8 Pack



1,000 Points

Best Choice

GRANULATED SUGAR

4 Lb.



500 Points

Brew Pub

PIZZA

9"



1,000 Points

\$3.99

LATEX GLOVES

Best Choice One Pair/3 Kinds - Small, Medium, Large Reg. \$1.49



200 Points

\$3.99

SCRUB SPONGES

Scotch-Brite 6 Ct./2 Kinds - Heavy Duty or Non-Scratch Reg. \$6.49



800 Points

2/\$8.00

UTILITY LIGHTERS

Best Choice 2 Pack Reg. \$4.33



800 Points

99¢

BAR SOAP

Best Choice 2 Bars/2 Kinds - Sensitive, Moisturizing Reg. \$3.73



300 Points

\$4.99

TARTAR PROTECTION TOOTHPASTE

Crest 1 Kind - Regular Paste Reg. \$2.93



400 Points

\$3.79

IBUPROFEN

Best Choice 40 Softgels Reg. \$4.49



500 Points

\$1.99

\$2.29

\$3.69

Death Notices

Kathryn J. Kalata
December 24, 1953 ~ December 20, 2023
Age 69



After a short battle with cancer, on December 20, 2023, Kathryn J. Kalata of Argonne, WI quietly passed at her home with her husband and large, loving family, including her magnificent white cat Stuey by her side. She came into this world above the Rexall Drug Store in Crandon, WI on the cold night of December 24, 1953, shortly after midnight with her identical twin sister Karen following only a few minutes later.

Except for a few preschool years in Milwaukee, she had the good fortune of being able to live in Argonne her whole life, close to brothers, sisters, extended family, and only being less than a minute away from her twin. The third child in a family of seven busy, normal, rowdy kids; she grew up on her grandparents' farm west of Argonne. She attended Argonne Grade School, where she and Karen had a great lot of fun coming to class with each other's name embroidered on their dresses, to sit at each other's desks the whole day to fool their teacher. After graduating from Crandon High School, she married Ted Kalata on July 15, 1972, in the little white St. Mary's Catholic Church in Argonne. They made their solemn promises before God, and kept them sacred for 51 years, never wavering, through many, many tough times, serious health setbacks, and tribulations that would have torn apart lesser men and women. Together they raised four children, all growing to be successful adults just like them.

Kathy was generous to a fault. If she got wind of something you needed, it was just as good as done. If you commented on something in her house you liked, you would get home to find it in your pocket or backpack. You might even receive rutabagas in the mail. She loved gardening, her apple trees, and her chickens, whom she called "chickens"; they followed her around like she was the mother hen.

Her artistry was famous, and her artistic flair is evident throughout her home, which is a veritable museum of art. Each mural and each piece lovingly created, rich in personal meaning. Kathy earned her Bachelor of Arts from the University of Wisconsin - Stevens Point. Through the culmination of years of hard work and tenacity, while battling ill health and simultaneously nurturing everyone around here and raising her children, she graduated with the highest honors from Stevens Point. She worked into the wee hours of the morning, crafting Little House on the Prairie Easter dresses for her girls, flawlessly tailored, complete with pantaloons and bonnets, and put together a little Easter suit for her son as well. Kathy designed and put together amazing costumes for her brothers and sisters for Argonne Halloween dances and the Argonne Day Parade; like the time she made each of them a Crayola Crayon costume, each a different color, complete with felt cone hats. She made a huge Crayola box for them to dance in. Orchestrating elaborate birthdays for dozens of cousins with professional-looking decorated cakes was one of her favorite pastimes. She professionally made the wedding cakes for each of her children. Kathy was always putting final "touches" on everything for her family and loved ones. When Santa Claus came down the chimney at her house, he went back up, saying "I can't compete with that!"

Most importantly of all, Kathy was the anchor for her family and friends. Her personal trials and tribulations were always put to the back burner to care for and be there for her family. Her kitchen table was ground zero for all the joys, celebrations, sorrows, wounds, healings, good times and bad to which the whole family naturally gravitated. Kathy doled out support, sympathy, humor, hot food, advice, day care, and if necessary, was the enforcer, fearlessly and undoubtedly taking up the case against any foe unfortunate enough to cross any family member.

Kathy was preceded in death by her parents, mother, Marilyn Bobo, stepfather, Sam Bobo, brother, Jim Gibson, sister, Carol (BZ) Kelly, nephew, Jimmy Deaton, nieces, Ali Gibson, and Elizabeth Gibson, grandparents, Russell and Priscilla Samz, and Willard and Dorothy Gibson.

She is survived by her husband of 51 years, Ted Kalata, daughters, Christina (Mike) Cummings, Candy Kalata, Carla (Pekka) Ruuskanen, son, Ted Kalata, Jr.; Grandchildren, Kurtis Sears, Eva, and Alaina Fraley, Coleton, and Myah Kalata, Mila Ruuskanen, and great-grandsons, Zaiden, and Brayson Sears, her special identical twin sister, Karen (James Sr.) Deaton of Argonne, sister, Janet (late Max) Marvin of Park Falls, sister, Mary Beth (Boo Boo) (late Mike Keith) Gibson of Excelsior, Minnesota, and brother, Jerry (Beth) Gibson of Argonne, as well as many nieces, nephews, great nieces, and great nephews, and of course, the ever-faithful Stuard J. (Stuey).

Arrangements have been entrusted to the Hildebrand Funeral Home & Cremation Specialists, 24 E. Davenport Street, Rhinelander, Wisconsin, 54501, 715-365-4343. Everyone is invited to sign the guestbook or leave an online condolence at www.hildebrandrussfh.com

Myrna Lou Wilson of Laona passed away on Friday, December 29, 2023, at Rennes Health and Rehabilitation in Rhinelander surrounded by her loving family while under the care of Compassus Hospice following a courageous battle with cancer.



Myrna was born September 4, 1938, to Lewis and Gudrun (Cleveland) Weber in Crandon. She attended school in Crandon, graduating with the class of 1956.

She married John E. Wilson of Laona on June 21, 1958, at St. Joseph Catholic Church in Crandon. The day after their wedding, they moved to California where Myrna's sister Jeanette (Garland) Abney had located work for John at Douglas Aircraft. They moved back to Laona in 1961 with their growing family. Myrna was a proud homemaker, raising their family while John worked as a head sawyer for Pine River Lumber Company. When John's health began to decline in the early 1990s, Myrna learned how to drive by taking John to his cancer treatments in Marshfield. He preceded her in death on May 2, 1991. Months after John's passing, Myrna began working at Laona State Bank, a career that spanned 19 years. She retired in 2010.

Love of God and family was of utmost importance to her. She enjoyed flower gardening and taking photos, especially with her digital camera. Myrna instilled the value of arduous work and strong Catholic faith in all of her children.

She is survived by her sisters, June (Victor) Bellomy, Jeannette (Garland) Abney and Gladys (Leonard) Perry; her brother, Richard (Margaret) Weber; her children, Tamera Wilson, Debora (Richard) Nelson, Rebecca Cross, John (Cheryl) Wilson, Christopher (Julie) Wilson, Gary (Leilani) Wilson and Gregory (Jacquelyn) Wilson; grandchildren, Maximilian Ashburn, Jessica (Dr. Thomas) Joles, Lindsey (Jeremy) Riesenberger, Steven Coleman, Christopher (Rina) Wilson, Luke Virgilio, Seth Wilson, Morgan Wilson, Carmen Wilson, Ashley Wilson, Gregory II (Misty) Wilson, Jacob Wilson, Jacinta (Hayden) West, Marissa Wilson and Joshua Wilson; and great-grandchildren, John Joles, Adalyn Joles, Thomas Joles, Aubrey Joles, Ryann Wilson, Tanner Wilson, Jenaveve Riesenberger, Jerek Riesenberger, Joelle Riesenberger, Peyton Wilson, Alaina Wilson, and Cameron West.

In addition to her husband and parents, Myrna was preceded in death by a grandson, Richard Nelson; and her brothers, Gordon Weber, Marshall (Dolly) Weber, and Ralph (Martha) Weber.

The visitation will be held January 4, 2024, at Weber-Hill & Packard Funeral Home in Crandon from 4-8 p.m. and again January 5, 2024, at the funeral home from 9-10 a.m. There will be a procession to St. Joseph Catholic Church for the funeral mass at 10 a.m. The burial will follow at Laona Town Cemetery. Fr. Kennedy Gaspar will be celebrating mass, with Fr. Anil Polumari concelebrating.

Online condolences may be directed to www.weberhillfuneralhome.com.

WEBER-HILL & PACKARD
FUNERAL HOME



Serving you in two locations

302 S. Lake Avenue Crandon, WI 54520 715-478-2322	1768 Oconto Avenue Wabeno, WI 54566 715-473-3131
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www.weberhillfuneralhome.com
info@weberhillfuneralhome.com

Reach over 8,500 (summer circulation) homes in the Forest and Northern Oconto county area with a classified ad through our mailings and set outs.

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AD DEADLINE 4 P.M. TUESDAY

Amount of weeks to run _____

Name _____

Address _____

Phone _____

Ad _____



Birth Announcement

Darrell Wilson Jr. and Chloe Krawze of Crandon are pleased to announce the birth of their son Laine Joseph. Laine was born December 18, 2023 at 4:35 a.m. At birth, Laine weighed 5 lbs. and 1 oz., and was 18 1/2 inches long.



A note from the four busmen (Mike, Christ, Bob & Kevin) ...

Happy New Year! Another year has passed and another year has come. We wish you courage, hope and faith to overcome all the hurdles you may face. May your New Year be filled with peace, love and happiness!

Please let us know if there are any special trips on your bucket list and we will see if we can make it happen.

Please call 715-784-1497 if you would like to join us for these trips or for any other rides you'd like to attend.

Tuesday and Thursday Trips

Forest County to Rhinelander, Antigo and Iron Mountain. We will pick you up at your home sometime between 8 and 9 a.m. and typically arrive at the destination town around 9:45. Walmart is a popular stop but we will attempt to take you wherever you wish. Then...LUNCH!!! (Optional) We talk about where to eat and all riders are encouraged to voice their opinion. Then return home, arriving between 1:00 and 2:00 most days.

- Thursday, January 4:** Iron Mountain
- Tuesday, January 9:** Rhinelander
- Thursday, January 11:** Antigo
- Tuesday, January 16:** Iron Mountain
- Thursday, January 18:** Rhinelander
- Tuesday, January 23:** Antigo
- Thursday, January 25:** Iron Mountain
- Tuesday, January 30:** Rhinelander

Forest County Commission on Aging Nutrition Program **SENIOR MEALS**

- CRANDON, WABENO, LAONA**
- Monday - Jan. 8** - Beef stroganoff, mashed potatoes, broccoli, biscuit, banana cake
 - Monday - Jan. 15** - Swiss steak, mashed potatoes, 3-bean salad, rye bread, ambrosia fruit salad
- CRANDON, WABENO, LAONA, ARMSTRONG CREEK**
- Tuesday - Jan. 9** - BBQ pork rib, whole wheat hoagie, scalloped potatoes, coleslaw, diced peaches, butterscotch pudding
 - Tuesday - Jan. 16** - Chicken florentine, chicken penne pasta, cauliflower, mandarin oranges, bananas and vanilla pudding
- CRANDON, LAONA, ARMSTRONG CREEK, WABENO**
- Wednesday - Jan. 10** - Oven baked rosemary chicken, baked sweet potato, diced beets, cornbread, grapes
 - Wednesday - Jan. 17** - Hamburger on a bun, steamed onions, country trio veggies, baked beans, potato salad, brownie (Cabin fever picnic meal)
- ALVIN (Alvin now serving at 12:00 p.m.)**
- Thursday - Jan. 11** - Baked chicken, mixed fruit, broccoli, mashed potatoes, biscuit, cookie
 - Thursday - Jan. 18** - Hamburger on a bun, winter squash, applesauce, baked beans, cupcake
- Please register with Commission on Aging - 478-3256.
- Crandon site is at 715-478-3040. Serving at 12:00 p.m. on Monday, Tuesday and Wednesday.
- Alvin nutrition site manager Tammy Wolfe is at 715-545-3323.
- Laona site manager Peggy Alderton at 715-889-3116 (cell). Meal served at 12:00 p.m. Monday, Tuesday and Wednesday.
- Wabeno site manager Linda McEwen at 715-889-0123 (cell). Meal served at 11:30 a.m. on Monday, Tuesday and Wednesday.
- Armstrong Creek site manager Sharon Giles at 715-674-3532 (home). Meal served at 11:30 a.m. on Tuesday and Wednesday.



HELP WANTED FOREST TOOL

Forest Tool in Crandon is accepting applications for several positions:

General Machinist

CNC 3 Axis Mill Operator/ Programmer CNC Lathe Operator

Applicants with machining and CNC experience are welcome to apply. Full time hours with Benefits and Competitive pay based on experience. Will to learn and have ability to plan and complete projects on time for customer schedules is required.

Forest - Tool builds Injection Molds, Stamping Dies and also provides production machining. Manual and CNC machines are commonly utilized.

Please call 715-478-5870 for more information.

Forest County Sheriff's Office Job Notice

Forest County Sheriff's Office is now accepting applications for Full-Time 911 Dispatcher positions

***No experience needed, we offer on the job training*
\$20.41/hr and 80 hours of vacation after 1 year of employment**

QUALIFICATIONS: Must be age 18 or older, no felony convictions, have a high school diploma or GED, and have a valid Wisconsin driver's license.

SALARY & BENEFITS: 40 Hours of Vacation after 90 days, Pay Wage and Vacation time increases with longevity. Benefits include: Wisconsin Retirement Fund, Health Insurance, Life Insurance, Sick Leave, Vacation Time, 9 Paid Holidays, Uniform Allowance, and Deferred Compensation.

APPLY: Application and background packet available at the Forest County Sheriff's Department or Submit Wisconsin Law Enforcement Standards Board Form DJ-LE-330 Application. Email applications to: jmarvin@forestcountysheriff.org or awalrath@forestcountysheriff.org.

Or Mail applications to: Chief Deputy Alex Walrath
Forest County Sheriff's Office
100 South Park Avenue
Crandon, WI 54520

Applications are available at the Forest County Sheriff's Office or online at <https://wilenet.widj.gov/employment/employment-opportunities/780> or at <https://wilenet.widj.gov/training-standards/officer-training-employment-and-reciprocity>

All questions on the application must be completed, including Section 6 - Questions A, B & C. Please supply your social security number on the application.

Please supply a valid phone number & email address on your application.

NOTE: Successful applicants will be required to submit to a written examination, oral interviews, background investigation, physical fitness test and drug testing.

AN EQUAL OPPORTUNITY EMPLOYER

HELP WANTED

Help Wanted

BOOKKEEPER

- Experience with accounting principles and bookkeeping preferred

Responsibilities: Record and verify transactions to reconcile accounts; maintain records to create reports and financial statements

TAX PREPARER

- 3-5 years experience with income tax preparation

- In-depth knowledge of tax laws, regulations and deadlines, familiarity with tax forms

Responsibilities: Prepare income tax returns for individuals and businesses; maintain and analyze tax records; communicate with clients and tax authorities

ACCOUNTING ASSISTANT

- Experience with accounting principles preferred

- Experience with payroll processing preferred

Responsibilities: Process payroll for various companies and maintain accurate payroll records; record accurate bookkeeping information and reconcile accounts; answer phone calls and assist clients; clerical duties including, filing, typing, copying, collating, scanning, etc.

ADMINISTRATIVE ASSISTANT

- Experience in customer service
- Excellent written and verbal communication skills

- Highly detail oriented and organized

Responsibilities: Answers phone calls, schedules meetings, and assist visitors; clerical duties including, filing, typing, copying, collating, scanning, etc.

Visit our website www.kmeaccounting.com for an application.

Applications & resumes can be sent to James Elam II at kme.jelam@gmail.com For any questions, call 715-478-3250 or visit us at 605 S Lake Ave. Crandon, WI 54520.

Forest County Sheriff's Office Job Notice

Forest County Sheriff's Office is now accepting applications for Full-Time Correctional Officers

No experience needed

\$20.41/hr and 80 hours of vacation after 1 year of employment
QUALIFICATIONS: Must be age 18 or older, no felony convictions, have a high school diploma or GED, and have a valid Wisconsin driver's license.

SALARY & BENEFITS: 40 Hours of Vacation after 90 days, Pay Wage and Vacation time increases with longevity. Benefits include: Wisconsin Retirement Fund, Health Insurance, Life Insurance, Sick Leave, Vacation Time, 9 Paid Holidays, Uniform Allowance, and Deferred Compensation.

APPLY: Application and background packet available at the Forest County Sheriff's Department or Submit Wisconsin Law Enforcement Standards Board Form DJ-LE-330 Application. Email applications to: jmarvin@forestcountysheriff.org or awalrath@forestcountysheriff.org.

Mail applications to: Chief Deputy Alex Walrath
Forest County Sheriff's Office
100 South Park Avenue
Crandon, WI 54520

Applications also available at the Forest County Sheriff's Office or online at <https://wilenet.widj.gov/employment/employment-opportunities/780> or at <https://wilenet.widj.gov/training-standards/officer-training-employment-and-reciprocity>

All questions on the application must be completed, including Section 6 - Questions A, B & C. Please supply your social security number on the application.

Please supply a valid phone number & email address on your application.

NOTE: Successful applicants will be required to submit to a written examination, oral interviews, background investigation, physical fitness test and drug testing.

AN EQUAL OPPORTUNITY EMPLOYER

Aspirus releases top baby names of 2023

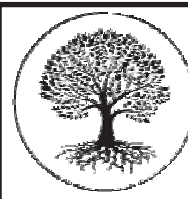
WAUSAU, Wis. – Naming a newborn is a key step in welcoming the littlest and latest addition to the family. There are thousands of names for parents to choose from, but in the end, each name given to a child is special and unique, as they carry it with them throughout their life.

From January 1 to December 26, 2023, the Aspirus Health System welcomed 2881 babies into the world. A total of 1517 different names were given to those newborns and Aspirus has gathered the most popular baby names given throughout the system.

Here are the top baby names of 2023:

- Boy**
Levi (25)
Oliver (22)
Hudson (19)
- Girl**
Amelia (18)
Harper (14)
Emma (14)

For more information, visit <https://www.aspirus.org/obstetrics-gynecology>.



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Qualifications: Candidates must have appropriate DPI Licenses. Wisconsin DPI certification in regular education (1777) and (316) Reading Specialist are required.

How to Apply: Interested and licensed candidates may apply through WECAN or may submit a letter of interest, resume, transcripts, copy of license(s), three (3) current letters of reference to: William Taylor, District Administrator, PO Box 460 Wabeno, WI 54566.

This position will remain open until filled.

The School District of Wabeno Area is an Equal Opportunity employer. The School District does not discriminate against applicants or employees based on race; age; sex or sexual orientation; creed or religion; color; handicap or disability; marital, citizenship, or veteran status; membership in the National Guard, state defense force, or reserves; national origin or ancestry; arrest or conviction record; use or non-use of lawful products off the District's premises during non-working hours; or any other characteristic protected by law.

Forest County offers Community Strength Training Program

Strong People Strong Bodies program is a 12-week exercise program for adults and will take place at two separate Forest County locations this winter on Tuesdays and Thursdays. The Strong People Strong Bodies program is based on years of research on how strength training and proper nutrition improve the health of adults of all ages. Strength is a critical factor in living healthier, more active lives. Strength training not only improves bone density but reduces falls, improves arthritis symptoms, increases flexibility and strength, and can help control blood glucose levels. The program is appropriate for both sedentary and active adults.

For more information on the Strong Bodies program please contact Karly Harrison, Forest County Division of Extension Healthy Communities Coordinator at (715) 478-7797 or email karly.harrison@wisc.edu.

To register for Strong Bodies classes please contact your local Strong Bodies program leader:

- Armstrong Creek: January 2, 2024 - March 21, 2024 from 9:00 am to 10:00 am

Location: Armstrong Creek Community Center
Leader: Barb Tomaszewski and Leah Cook, call Barb at (906) 399-750

- Crandon: January 9, 2024 - March 28, 2024 at 9:00 am to 10:00 am

Location: Crandon Library, lower level
Leader: Wendy Abney, call at (715) 478-1951

CITY OF CRANDON POLICE DEPARTMENT FROM THE DESK OF CHIEF ERIC BATH CPD December Activity Report:

- 3 - Alarm Call(s)
- 2 - Animal Incident(s)
- 1 - Assault/Battery (1 ARREST)
- 8 - Assists to Citizens/Motorists/Business
- 13 - Assists to Forest County Sheriff's Dept.
- 4 - Assists to Forest County Sheriff's Dept. (Drugs/K9 Deployment)
- 4 - Assist Other Agency
- 7 - Assist Rescue
- 2 - ATV/UTV Incident(s)
- 1 - Burning Complaint(s)
- 2 - Child Custody Matter/Dispute Incident(s)
- 1 - Civil Matter/Dispute(s)
- 1 - Dangerous Drug/Drug Para. And/or Poss. (1 CITATION)
- 1 - Domestic Dispute/Disturbance
- 1 - Fire Complaint(s)
- 1 - Forgery Complaint(s)
- 1 - Gun Complaints/Gunshots/Possible Gunshots Incident(s)
- 4 - Harassment/Threat Incident(s)
- 5 - Health/Safety/Welfare Incident(s)/911 Calls
- 2 - Loitering Complaint(s)
- 2 - Lost/Missing/Runaway Person(s)
- 1 - Noise/Disturb Peace Incident(s)
- 2 - O.A.R. (2 CITATIONS)
- 2 - O.W.I. (3 CITATIONS)
- 2 - Probation/Parole Violation(s) (2 ARRESTS)
- 26 - Security Checks--Businesses/Residences
- 6 - Snow Emergency Parking Violation(s)
- 14 - Suspicious Person/Activity/Package/Vehicle Incident(s)
- 1 - Theft/Possible Theft Incident(s)
- 1 - Traffic/Driving/Parking Incident(s)
- 4 - Warrant Arrest(s)/Apprehension Request(s) (2 ARRESTS)
- 10 - Citations Issued re: Traffic-Related Matters
- 78 - Warning(s) to Drivers (re: Vehicle or Traffic Safety)

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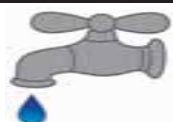
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Lions District Gov. presents awards at Crandon meeting



(Left to right): Lion Larry Sommer is acknowledged for 55 years of service, Lion Gary Goemon for 45 years of service, Lion Gary Mueller for 20 years and Lion Mari Tipler for 10 years. All were presented Chevron awards by Lion District Gov. Shirley Dahlke.

Lion District Gov. Shirley Dahlke was present at the Crandon Lions December meeting held at the local Lake Avenue Restaurant. Dinner and refreshments were provided by the club members. The Lions will never use funds raised from the community for meeting expenses.

Lion Shirley presented the following Crandon Lions members milestone chevron awards for years of service: Lion Larry Sommer, 55 years as a Lion; Lion Gary Goemon, 45 years; Lion Gary Mueller, 20 years; and Lion Mari Tipler, 10 years of service.

Lion Shirley also presented appreciation award plaques to the following local businesses: Charlie's Lake Metonga Resort, Pack Em Inn Sports Bar, Pioneer Express and Lake Avenue Restaurant & Lounge. These four businesses have recently provided exceptional services and donations to the Crandon Lion's Club fundraisers. Without their involvement, the events would not have been as successful.



Lion District Gov. Shirley Dahlke holds an appreciation award plaque issued to Charlie's Lake Metonga Resort. Other awards were presented to Boyd Monte of the Pioneer Express, Lion Dave Tupper of Lake Avenue Restaurant and Lounge, and Dawn Volz and Jim Elom of Pack Em Inn for outstanding support of the Crandon Lions fundraisers.



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THERE'S STILL TIME!!

We would like to take this time to remind you, if you missed the December Open Enrollment you can still secure health coverage for 2023 starting February 1st.

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Officers work to stop human trafficking on our highways January Law of the Month: Human trafficking prevention

The Wisconsin State Patrol's January Law of the Month encourages all Wisconsinites to learn about human trafficking and help stop the crime in our state.

Human trafficking is a felony crime that involves the use of force or threats for sexual exploitation or labor. Traffickers manipulate their victims through force, fraud and coercion, and use psychological tactics to maintain control.

Trafficking is often a hidden crime that happens in urban and rural communities across the country, including in Wisconsin. All State Patrol officers are trained in recognizing the basic indicators of human trafficking, the questions to ask, and options to help connect a victim with available social services.

"The interstate system can be a conduit for human trafficking, so our troopers and inspectors know what to look for on every traffic stop and will intervene if necessary," Superintendent Tim Carnahan said. "We also maintain strong partnerships with other agencies, organizations and industries that can help us identify someone who may be trafficked and get them to safety."

Partnerships to fight trafficking

The transportation and trucking industries have an important role in preventing human trafficking. The State Patrol works with commercial motor vehicle drivers to encourage them to recognize the signs of trafficking and report suspicious activity.

All new interstate companies must complete an educational New Entrant Safety Audit that includes a review of human trafficking information. The Wisconsin DMV also requires commercial driver license schools in Wisconsin to include instruction in the recognition and prevention of human trafficking.

During National Human Trafficking Prevention Month in January, the State Patrol will join the Commercial Vehicle Safety Alliance (CVSA)'s Human Trafficking Awareness Initiative. From January 8-12, 2024, officers will connect with commercial motor vehicle drivers and provide educational materials to let them know what to do if they suspect someone is being trafficked.

Identifying trafficking

All Wisconsinites can have an impact to prevent human trafficking in our communities. Recognizing key indicators of trafficking can help save a life. The following could be signs someone is vulnerable:

- A sudden or dramatic change in behavior
- Becoming disconnected from family, friends, or community organizations
- Signs of mental or physical abuse, or deprivation of basic needs
- Indication of being coached on what to say, or not in control of their own decisions

If you encounter a situation you suspect is human trafficking, do not approach anyone involved. Gather as much information as possible and contact the National Human Trafficking Hotline at 1-888-373-7888 or text "HELP" or "INFO" to 233733. If there is an immediate danger, call 911.

Read more about the indicators of human trafficking and find other resources in Wisconsin here: <https://wisconsin.gov/Pages/safety/humantrfkng.aspx>

View the January Law of the Month video and news release online: <https://wisconsin.gov/Pages/about-wisdot/newsroom/law/lom.aspx>



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